

Item	Source	Notes	Young				Mid					Old				
			1	2	3	4	1	2	3	4	5	1	2	3	4	5
Childcare	WHA	e.g. 'Most parents need someone to care for their children when they cannot. How satisfied are you with your child care arrangements for:'														
Providing Care	- Modified from Australian Bureau of Statistics (1993) Disability, Aging and Carers Australia. Canberra: ABS. Cat. No. 4432.0 - WHA	e.g. 'Do you regularly provide care or assistance (eg personal care, transport) to any other person because of their long-term illness, disability or frailty?' 'Do you regularly provide (unpaid) care for grandchildren or other people's children?'														
Receiving care	- Modified from Australian Bureau of Statistics (1993) Disability, Aging and Carers Australia. Canberra: ABS. Cat. No. 4432.0 - Modified from Suurmeijer, T.P.B.M., Doeglas, D.M., Briancon, S., Krijnen, W.P., Krol, B., Sanderman, R., Moum, T., Bjelle, A., & Van Den Heuvel, W.J.A. (1995). The measurement of social support in the European research on incapacitating diseases and social support: The development of the social support questionnaire for transactions (SSQT). Social Science and Medicine, 40(9), 1221-1229.	e.g. 'Do you regularly need help with daily tasks because of long-term illness, disability or frailty (eg personal care, getting around, preparing meals etc)?' 'The following question is about assistance you receive from others: Do people help you to do odd jobs?'														
Pets	WHA	e.g. 'Do you have pets in your household?'														
Personal Interactions	- Hwalek, M.A., & Sengstock, M.C. (1986). Assessing the probability of abuse of the elderly: Toward development of a clinical screening instrument. Journal of Applied Gerontology, 5(2), 153-173. - Modified from Koenig, H.G., Westlund, R.E., George, L.K., Hughes, D.C., Blazer, D.G., & Hybels, C. (1993). Abbreviating the Duke Social Support Index for use in chronically ill elderly individuals. Psychosomatics, 34, 61-69. - Sherbourne, C.D., & Stewart, A.L. (1991). The MOS social support survey. Social Science and Medicine, 32(6), 705-714.	e.g. These questions are about getting on with other people: Has anyone close to you tried to hurt you or harm you recently?' 'How many times during the past week did you spend time with someone who does not live with you...' 'People sometimes look to others for companionship, assistance, or other types of support. How often is each of the following kind of support available to you if you need it?'														
Food Frequency Questionnaire (FFQV)																
Food frequency questionnaire	Ireland P, Jolley D, Giles G, O'Dea K et al. Development of the Melbourne FFQ: a food frequency questionnaire for use in an Australian prospective study involving an ethnically diverse cohort. Asia Pacific J Clin Nutr 1994;3:19-31.	e.g. 'Over the last 12 months, on average, how often did you eat the following foods?'														

