

women's
health
australia

the australian longitudinal
study on women's health

data book

*for survey 4 of the older cohort
2005 (79-84 years)*

december 2006

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Notes

7153 surveys were returned during 2005 from members of the ALSWH Old cohort, and 6911 are summarised here. 242 surveys were not able to be classified with respect to area of residence in phase 4.

Data for the whole sample are presented in the "Total" column and split by area of residence in the other 4 columns: "Capital City/Other Metropolitan"; "Large Rural"; "Small Rural"; and "Other Rural/Remote". The percentages in the "Total" column are weighted according to the area classification to account for deliberate over-sampling of women from Rural and Remote areas.

The WHA website (<http://www.alswh.org.au/>) has general information about the project; the investigators and staff; publications and presentations; information for participants; surveys; and information for potential data users. If you have any queries, please contact us at

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	Missing weighted %	Total (n=6911) weighted %	Capital			Other Rural/ Remote (n=1967) %
			City/Other Metropolitan (n=3063) %	Large Rural (n=856) %	Small Rural (n=1025) %	
State of residence						
NSW		34.9	34.4	35.2	37.7	32.9
Vic		25.5	26.0	19.3	24.6	26.6
Qld		16.3	15.1	36.8	16.9	14.8
SA		10.1	10.7	1.5	6.2	13.3
WA		8.9	9.5	0.0	9.9	8.1
Tas		2.8	2.1	7.2	4.8	3.9
NT		0.1	0.0	0.0	0.0	0.4
ACT		1.3	2.1	0.0	0.0	0.1
Q1 In the LAST 3 YEARS have you been diagnosed with or treated for:						
a) High blood pressure (hypertension)						
Yes		56.8	56.9	55.9	54.9	57.3
No		43.2	43.1	44.1	45.1	42.7
Missing	1.1					
b) Osteoarthritis						
Yes		30.2	31.5	28.0	26.6	26.6
No		69.8	68.5	72.0	73.4	73.4
Missing	1.1					
c) Rheumatoid arthritis						
Yes		6.0	5.5	8.3	7.1	6.6
No		94.0	94.5	91.7	92.9	93.4
Missing	1.1					
d) Other arthritis						
Yes		15.5	15.2	16.1	16.6	16.6
No		84.5	84.8	83.9	83.4	83.4
Missing	1.1					

Q1		Missing weighted %	Capital			Total (n=6911) weighted %	City/Other (n=3063)		Large (n=856)		Small (n=1025)		Other (n=1967)	
			Metropolitan %	Rural %	Large Rural %		Small Rural %	Remote Rural %						
e) Osteoporosis	Yes		23.7	25.1	22.6	19.7	18.8							
	No		76.3	74.9	77.4	80.3	81.2							
	Missing	1.1												
f) Angina	Yes		10.9	10.5	11.4	13.1	11.2							
	No		89.1	89.5	88.6	86.9	88.8							
	Missing	1.1												
g) Heart attack	Yes		4.6	4.7	4.5	4.6	4.3							
	No		95.4	95.3	95.5	95.4	95.7							
	Missing	1.1												
h) Other heart problems	Yes		15.2	15.5	13.0	14.7	14.0							
	No		84.8	84.5	87.0	85.3	86.0							
	Missing	1.1												
i) Diabetes (high blood sugar)	Yes		11.5	10.8	13.1	14.1	12.4							
	No		88.5	89.2	86.9	85.9	87.6							
	Missing	1.1												
j) Asthma	Yes		9.4	9.1	11.5	9.1	9.6							
	No		90.6	90.9	88.5	90.9	90.4							
	Missing	1.1												
k) Bronchitis / Emphysema	Yes		7.9	8.4	7.7	6.5	5.8							
	No		92.1	91.6	92.3	93.5	94.2							
	Missing	1.1												

Q1		Missing weighted %	Capital			Other		
			Total (n=6911) weighted %	City/Other Metropolitan (n=3063) %	Large Rural (n=856) %	Small Rural (n=1025) %	Rural/ Remote (n=1967) %	
I) Stroke	Yes		4.0	4.1	4.5	3.0	3.9	
	No		96.0	95.9	95.5	97.0	96.1	
	Missing	1.1						
m) Cataract	Yes		31.2	31.0	31.2	32.6	30.6	
	No		68.8	69.0	68.8	67.4	69.4	
	Missing	1.1						
n) Skin cancer	Yes		24.6	23.9	24.9	27.1	26.1	
	No		75.4	76.1	75.1	72.9	73.9	
	Missing	1.1						
o) Other cancer	Yes		4.5	4.7	4.3	5.6	3.8	
	No		95.5	95.3	95.7	94.4	96.2	
	Missing	1.1						
p) Depression	Yes		7.4	7.2	9.1	7.9	6.4	
	No		92.6	92.8	90.9	92.1	93.6	
	Missing	1.1						
q) Anxiety / Nervous disorder	Yes		6.3	6.3	6.4	5.7	5.2	
	No		93.7	93.7	93.6	94.3	94.8	
	Missing	1.1						
r) Alzheimer's Disease or Dementia	Yes		1.2	1.2	1.4	2.0	1.3	
	No		98.8	98.8	98.6	98.0	98.7	
	Missing	1.1						

Q1	s) None of these conditions	Missing weighted %	Capital			Total (n=6911) weighted %	Capital			Other Rural/ Remote (n=1967) %
			City/Other Metropolitan (n=3063) %	Large Rural (n=856) %	Small Rural (n=1025) %		City/Other Metropolitan (n=3063) %	Large Rural (n=856) %	Small Rural (n=1025) %	
	Yes		7.2	6.6	5.5	7.2	7.3	6.6	5.5	7.9
	No		92.8	93.4	94.5	92.8	92.7	93.4	94.5	92.1
	Missing	1.1								
Q2A	In the LAST 3 YEARS, have you had any of the following operations or procedures?									
	a) Cataract									
	Yes		29.3	29.6	32.3	29.3	28.8	29.6	32.3	29.9
	No		70.7	70.4	67.7	70.7	71.2	70.4	67.7	70.1
	Missing	11.7								
	b) Other eye surgery									
	Yes		5.6	5.0	4.6	5.6	5.7	5.0	4.6	5.3
	No		94.4	95.0	95.4	94.4	94.3	95.0	95.4	94.7
	Missing	11.7								
	c) Knee surgery or arthroscopy									
	Yes		5.9	5.4	4.7	5.9	6.0	5.4	4.7	5.6
	No		94.1	94.6	95.3	94.1	94.0	94.6	95.3	94.4
	Missing	11.7								
	d) Hip surgery									
	Yes		5.1	4.6	4.8	5.1	4.8	4.6	4.8	5.3
	No		94.9	95.4	95.2	94.9	95.2	95.4	95.2	94.7
	Missing	11.7								
	e) Heart surgery (heart bypass, angioplasty, angiography)									
	Yes		4.8	5.2	4.7	4.8	5.2	5.2	4.7	3.4
	No		95.2	94.8	95.3	95.2	94.8	94.8	95.3	96.6
	Missing	11.7								
	f) Bone density test									
	Yes		26.2	22.4	21.1	26.2	28.4	22.4	21.1	19.7
	No		73.8	77.6	78.9	73.8	71.6	77.6	78.9	80.3
	Missing	11.7								

