

Item	Source	Notes	Young					Mid						Old						
			1	2	3	4	5	1	2	3	4	5	6	1	2	3	4	5		
Activities of Daily Living Scale (ADLS)																				
Difficulty in everyday activities	<i>Adapted from Gill, McGloin, Gahbauer, Shepard, Bianco (2001) Two recruitment strategies for a clinical trial of physically frail community-living older persons. JAGS 49: 1039-1045.</i>	o4q49/50 o5q42/43																		
Alcohol Status (ALCS)																				
Alcohol consumption	<i>Modified from National Heart Foundation of Australia (1990). Risk factor prevalence study Survey no. 3 1989. National Heart Foundation of Australia and Australian Institute of Health.</i>	e.g. 'How often do you usually drink alcohol?' 'On a day when you drink alcohol, how many drinks do you usually have?'																		
Alcohol different stages of life	WHA	m5q62 e.g. 'On average, how many drinks did you usually drink per week in your: Late teens/ 20s / 30s/ 40s/ 50s																		
Aspirations (ASPI)																				
Aspirations for 35yo	<i>Modified from Hakim, C. (1991). Grateful slaves and self-made women: in women's work orientations. European Sociological Review, 7(2), 101-121.</i>	e.g. 'when you are 35...?' y1q93; y2q105; y3q114; y4q106.																		
Composite Abuse Scale (CASC)																				
Partner Abuse	<i>Modified from Hegarty KL, Sheehan M, Schonfeld C. (1999) A multidimensional definition of partner abuse: development and preliminary validation of the Composite Abuse Scale. J Fam Violence, 14, 399-414.</i>	e.g. 'This question asks about situations with your partner...' y4q92																		
CES-D Scale (CESD)																				
CES-D scale	<i>Andresen, E.M., Carter, W.B., Malmgren, J.A., & Patrick, D.L. (1994). Screening for depression in well older adults: Evaluation of a short form of the CES-D. American Journal of Preventative Medicine, 10(2), 77-82.</i>	e.g. 'Below is a list of the ways you might have felt or behaved. Please indicate how often you have felt this way during the last week?'																		
Cognition (COGN)																				
MAC-Q	<i>Crook III, T. M., Feher, E. P., & Larrabee, G. J. (1992). Assessment of memory complaint in age-associated memory impairment: The MAC-Q. International Psychogeriatrics, 4(2), 165-176. (Revised by WHA for Australian sample)</i>	e.g. 'Compared with when you were in your twenties, how good are you at...'																		

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Over-eating	- Modified from Fairburn, C.G., & Beglin, S.J. (1994) <i>Assessment of eating disorders: Interview or self-report questionnaire? International Journal of Eating Disorders, 16(4), 363-370.(EDE-Q)</i> - French, S.A., Story, M., Downes, B., Resnick, M.D., Blum, R.W. (1995) <i>Frequent dieting among adolescents: Psychosocial and health behavior correlates. American Journal of Public Health, 85(5): 695-701.</i>	e.g. 'Have there been times when you felt that you have eaten what other people would regard as an unusually large amount of food given the circumstances?' 'During these times of overeating, did you have a sense of having lost control over your eating, that is, feeling that you couldn't stop once you had started?'																
Eating Habits	WHA	e.g. 'How many serves of vegetables do you usually eat each day?' A serve = half a cup of cooked vegetables or cup of salad vegetables'																
Employment and Education (EMPL)																		
Type of employment	- WHA - Modified from Australian Bureau of Statistics (1993) <i>Information Paper: Questionnaires Used in the Labour Force Survey. Canberra: ABS. Cat No. 6232.0.</i>	e.g. 'Do you normally do any of the following kinds of work?' 'What kind of industry, business or service do you work in?'																
Employment status	- Modified from Australian Bureau of Statistics (1993) <i>Time use survey, Australia, 1992: user's guide. Canberra: ABS. Cat No. 4150.0.</i>	e.g. 'Which of the following best describes your main current employment status?'																
Employment Satisfaction	Modified from Australian Bureau of Statistics (1993) <i>Time use survey, Australia, 1992: user's guide. Canberra: ABS. Cat No. 4150.0.</i>	e.g. 'Are you happy with the number of hours of paid work you do?'																
Time Use	Modified from Australian Bureau of Statistics (1993) <i>Time use survey, Australia, 1992: user's guide. Canberra: ABS. Cat No. 4150.0.</i>	e.g. 'In the last week, how much time in total did you spend doing the following things?'																
Exercise Status (EXER)																		
Exercise status	- Risk Factor Prevalence Study Management Committee. (1990). <i>Risk factor prevalence study 3, 1989. Canberra, Australia: National Health Foundation of Australia and Australian Institute of Health</i> - Active Australia Armstrong, T, Bauman A, Davies J. <i>Physical activity patterns of Australian adults: results of the 1999 National Physical Activity Survey. AIHW Canberra 2000.</i>	e.g. 'In a normal week, how many times do you engage in less vigorous exercise which lasts for 20 minutes or more?' 'How many times did you do each type of activity last week? Only count the number of times when the activity lasted for 10 minutes or more.'																
Family and Friends (FAMF)																		
Living arrangements	Modified from ABS (1994) <i>Australian Housing Survey: User Guide. Canberra: ABS. Cat No. 4180.0</i>	e.g. 'Who lives with you?'																