		Capital				Other Rural/ Remote (n=1967) %
		Total (n=6911) weighted %	City/Other Metropolitan (n=3063) %	Large Rural (n=856) %	Small Rural (n=1025) %	
Q2A	g) Other surgery					
	Yes	18.1	18.5	17.8	17.9	17.8
	No	81.9	81.5	82.2	82.1	82.2
	Missing	11.7				
	h) No operations or procedures					
	Yes	34.4	33.4	36.4	34.4	37.3
	No	65.6	66.6	63.6	65.6	62.7
	Missing	11.7				
Q2B	In the LAST 3 YEARS, have you had any of the following operations or procedures? I am on a waiting list					
	a) Cataract. I am on a waiting list					
	Yes	3.3	3.4	3.3	3.7	3.7
	No	96.7	96.6	96.7	96.3	96.3
	b) Other eye surgery. I am on a waiting list					
	Yes	0.5	0.5	0.6	0.6	0.3
	No	99.5	99.5	99.4	99.4	99.7
	c) Knee surgery or arthroscopy. I am on a waiting list					
	Yes	0.8	0.8	0.4	0.9	0.8
	No	99.2	99.2	99.6	99.1	99.2
	d) Hip surgery. I am on a waiting list					
	Yes	0.4	0.4	0.2	0.5	0.5
	No	99.6	99.6	99.8	99.5	99.5
	e) Heart surgery (heart bypass, angioplasty, angiography). I am on a waiting list					
	Yes	0.2	0.2	0.1	0.5	0.2
	No	99.8	99.8	99.9	99.5	99.8
	f) Bone density test. I am on a waiting list					
	Yes	0.5	0.5		0.7	0.5
	No	99.5	99.5	100.0	99.3	99.5

	Missing weighted %	Capital			Other Rural/ Remote (n=1967) %
		Total Metropolitan (n=3063) %	Large Rural (n=856) %	Small Rural (n=1025) %	
Q2B g) Other surgery. I am on a waiting list					
Yes	0.6	0.6	0.1	0.8	0.5
No	99.4	99.4	99.9	99.2	99.5
Q3 How many times have you consulted a family doctor or another general practitioner in the LAST 12 MONTHS?					
None	0.9	0.8	1.2	0.8	1.2
1 or 2 times	8.2	7.5	10.5	9.4	10.5
3 or 4 times	26.1	25.1	27.6	29.0	28.3
5-8 times	30.1	30.1	32.0	29.9	30.5
9-12 times	18.5	19.3	15.7	17.0	16.0
13-15 times	7.1	7.5	5.2	6.1	5.1
16-19 times	2.9	3.2	2.5	2.6	2.4
20 or more times	6.3	6.5	5.4	5.1	6.1
<i>Missing</i>					
Q4 Have you consulted any of the following people for YOUR OWN HEALTH in the LAST 12 MONTHS?					
a) A hospital doctor (eg in outpatients or casualty)					
Yes	20.7	21.0	17.5	20.4	20.4
No	79.3	79.0	82.5	79.6	79.6
<i>Missing</i>					
b) A specialist doctor					
Yes	52.6	55.3	48.2	44.8	43.8
No	47.4	44.7	51.8	55.2	56.2
<i>Missing</i>					
c) An optician					
Yes	49.1	48.9	49.8	51.7	49.6
No	50.9	51.1	50.2	48.3	50.4
<i>Missing</i>					

Q4		Missing weighted %	Capital			Other		
			Total Metropolitan (n=3063) weighted %	Large Rural (n=856) %	Small Rural (n=1025) %	Large Rural (n=856) %	Small Rural (n=1025) %	Remote Rural (n=1967) %
Q4	d) A dentist							
	Yes		40.1	33.2	31.9	31.9	31.9	
	No		59.9	66.8	68.1	68.1	68.1	
	Missing	1.8						
	e) A physiotherapist							
	Yes		18.3	16.4	15.8	15.8	15.6	
	No		81.7	83.6	84.2	84.2	84.4	
	Missing	1.8						
	f) A podiatrist or chiroprapist							
	Yes		40.6	37.8	35.7	35.7	36.8	
No		59.4	62.2	64.3	64.3	63.2		
Missing	1.8							
Q5	g) An "alternative" health practitioner (eg herbalist, chiropractor, naturopath, acupuncturist, etc)							
	Yes		9.3	10.6	11.2	11.2	10.8	
	No		90.7	89.4	88.8	88.8	89.2	
	Missing	1.8						
	h) None of these people							
	Yes		8.7	10.3	11.0	11.0	10.6	
	No		91.3	89.7	89.0	89.0	89.4	
	Missing	1.8						
	In the past 12 months have you consulted a specialist doctor?							
	No, I needed to see a specialist doctor but did not		1.0	1.5	1.1	1.1	1.3	
No, I did not need to see a specialist doctor		31.8	37.0	38.8	38.8	38.9		
Yes, I saw a specialist doctor		67.2	61.5	60.1	60.1	59.8		
Missing	19.3							

	Missing weighted %	Capital			Total (n=6911) weighted %	Capital			Other Rural/ Remote (n=1967) %
		City/Other Metropolitan (n=3063) %	Large Rural (n=856) %	Small Rural (n=1025) %		City/Other Metropolitan (n=3063) %	Large Rural (n=856) %	Small Rural (n=1025) %	
Q6									
Why did you not consult a specialist doctor?									
a) The specialist doctor I needed was not available locally									
Not Applicable		97.1	96.6	96.4	97.1	96.6	94.7	94.0	
Yes		1.2	1.2	1.8	1.2	1.2	2.9	4.3	
No		1.7	2.2	1.7	1.7	2.2	2.4	1.6	
Missing	18.6								
b) Travel difficulties – I could not get there									
Not Applicable		97.1	96.6	96.4	97.1	96.6	94.7	94.0	
Yes		0.5	0.3	0.5	0.5	0.3	0.6	0.5	
No		2.4	3.1	3.0	2.4	3.1	4.6	5.5	
Missing	18.6								
c) Long waiting period for an appointment									
Not Applicable		97.1	96.6	96.4	97.1	96.6	94.7	94.0	
Yes		0.9	1.8	1.0	0.9	1.8	1.5	1.3	
No		2.0	1.6	2.5	2.0	1.6	3.8	4.7	
Missing	18.6								
d) I couldn't afford to see a specialist doctor									
Not Applicable		97.1	96.6	96.4	97.1	96.6	94.7	94.0	
Yes		0.6	0.9	0.6	0.6	0.9	1.3	0.3	
No		2.4	2.5	3.0	2.4	2.5	4.0	5.7	
Missing	18.6								
Q7									
Have you been admitted to hospital in the LAST 12 MONTHS?									
No		62.6	64.6	62.7	62.6	64.6	63.5	62.4	
Yes, day only		13.5	13.5	13.0	13.5	13.5	11.9	11.9	
Yes, spent at least one night		23.9	22.0	24.2	23.9	22.0	24.6	25.7	
Missing	4.4								

Q8	In the last 12 months, have you been vaccinated against:	Missing weighted %	Capital			Total (n=6911) weighted %	Other		
			City/Other Metropolitan (n=3063) %	Large Rural (n=856) %	Small Rural (n=1025) %		Other Rural/ Remote (n=1967) %		
a) Flu	Yes	84.4	85.3	82.2	82.4	81.6			
	No	15.6	14.7	17.8	17.6	18.4			
	Missing	2.7							
b) Pneumonia	Yes	31.9	31.6	33.1	35.4	31.6			
	No	68.1	68.4	66.9	64.6	68.4			
	Missing	5.0							
Q9	In the past 12 months have you consulted a dentist?								
	No, I needed to see a dentist but did not	5.3	4.9	6.3	4.8	6.0			
	No, I did not need to see a dentist	46.6	44.3	53.7	55.1	54.3			
	Yes, I saw a dentist	48.2	50.8	40.0	40.1	39.7			
Missing	12.5								
Q10	Why did you not consult a dentist?								
	a) No dentist available locally								
	Yes	0.6	0.3	0.3	0.7	2.5			
	No	7.0	6.7	9.0	6.2	6.8			
Not Applicable	92.4	93.0	90.8	93.1	90.7				
Missing	11.8								
b) Travel difficulties – I could not get there	Yes	1.4	1.5	0.9	0.5	1.7			
	No	6.2	5.5	8.3	6.5	7.6			
	Not Applicable	92.4	93.0	90.8	93.1	90.7			
	Missing	11.8							

		Capital					Other Rural/ Remote (n=1967) %
		Missing weighted %	Total (n=6911) weighted %	City/Other Metropolitan (n=3063) %	Large Rural (n=856) %	Small Rural (n=1025) %	
Q10	c) Long waiting period for an appointment						
	Yes		2.2	1.8	3.8	3.2	2.9
	No		5.4	5.2	5.4	3.7	6.4
	Not Applicable		92.4	93.0	90.8	93.1	90.7
	Missing	11.8					
	d) I couldn't afford to see a dentist						
	Yes		2.6	2.6	3.3	2.2	2.1
	No		5.0	4.4	6.0	4.8	7.2
	Not Applicable		92.4	93.0	90.8	93.1	90.7
	Missing	11.8					
Q11	Which of the following types of cover do you have for health services (excluding your Medicare card):						
	a) Private health insurance for hospital cover						
	Yes		42.1	44.2	43.1	30.7	35.1
	No		57.9	55.8	56.9	69.3	64.9
	Missing	1.1					
	b) Private health insurance for ancillary services / extras cover (eg dental, physiotherapy)						
	Yes		29.7	32.2	25.9	19.5	22.2
	No		70.3	67.8	74.1	80.5	77.8
	Missing	1.1					
	c) Department of Veterans' Affairs Gold Card						
	Yes		18.2	17.9	20.4	21.2	17.6
	No		81.8	82.1	79.6	78.8	82.4
	Missing	1.1					
	d) Department of Veterans' Affairs White Card						
	Yes		2.8	2.7	3.1	3.2	3.1
	No		97.2	97.3	96.9	96.8	96.9
	Missing	1.1					

	Missing weighted %	Capital			Total (n=6911) weighted %	Capital			Other Rural/ Remote (n=1967) %
		City/Other Metropolitan (n=3063) %	Large Rural (n=856) %	Small Rural (n=1025) %		City/Other Metropolitan (n=3063) %	Large Rural (n=856) %	Small Rural (n=1025) %	
Q11 e) Commonwealth Seniors Health Card									
Yes		21.1	22.7	21.1	21.1	22.7	17.7	21.4	
No		78.9	77.3	78.9	78.9	77.3	82.3	78.6	
<i>Missing</i>	1.1								
f) Pensioner Concession Card									
Yes		59.5	57.7	59.0	59.0	57.7	62.9	59.9	
No		40.5	42.3	41.0	41.0	42.3	37.1	40.1	
<i>Missing</i>	1.1								
g) None of these									
Yes		2.4	1.9	2.3	2.3	1.9	3.2	2.9	
No		97.6	98.1	97.7	97.7	98.1	96.8	97.1	
<i>Missing</i>	1.1								
Q12 In general, would you say your health is									
Excellent		3.3	3.9	3.1	3.1	3.9	3.1	3.5	
Very good		21.2	21.3	21.5	21.5	21.3	19.8	21.3	
Good		42.8	39.9	42.8	42.8	39.9	43.9	44.2	
Fair		28.4	30.1	28.3	28.3	30.1	29.1	27.8	
Poor		4.3	4.8	4.4	4.4	4.8	4.0	3.2	
<i>Missing</i>	0.6								
Q13 Compared to one year ago, how would you rate your health in general now?									
Much better		3.9	5.5	3.7	3.7	5.5	5.3	4.3	
Somewhat better		6.6	6.6	6.8	6.8	6.6	6.6	5.4	
About the same		62.7	63.7	61.8	61.8	63.7	63.0	66.1	
Somewhat worse		23.4	20.2	24.3	24.3	20.2	21.8	21.7	
Much worse		3.4	4.0	3.5	3.5	4.0	3.2	2.5	
<i>Missing</i>	0.6								

Q14	The following questions are about activities you might do during a typical day. Does YOUR HEALTH NOW LIMIT YOU in these activities? If so, how much?	Capital						Other Rural/ Remote (n=1967) %	
		Missing weighted %	City/Other (n=3063) %		Large Rural (n=856) %		Small Rural (n=1025) %		
			Total (n=6911) weighted %	Metropolitan %	Rural %	Rural %	Rural %		
a)	VIGOROUS ACTIVITIES, such as running, lifting heavy objects, participating in strenuous sports								
	Limited a lot	73.8	73.5	73.5	75.7	75.3			
	Limited a little	20.9	21.1	21.1	18.8	20.2			
	Not limited at all	5.3	5.5	5.3	5.5	4.5			
	<i>Missing</i>	9.5							
b)	MODERATE ACTIVITIES, such as moving a table, pushing a vacuum cleaner, bowling or playing golf								
	Limited a lot	32.5	32.4	35.3	34.0	31.4			
	Limited a little	38.3	38.4	36.2	38.7	40.1			
	Not limited at all	29.1	29.2	28.4	27.3	28.5			
	<i>Missing</i>	5.1							
c)	Lifting or carrying groceries								
	Limited a lot	23.2	23.5	22.9	24.2	20.9			
	Limited a little	41.2	41.6	41.4	39.4	41.5			
	Not limited at all	35.5	34.9	35.7	36.4	37.7			
	<i>Missing</i>	5.3							
d)	Climbing SEVERAL flights of stairs								
	Limited a lot	42.9	42.2	44.7	46.8	42.8			
	Limited a little	37.7	38.3	35.5	35.0	38.3			
	Not limited at all	19.4	19.5	19.7	18.2	18.8			
	<i>Missing</i>	7.9							
e)	Climbing ONE flight of stairs								
	Limited a lot	18.5	18.3	18.7	19.9	19.2			
	Limited a little	35.8	35.5	36.2	37.5	36.0			
	Not limited at all	45.7	46.2	45.1	42.6	44.9			
	<i>Missing</i>	10.2							