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Appliance Utilisation	- WHA - Nair B, Byles J, Tavener M and Heinze, R (2000) <i>Immunisation rates in older veterans and war widows, Australasian Journal on Ageing, 19(3):136-138.</i>	e.g. 'Which of the following do you use regularly?' Anything from household appliances to personal computers and mobile phones.																		
Receiving lifestyle advice	Jorm, A.F., Henderson, S., Scott, R., Mackinnon, A.J., Korten, A.E., & Christensen, H. (1993) <i>The disabled elderly living in the community: care received from family and formal services.</i>	e.g. 'Which of the following groups have you sought advice or help from in the last six months?'																		
Entertainment and Leisure Activities	Nair B, Byles J, Tavener M and Heinze, R (2000) <i>Immunisation rates in older veterans and war widows, Australasian Journal on Ageing, 19(3):136-138.</i>	e.g. 'In the past month, have you: Gone to the movies, theatre, concerts, lectures?'																		
Life Orientation Test Revised (LOTR)																				
Life Orientation Test Revised	<i>Revised and reduced Revised Life Orientation Test (LOT-R) Scheier M.F., Carver, C.S., Bridges, M.W. (1994). Distinguishing optimism from neuroticism (and trait anxiety, self-mastery, and self esteem): a reevaluation of the life orientation test. Journal of Personality and Social Psychology, 67, 1063-1078.</i>	e.g. 'Thinking about your current approach to life, please indicate how much you think each statement describes you:...'																		
Medical History (MEDH)																				
Disease / illness	<i>Modified from Australian Bureau of Statistics (1991) 1989-1990 National health survey users' guide. Canberra: ABS. Cat No. 4363.0</i>	Variations on: 'Have you ever been told by a doctor that you have:' for different time frames'																		
Medications	WHA	Variations on: 'During the past four weeks have you taken any medications:' for different time frames'																		
Operations / Procedures	WHA	e.g. 'Have you ever had any of the following operations?'																		
Personal Injury	<i>Modified from DVA (Dept of Veterans' Affairs) trial (1997).</i>	e.g. 'In the last 12 months, have you: Been injured as a result of a fall?' with variations of the injury.																		
Abuse	<i>Modified from Australian Bureau of Statistics (1996) Women's Safety Australia. Canberra: ABS. Cat No. 4128.0</i>	e.g. 'Have you ever experienced any form of physical, mental, emotional or sexual abuse or violence...?'																		
Neighbourhood (NGHB)																				
Neighbourhood Satisfaction	- Modified from Brownlee, H. (1993). Chapter 10. <i>Neighbourhood and local services. In P.McDonald (Ed.), Australian Living Standards Study: Berwick Report, Part 1: The Household Survey. Melbourne: Australian Institute of Family Studies. (p. 279).</i> - <i>Healthy Communities Survey, Department of Health and Human Services Tasmania (publication pending)</i>	e.g. 'What do you think about the neighbourhood that you live in? How much do you agree with the following statements?'																		