Q14		Capital					Other Rural/ Remote (n=1967) %	
		Missing weighted %	Total (n=6911) weighted %	City/Other Metropolitan (n=3063)		Large Rural (n=856) %		Small Rural (n=1025) %
				%	%			
f) Bending, kneeling or stooping								
	Limited a lot		31.9	31.7	30.7	35.7	30.8	
	Limited a little		44.0	44.1	47.1	41.2	45.2	
	Not limited at all		24.1	24.2	22.2	23.1	24.1	
	<i>Missing</i>	6.0						
g) Walking MORE THAN ONE kilometre								
	Limited a lot		43.5	42.6	47.5	45.5	44.4	
	Limited a little		28.9	29.3	27.2	29.4	28.4	
	Not limited at all		27.6	28.0	25.2	25.1	27.2	
	<i>Missing</i>	6.6						
h) Walking HALF a kilometre								
	Limited a lot		27.8	27.1	29.3	28.4	29.0	
	Limited a little		24.1	23.7	25.1	26.3	24.9	
	Not limited at all		48.1	49.2	45.6	45.4	46.1	
	<i>Missing</i>	9.5						
i) Walking 100 metres								
	Limited a lot		11.8	11.5	11.2	12.7	12.0	
	Limited a little		22.3	22.3	22.9	22.6	22.6	
	Not limited at all		65.8	66.3	65.9	64.7	65.5	
	<i>Missing</i>	10.2						
j) Bathing or dressing yourself								
	Limited a lot		5.5	5.4	4.7	5.2	5.6	
	Limited a little		12.4	12.0	12.9	12.4	13.5	
	Not limited at all		82.2	82.5	82.3	82.3	80.8	
	<i>Missing</i>	5.7						

		Capital				Other
		Total	City/Other	Large	Small	
		Metropolitan	Rural	Rural	Rural	Remote
		(n=6911)	(n=3063)	(n=856)	(n=1025)	(n=1967)
		weighted %	%	%	%	%
Q15	During the PAST 4 WEEKS, have you had any of the following problems with your work (including your work outside the home and housework) or other regular daily activities AS A RESULT OF YOUR PHYSICAL HEALTH?					
	a) Cut down on the amount of time you spent on work or other activities					
	Yes	45.4	45.2	45.0	47.8	45.0
	No	54.6	54.8	55.0	52.2	55.0
	Missing	3.8				
	b) Accomplished less than you would like					
	Yes	63.0	63.0	62.5	63.2	63.9
	No	37.0	37.0	37.5	36.8	36.1
	Missing	4.7				
	c) Were limited in the kind of work or other activities					
	Yes	55.8	55.8	58.5	57.3	56.2
	No	44.2	44.2	41.5	42.7	43.8
	Missing	5.3				
	d) Had difficulty performing the work or other activities (for example it took extra effort)					
	Yes	57.3	57.0	59.0	58.8	58.1
	No	42.7	43.0	41.0	41.2	41.9
	Missing	4.8				
Q16	During the PAST 4 WEEKS, have you had any of the following problems with your work or other regular daily activities AS A RESULT OF ANY EMOTIONAL PROBLEMS (such as feeling depressed or anxious)?					
	a) Cut down on the amount of time you spent on work or other activities					
	Yes	22.2	21.8	23.8	25.0	21.4
	No	77.8	78.2	76.2	75.0	78.6
	Missing	7.8				
	b) Accomplished less than you would like					
	Yes	34.5	34.1	34.2	38.7	34.3
	No	65.5	65.9	65.8	61.3	65.7
	Missing	5.4				

		Capital				Other Rural/ Remote (n=1967) %
		Total (n=6911) weighted %	City/Other Metropolitan (n=3063) %	Large Rural (n=856) %	Small Rural (n=1025) %	
Q16	c) Didn't do work or other activities as carefully as usual					
	Yes	23.1	23.0	25.0	25.5	21.7
	No	76.9	77.0	75.0	74.5	78.3
	<i>Missing</i>	5.8				
Q17	During the PAST 4 WEEKS, to what extent has your physical health or emotional problems interfered with your normal social activities with family, friends, neighbours or groups?					
	Not at all	51.9	51.4	49.8	51.0	53.5
	Slightly	19.2	19.6	20.2	18.5	19.1
	Moderately	14.5	14.6	15.7	15.5	13.9
	Quite a bit	11.1	11.0	10.7	12.4	11.0
	Extremely	3.4	3.4	3.6	2.6	2.5
	<i>Missing</i>	1.4				
Q18	How much BODILY pain have you had during the PAST 4 WEEKS?					
	No bodily pain	16.8	16.5	16.4	18.5	18.1
	Very mild	21.4	21.3	19.6	19.9	21.1
	Mild	16.0	16.0	16.3	15.7	17.4
	Moderate	30.3	30.5	32.9	30.9	29.2
	Severe	13.3	13.4	12.9	12.9	12.6
	Very severe	2.2	2.3	1.9	2.1	1.7
	<i>Missing</i>	0.9				
Q19	During the PAST 4 WEEKS, how much did PAIN interfere with your normal work (including both work outside the home and housework)?					
	Not at all	35.0	34.7	34.6	34.9	36.6
	A little bit	24.0	24.0	22.1	22.7	25.4
	Moderately	21.5	22.0	23.0	23.8	18.2
	Quite a bit	16.2	16.0	17.0	15.6	16.9
	Extremely	3.3	3.3	3.3	3.1	2.9
	<i>Missing</i>	1.3				

Q20	For each question, please give the one answer that comes closest to the way you have been feeling. How much of the time during the PAST 4 WEEKS:	Capital					Other Rural/ Remote (n=1967) %	
		Missing weighted %	Total (n=6911) weighted %	City/Other		Large Rural (n=856) %		Small Rural (n=1025) %
				Metropolitan (n=3063) %	Rural %			
a) Did you feel full of life?								
	All of the time		3.7	3.5	4.3	3.2	4.0	
	Most of the time		24.8	24.6	24.2	24.2	27.3	
	A good bit of the time		21.3	21.7	20.2	19.4	20.3	
	Some of the time		26.3	25.8	28.9	29.1	26.3	
	A little of the time		15.1	15.4	14.3	16.2	14.4	
	None of the time		8.8	9.1	8.1	7.9	7.6	
	<i>Missing</i>	4.6						
b) Have you been a very nervous person?								
	All of the time		1.2	1.1	1.0	1.8	0.9	
	Most of the time		2.3	2.0	2.5	3.5	2.1	
	A good bit of the time		3.8	3.9	4.2	2.8	3.2	
	Some of the time		12.7	12.9	13.0	12.8	12.2	
	A little of the time		24.9	25.7	25.3	22.6	22.8	
	None of the time		55.2	54.3	53.9	56.6	58.7	
	<i>Missing</i>	4.2						
c) Have you felt so down in the dumps that nothing could cheer you up?								
	All of the time		0.5	0.4	0.5	0.3	0.5	
	Most of the time		1.0	0.9	1.5	1.3	1.0	
	A good bit of the time		1.6	1.6	2.1	1.6	1.6	
	Some of the time		8.6	8.6	9.3	9.4	6.8	
	A little of the time		15.4	15.3	16.0	16.7	15.0	
	None of the time		72.9	73.1	70.6	70.6	75.2	
	<i>Missing</i>	4.2						

Q20		Capital				Other Rural/ Remote (n=1967) %
		Total (n=6911) weighted %	City/Other Metropolitan (n=3063) %	Large Rural (n=856) %	Small Rural (n=1025) %	
d) Have you felt calm and peaceful?	All of the time	11.1	10.9	10.0	12.3	12.0
	Most of the time	41.0	40.7	41.7	39.5	44.4
	A good bit of the time	17.7	18.1	17.8	16.6	16.2
	Some of the time	17.7	17.5	19.0	18.8	16.3
	A little of the time	8.6	9.0	7.0	9.1	7.5
	None of the time	3.8	3.8	4.5	3.8	3.7
	<i>Missing</i>	3.8				
e) Did you have a lot of energy?	All of the time	3.0	2.8	2.9	3.4	3.1
	Most of the time	18.1	17.5	21.6	19.6	19.6
	A good bit of the time	18.9	19.4	17.1	16.2	18.1
	Some of the time	26.8	26.9	26.3	26.4	27.7
	A little of the time	18.8	18.8	18.5	19.2	19.0
	None of the time	14.4	14.6	13.6	15.2	12.5
	<i>Missing</i>	3.9				
f) Have you felt down?	All of the time	0.8	0.6	0.4	1.1	0.7
	Most of the time	1.8	1.9	2.3	1.7	1.4
	A good bit of the time	3.6	3.7	4.7	3.8	3.0
	Some of the time	19.4	18.9	18.7	22.4	18.7
	A little of the time	32.6	33.0	35.0	30.8	31.9
	None of the time	41.9	41.9	38.9	40.1	44.3
	<i>Missing</i>	5.7				

Q20		Capital				Other Rural/Remote (n=1967)
		Total (n=6911) weighted %	City/Other Metropolitan (n=3063) %	Large Rural (n=856) %	Small Rural (n=1025) %	
g) Did you feel worn out?						
	All of the time	2.2	2.0	3.2	2.2	1.9
	Most of the time	4.7	4.9	4.7	4.7	4.5
	A good bit of the time	9.0	9.0	8.5	10.9	9.1
	Some of the time	28.0	27.6	30.6	29.5	29.0
	A little of the time	35.5	36.0	32.0	34.1	35.2
	None of the time	20.5	20.6	21.1	18.7	20.2
	<i>Missing</i>	5.2				
h) Have you been a happy person?						
	All of the time	20.0	19.5	21.3	19.7	21.2
	Most of the time	50.7	50.4	51.8	51.6	53.5
	A good bit of the time	13.4	13.6	12.3	13.0	12.5
	Some of the time	10.7	11.1	9.6	11.7	8.4
	A little of the time	3.5	3.8	3.4	2.8	2.9
	None of the time	1.7	1.6	1.6	1.3	1.5
	<i>Missing</i>	3.0				
i) Did you feel tired?						
	All of the time	5.4	5.5	6.0	5.5	4.7
	Most of the time	9.2	9.3	9.3	9.8	8.5
	A good bit of the time	15.7	15.6	16.0	17.3	16.6
	Some of the time	42.3	42.3	40.5	40.3	41.8
	A little of the time	23.3	23.1	22.9	23.7	24.5
	None of the time	4.2	4.3	5.3	3.4	4.0
	<i>Missing</i>	2.4				

		Capital						Other
		Total	City/Other	Large	Small	Rural/	Remote	
		(n=6911)	(n=3063)	(n=856)	(n=1025)	(n=1967)		
		weighted %	%	%	%	%	%	
Q21	During the PAST 4 WEEKS, how much of the time has your PHYSICAL HEALTH OR EMOTIONAL PROBLEMS interfered with your social activities (like visiting friends, relatives, etc)?							
	All of the time	3.9	3.9	3.4	3.0	3.5		
	Most of the time	7.8	7.9	6.9	8.1	8.0		
	Some of the time	20.1	19.9	20.6	21.4	19.9		
	A little of the time	18.1	18.2	20.6	18.7	18.2		
	None of the time	50.1	50.2	48.5	48.8	50.4		
	<i>Missing</i>	1.6						
Q22	How TRUE or FALSE is EACH of the following statements for you?							
	a) I seem to get sick a little easier than other people							
	Definitely true	1.1	1.0	1.7	1.5	0.7		
	Mostly true	4.5	4.6	4.2	4.3	3.8		
	Don't know	12.7	12.7	13.0	12.1	12.2		
	Mostly false	18.7	18.3	19.5	19.5	19.4		
	Definitely false	63.0	63.4	61.6	62.6	63.9		
	<i>Missing</i>	5.2						
	b) I am as healthy as anybody I know							
	Definitely true	26.2	25.9	26.4	27.5	26.3		
	Mostly true	42.0	42.6	40.3	41.6	42.7		
	Don't know	15.7	15.3	18.8	16.0	14.8		
	Mostly false	8.1	8.0	7.9	7.2	8.1		
	Definitely false	8.0	8.1	6.6	7.6	8.2		
	<i>Missing</i>	3.2						

Q22		Capital					Other Rural/Remote (n=1967) %
		Missing weighted %	Total (n=6911) weighted %	City/Other Metropolitan (n=3063) %	Large Rural (n=856) %	Small Rural (n=1025) %	
c) I expect my health to get worse	Definitely true		7.7	7.3	8.7	8.6	7.8
	Mostly true		17.4	17.8	18.8	15.4	17.3
	Don't know		44.0	44.3	40.5	45.8	42.1
	Mostly false		10.9	10.8	10.6	11.6	12.0
	Definitely false		20.0	19.8	21.4	18.7	20.9
	<i>Missing</i>	4.5					
d) My health is excellent	Definitely true		12.6	12.0	15.9	11.6	14.2
	Mostly true		49.0	49.2	46.0	50.1	50.4
	Don't know		7.6	8.0	6.2	6.4	7.5
	Mostly false		15.3	15.2	16.3	16.8	15.0
	Definitely false		15.4	15.7	15.6	15.1	12.9
	<i>Missing</i>	4.9					
SF36 Mental Health Index	Mean		78.8	78.7	78.4	78.3	80.2
	Standard Error		0.2	0.3	0.5	0.5	0.4
SF36 Role-Emotional	Mean		73.1	73.5	72.0	70.0	73.8
	Standard Error		0.5	0.7	1.4	1.3	0.9
SF36 Social Functioning	Mean		75.9	75.9	75.7	75.7	76.6
	Standard Error		0.3	0.5	0.9	0.8	0.6
	<i>Missing</i>	0.2					

		Capital					Other Rural/Remote (n=1967) %
		Total (n=6911) weighted %	City/Other Metropolitan (n=3063) %	Large Rural (n=856) %	Small Rural (n=1025) %		
Q22 SF36 Vitality							
	Mean	54.9	54.8	55.0	54.2	55.8	
	Standard Error	0.3	0.4	0.7	0.7	0.5	
	<i>Missing</i>	2.4					
SF36 General Health Perceptions							
	Mean	63.5	63.5	63.4	63.3	64.5	
	Standard Error	0.3	0.4	0.8	0.7	0.5	
	<i>Missing</i>	4.0					
SF36 Pain Index							
	Mean	59.7	59.4	58.9	59.9	60.8	
	Standard Error	0.3	0.5	0.9	0.8	0.6	
	<i>Missing</i>	0.5					
SF36 Role-Physical							
	Mean	44.7	44.8	43.8	43.3	44.2	
	Standard Error	0.5	0.8	1.4	1.3	0.9	
	<i>Missing</i>	4.2					
SF36 Physical Functioning							
	Mean	53.5	53.7	52.7	52.1	53.2	
	Standard Error	0.4	0.5	1.0	0.9	0.7	
	<i>Missing</i>	4.8					
Physical Component Scale – WHA Old							
	Mean	46.2	46.3	46.1	46.0	46.3	
	Standard Error	0.1	0.2	0.4	0.3	0.2	
	<i>Missing</i>	12.5					
Mental Component Scale – WHA Old							
	Mean	51.4	51.4	51.2	50.8	52.0	
	Standard Error	0.1	0.2	0.4	0.3	0.2	
	<i>Missing</i>	12.5					

Q25	Have you had any of the following problems in the LAST 12 MONTHS?	Missing weighted %	Capital				Total (n=6911) weighted %	Other		
			City/Other Metropolitan (n=3063) %	Large Rural (n=856) %	Small Rural (n=1025) %	Rural/ Remote (n=1967) %				
a) Stiff or painful joints	Never		12.6	12.5	12.3	12.5	12.5	12.3	13.4	
	Rarely		12.9	12.5	12.8	12.5	12.8	13.8		
	Sometimes		39.6	39.8	40.6	39.8	40.6	40.4		
	Often		34.8	35.1	34.3	35.1	34.3	32.5		
	Missing	4.8								
b) Back pain	Never		18.2	18.0	18.6	18.0	17.5	19.7		
	Rarely		15.6	15.7	16.1	15.7	15.3	14.5		
	Sometimes		35.7	35.5	36.1	35.5	36.1	36.9		
	Often		30.5	30.7	29.3	30.7	31.1	28.9		
	Missing	3.5								
c) Problems with one or both feet	Never		33.9	33.7	31.8	33.7	34.0	35.1		
	Rarely		16.4	15.9	17.1	15.9	17.7	17.1		
	Sometimes		27.9	28.3	28.5	28.3	26.2	26.6		
	Often		21.8	22.1	22.1	22.1	22.1	21.3		
	Missing	4.5								
d) Allergies, hay fever, sinusitis	Never		55.1	54.9	56.8	54.9	53.4	55.3		
	Rarely		14.0	14.3	14.6	14.3	13.0	13.7		
	Sometimes		21.2	21.2	19.3	21.2	23.0	22.1		
	Often		9.7	9.6	9.2	9.6	10.6	8.8		
	Missing	6.0								

Q25		Missing weighted %	Capital				Total (n=6911) weighted %	City/Other (n=3063)		Large Rural (n=856)		Small Rural (n=1025)		Other Rural/ Remote (n=1967)	
			%	%	%	%		%	%	%	%				
e) Skin problems	Never		48.1	47.3	47.3	50.4	50.1								
	Rarely		19.0	19.3	20.1	16.3	18.5								
	Sometimes		23.1	23.4	20.9	24.0	22.6								
	Often		9.8	10.0	11.7	9.4	8.8								
	<i>Missing</i>	4.9													
f) Breathing difficulty	Never		54.6	54.1	55.2	54.2	58.5								
	Rarely		17.2	17.6	17.0	17.0	15.1								
	Sometimes		20.1	20.4	18.5	19.4	19.5								
	Often		8.1	7.8	9.3	9.4	6.9								
	<i>Missing</i>	3.8													
g) Indigestion / heartburn	Never		45.7	45.9	44.3	43.8	45.3								
	Rarely		21.8	21.5	21.4	24.4	21.8								
	Sometimes		25.7	25.6	27.1	25.1	26.4								
	Often		6.9	7.0	7.1	6.7	6.5								
	<i>Missing</i>	4.1													
h) Chest pain	Never		69.3	69.7	67.9	66.0	68.7								
	Rarely		17.2	17.2	16.6	19.6	16.5								
	Sometimes		11.9	11.6	13.0	11.7	13.1								
	Often		1.6	1.5	2.5	2.6	1.7								
	<i>Missing</i>	4.8													

Q25		Missing weighted %	Capital				Other Rural/ Remote (n=1967) %
			Total (n=6911) weighted %	City/Other Metropolitan (n=3063) %	Large Rural (n=856) %	Small Rural (n=1025) %	
i) Headaches / migraines	Never		47.7	47.4	44.4	49.4	48.2
	Rarely		29.5	29.6	29.5	28.8	29.8
	Sometimes		19.0	18.9	22.0	18.9	18.9
	Often		3.8	4.1	4.2	2.9	3.2
	<i>Missing</i>	4.0					
j) Severe tiredness	Never		26.1	25.7	26.0	27.4	26.9
	Rarely		22.4	22.6	22.0	21.3	22.4
	Sometimes		37.2	37.3	35.9	36.6	38.4
	Often		14.4	14.4	16.1	14.8	12.3
	<i>Missing</i>	3.3					
k) Urine that burns or stings	Never		69.3	69.1	66.4	69.4	69.5
	Rarely		16.3	16.7	17.0	16.3	14.7
	Sometimes		11.9	11.7	13.3	12.0	13.2
	Often		2.5	2.5	3.3	2.2	2.6
	<i>Missing</i>	3.0					
l) Passing urine more than twice during the night	Never		30.8	31.1	30.5	30.6	30.0
	Rarely		21.4	21.5	24.5	21.7	20.9
	Sometimes		27.0	26.7	24.9	26.6	28.3
	Often		20.8	20.6	20.2	21.1	20.9
	<i>Missing</i>	1.6					

Q25		Missing weighted %	Capital				Other Rural/ Remote (n=1967) %
			Total (n=6911) weighted %	City/Other Metropolitan (n=3063) %	Large Rural (n=856) %	Small Rural (n=1025) %	
m) Needing to rush to the toilet to pass urine	Never		31.9	32.1	32.0	30.3	30.2
	Rarely		22.3	22.3	21.4	22.9	22.8
	Sometimes		31.5	31.4	32.9	31.0	33.4
	Often		14.3	14.2	13.7	15.9	13.6
	<i>Missing</i>	2.0					
n) Leaking urine	Never		54.0	54.1	53.7	54.7	52.5
	Rarely		18.5	18.7	18.3	18.3	19.2
	Sometimes		19.5	19.4	20.3	17.1	20.4
	Often		8.0	7.9	7.7	9.9	7.9
	<i>Missing</i>	3.2					
o) Constipation	Never		42.9	42.4	43.4	42.3	43.8
	Rarely		24.7	24.8	24.1	23.7	24.9
	Sometimes		24.1	24.6	23.4	24.6	23.0
	Often		8.3	8.2	9.1	9.5	8.3
	<i>Missing</i>	2.0					
p) Haemorrhoids (piles)	Never		73.2	73.3	72.7	72.1	72.7
	Rarely		12.1	12.1	12.3	11.7	13.0
	Sometimes		11.1	11.1	11.8	12.6	11.0
	Often		3.5	3.5	3.3	3.7	3.3
	<i>Missing</i>	3.3					

Q25		Missing weighted %	Capital				Other Rural/ Remote (n=1967) %
			Total (n=6911) weighted %	City/Other Metropolitan (n=3063) %	Large Rural (n=856) %	Small Rural (n=1025) %	
q) Other bowel problems	Never		71.8	71.5	71.7	70.4	73.4
	Rarely		11.4	11.4	13.6	12.4	10.9
	Sometimes		11.7	11.7	10.3	12.6	11.5
	Often		5.1	5.4	4.4	4.7	4.1
	<i>Missing</i>	5.4					
r) Poor memory	Never		26.7	26.7	23.8	25.7	26.5
	Rarely		23.8	25.0	22.1	21.4	22.3
	Sometimes		40.5	39.6	45.0	41.5	41.7
	Often		9.1	8.8	9.1	11.4	9.4
	<i>Missing</i>	1.9					
s) Clumsiness	Never		44.2	43.6	43.0	46.7	44.9
	Rarely		29.9	30.7	31.5	26.0	29.3
	Sometimes		22.8	22.7	23.3	23.8	22.8
	Often		3.1	2.9	2.2	3.4	3.0
	<i>Missing</i>	2.7					
t) Dizziness, loss of balance	Never		42.0	41.1	42.3	42.2	44.5
	Rarely		23.6	23.7	23.1	23.7	23.8
	Sometimes		27.6	28.1	28.2	28.1	25.3
	Often		6.8	7.0	6.3	6.0	6.4
	<i>Missing</i>	1.9					

		Missing weighted %	Capital			Total (n=6911) weighted %	Capital			Other Rural/ Remote (n=1967) %
			City/Other Metropolitan (n=3063) %	Large Rural (n=856) %	Small Rural (n=1025) %		City/Other Metropolitan (n=3063) %	Large Rural (n=856) %	Small Rural (n=1025) %	
Q26	b) Lying awake for most of the night									
	Yes		15.7	15.4	16.2	15.8	16.9			
	No		84.3	84.6	83.8	84.2	83.1			
	<i>Missing</i>	2.8								
	c) Taking a long time to get to sleep									
	Yes		37.0	37.4	36.9	35.6	38.1			
	No		63.0	62.6	63.1	64.4	61.9			
	<i>Missing</i>	2.8								
	d) Worry keeping you awake at night									
	Yes		15.7	15.6	16.5	14.3	15.8			
	No		84.3	84.4	83.5	85.7	84.2			
	<i>Missing</i>	2.8								
	e) Sleeping badly at night									
	Yes		28.9	29.0	28.4	28.4	28.4			
	No		71.1	71.0	71.6	71.6	71.6			
	<i>Missing</i>	2.8								
	f) None of these problems									
	Yes		24.6	25.0	22.1	23.8	23.2			
	No		75.4	75.0	77.9	76.2	76.8			
	<i>Missing</i>	2.8								
Q27	Compared with when you were in your twenties, how good are you at:									
	a) Remembering the name of a person just introduced to you?									
	Much better now		1.0	1.0	1.0	1.3	0.8			
	Somewhat better now		1.2	1.3	1.1	1.1	0.9			
	About the same		34.0	35.1	33.2	29.7	30.9			
	Somewhat worse now		45.7	45.4	45.8	47.2	47.2			
	Much worse now		18.1	17.2	19.0	20.8	20.2			
	<i>Missing</i>	1.9								

Q27		Capital					Other Rural/ Remote (n=1967) %
		Missing weighted %	Total (n=6911) weighted %	City/Other Metropolitan (n=3063) %	Large Rural (n=856) %	Small Rural (n=1025) %	
b) Recalling telephone numbers or other numbers that you use on a daily or weekly basis?	Much better now		2.9	3.1	2.5	2.5	2.0
	Somewhat better now		2.7	2.4	3.0	3.2	3.1
	About the same		49.4	49.6	47.5	47.5	49.3
	Somewhat worse now		32.3	32.1	33.1	32.8	33.4
	Much worse now		12.7	12.8	13.9	14.0	12.1
	<i>Missing</i>	2.5					
c) Recalling where you put objects (such as keys) in your home?	Much better now		2.5	2.5	2.7	2.0	2.3
	Somewhat better now		2.6	2.7	2.1	2.8	2.0
	About the same		48.2	48.6	46.6	47.8	48.1
	Somewhat worse now		37.1	36.8	39.4	36.7	38.0
	Much worse now		9.6	9.4	9.3	10.7	9.6
	<i>Missing</i>	2.6					
d) Remembering specific facts from a newspaper or magazine article you have just finished reading?	Much better now		2.1	2.1	2.4	2.4	2.0
	Somewhat better now		3.1	3.5	2.5	3.2	1.8
	About the same		47.0	46.9	46.6	44.9	48.4
	Somewhat worse now		39.0	38.9	39.7	39.3	38.2
	Much worse now		8.8	8.6	8.8	10.2	9.6
	<i>Missing</i>	3.0					
e) Remembering the item(s) you intend to buy when you arrive at the shops?	Much better now		2.6	2.6	1.9	3.1	1.8
	Somewhat better now		2.3	2.3	2.0	2.5	2.0
	About the same		51.7	52.5	50.2	47.9	49.3
	Somewhat worse now		36.3	35.9	38.3	37.4	38.6
	Much worse now		7.2	6.8	7.5	9.0	8.3
	<i>Missing</i>	2.8					

		Capital				Other Rural/ Remote (n=1967) %
		Total Metropolitan (n=6911) weighted %	City/Other (n=3063) %	Large Rural (n=856) %	Small Rural (n=1025) %	
Q27	f) In general, how would you describe your memory compared to when you were in your twenties?	Missing weighted %				
	Much better now	0.7	0.6	0.7	0.7	0.9
	Somewhat better now	1.1	1.2	1.1	1.5	0.6
	About the same	26.4	26.7	25.9	23.7	25.6
	Somewhat worse now	50.9	51.0	50.8	51.4	51.7
	Much worse now	20.8	20.5	21.5	22.7	21.2
	<i>Missing</i>	1.4				
	MACQ Cognitive Decline Scale					
	Mean	25.5	25.4	25.7	25.8	25.7
	Standard Error	0.1	0.1	0.2	0.1	0.1
	<i>Missing</i>	3.0				
Q28	Do you have difficulty seeing newspaper print, even with glasses?					
	Yes	22.7	23.3	23.8	21.5	22.4
	No	77.3	76.7	76.2	78.5	77.6
	<i>Missing</i>	1.2				
Q29	How would you describe the overall condition of your teeth, dentures or gums?					
	Poor	4.4	4.3	5.0	4.3	4.7
	Fair	25.5	25.7	26.8	22.7	24.3
	Good	42.7	42.7	43.1	44.1	42.9
	Very good	21.7	21.6	20.5	23.4	21.7
	Excellent	5.7	5.7	4.6	5.5	6.4
	<i>Missing</i>	1.1				
Q30	Do you wear a hearing aid?					
	No	76.2	76.3	75.5	75.7	77.3
	Yes, some of the time	12.0	12.2	12.7	12.1	10.2
	Yes, most of the time	11.8	11.5	11.8	12.1	12.6
	<i>Missing</i>	1.6				

Q31		Capital						Other Rural/ Remote (n=1967) %		
		Missing weighted %	Total (n=6911) weighted %	City/Other (n=3063) %		Large Rural (n=856) %			Small Rural (n=1025) %	
				Metropolitan	Rural	Rural	Rural			
	Whether you wear a hearing aid or not, please answer the following questions about your hearing and how it affects your daily life. If you wear a hearing aid, please answer with respect to when you are wearing your hearing aid.									
a)	Do you have difficulty in hearing a conversation, even with a hearing aid?									
	No		58.1	58.0	59.7	56.3	59.0			
	Sometimes		34.1	34.4	31.8	35.5	32.7			
	Often		7.8	7.6	8.4	8.2	8.3			
	Missing	6.3								
b)	Does a hearing problem cause you to feel embarrassed when you meet new people?									
	No		80.6	81.4	79.7	79.7	78.2			
	Sometimes		14.7	14.2	15.3	15.2	16.4			
	Often		4.7	4.4	5.0	5.1	5.4			
	Missing	4.8								
c)	Does a hearing problem cause you to feel frustrated when talking to members of your family?									
	No		73.9	74.5	74.0	72.6	72.4			
	Sometimes		19.6	19.2	19.3	20.5	20.6			
	Often		6.5	6.3	6.7	7.0	7.0			
	Missing	4.2								
d)	Do you have difficulty hearing when someone speaks in a whisper?									
	No		29.3	29.7	27.5	30.0	27.7			
	Sometimes		40.3	40.2	41.1	39.0	42.0			
	Often		30.5	30.1	31.4	31.0	30.3			
	Missing	3.3								
e)	Do you feel handicapped by a hearing problem?									
	No		73.4	73.5	73.3	73.6	73.4			
	Sometimes		19.0	19.2	18.2	17.6	18.4			
	Often		7.6	7.3	8.5	8.7	8.2			
	Missing	4.0								

Q31		Capital					Other Rural/ Remote (n=1967) %
		Missing weighted %	Total (n=6911) weighted %	City/Other Metropolitan (n=3063) %	Large Rural (n=856) %	Small Rural (n=1025) %	
f) Does a hearing problem cause you difficulty when visiting friends, relatives or neighbours?	No		77.6	78.2	75.3	76.3	76.1
	Sometimes		17.5	17.0	19.0	18.1	19.0
	Often		4.9	4.8	5.8	5.6	4.9
	Missing	3.9					
g) Does a hearing problem cause you to attend religious services less often than you would like?	No		94.1	94.9	92.2	92.3	92.4
	Sometimes		3.1	2.6	3.9	4.4	4.7
	Often		2.8	2.6	3.9	3.3	2.8
	Missing	5.6					
h) Does a hearing problem cause you to have arguments with family members?	No		92.6	92.6	92.2	91.9	92.6
	Sometimes		6.3	6.2	6.5	7.0	6.6
	Often		1.1	1.2	1.3	1.1	0.8
	Missing	3.7					
i) Does a hearing problem cause you difficulty when listening to TV or radio?	No		64.3	64.3	64.0	63.4	65.6
	Sometimes		26.8	26.9	27.1	26.1	25.2
	Often		8.9	8.8	9.0	10.5	9.2
	Missing	3.7					
j) Do you feel that any difficulty with your hearing limits or hampers your personal or social life?	No		79.1	79.7	78.3	78.3	78.0
	Sometimes		15.4	14.9	16.1	15.3	16.7
	Often		5.5	5.4	5.6	6.4	5.3
	Missing	3.5					

Q31	k) Does a hearing problem cause you difficulty when in a restaurant with relatives or friends?	Missing weighted %	Capital				Other Rural/ Remote (n=1967) %
			Total Metropolitan (n=3063) %	Large Rural (n=856) %	Small Rural (n=1025) %		
	No		64.2	65.1	64.4	62.8	
	Sometimes		26.2	24.4	26.5	28.1	
	Often		9.6	10.4	9.0	9.1	
	Missing	3.6					
Q32	In our last survey, we asked about major events you had experienced. This question is about events you may have experienced in the LAST THREE YEARS.						
	a) Major personal illness or injury						
	Yes		24.6	23.2	22.9	22.2	
	No		75.4	76.8	77.1	77.8	
	Missing	2.2					
	b) Major surgery (not including dental work)						
	Yes		19.5	18.9	17.3	18.3	
	No		80.5	81.1	82.7	81.7	
	Missing	2.2					
	c) Major decline in health of spouse or partner						
	Yes		19.5	19.0	20.5	19.5	
	No		80.5	81.0	79.5	80.5	
	Missing	2.2					
	d) Death of spouse or partner						
	Yes		10.0	8.6	12.8	10.3	
	No		90.0	91.4	87.2	89.7	
	Missing	2.2					
	e) Major decline in health of other close family member or friend						
	Yes		27.7	29.8	24.4	25.6	
	No		72.3	70.2	75.6	74.4	
	Missing	2.2					

Q32		Missing weighted %	Capital			Total (n=6911) weighted %	Capital			Other Rural/ Remote (n=1967) %
			City/Other Metropolitan (n=3063) %	Large Rural (n=856) %	Small Rural (n=1025) %		City/Other Metropolitan (n=3063) %	Large Rural (n=856) %	Small Rural (n=1025) %	
f) Death of other close family member or friend	Yes		33.7	36.9	33.5	33.7	36.9	33.5	33.1	
	No		66.3	63.1	66.5	66.3	63.1	66.5	66.9	
	Missing	2.2								
g) Death of your child	Yes		2.3	1.6	2.4	2.4	1.6	2.4	2.4	
	No		97.7	98.4	97.6	97.6	98.4	97.6	97.6	
	Missing	2.2								
h) Decreased income	Yes		8.7	8.7	8.2	8.8	8.7	8.2	9.1	
	No		91.3	91.3	91.8	91.2	91.3	91.8	90.9	
	Missing	2.2								
i) Moving house	Yes		11.2	12.6	13.0	12.4	12.6	13.0	11.2	
	No		88.8	87.4	87.0	87.6	87.4	87.0	88.8	
	Missing	2.2								
j) Being robbed	Yes		4.1	3.3	2.7	4.6	3.3	2.7	2.1	
	No		95.9	96.7	97.3	95.4	96.7	97.3	97.9	
	Missing	2.2								
k) Moving into hostel / institution	Yes		2.5	2.5	2.1	2.8	2.5	2.1	2.7	
	No		97.5	97.5	97.9	97.2	97.5	97.9	97.3	
	Missing	2.2								
l) Spouse / partner moving into hostel / institution	Yes		1.8	1.4	2.3	1.8	1.4	2.3	1.9	
	No		98.2	98.6	97.7	98.2	98.6	97.7	98.1	
	Missing	2.2								

		Capital					Other Rural/ Remote (n=1967) %
		Total Metropolitan (n=6911) weighted %	City/Other Metropolitan (n=3063) %	Large Rural (n=856) %	Small Rural (n=1025) %		
Q32	m) Been pushed, grabbed, shoved, kicked or hit						
	Yes	0.5	0.5	0.7	0.5	0.7	
	No	99.5	99.5	99.3	99.5	99.3	
	<i>Missing</i>	2.2					
	n) None of these events						
	Yes	24.6	23.9	21.7	26.2	26.3	
	No	75.4	76.1	78.3	73.8	73.7	
	<i>Missing</i>	2.2					
Q34	Next are some specific questions about your health and how you have been feeling in the PAST MONTH.						
	a) Have you felt keyed up or on edge?						
	Yes	30.1	31.2	28.5	28.2	28.1	
	No	69.9	68.8	71.5	71.8	71.9	
	<i>Missing</i>	5.1					
	b) Have you been worrying a lot?						
	Yes	28.1	29.0	28.5	27.1	24.7	
	No	71.9	71.0	71.5	72.9	75.3	
	<i>Missing</i>	4.9					
	c) Have you been irritable?						
	Yes	19.9	20.6	19.8	18.2	19.2	
	No	80.1	79.4	80.2	81.8	80.8	
	<i>Missing</i>	5.8					
	d) Have you had difficulty relaxing?						
	Yes	27.6	28.2	28.4	26.4	26.3	
	No	72.4	71.8	71.6	73.6	73.7	
	<i>Missing</i>	5.1					
	e) Have you been sleeping poorly?						
	Yes	42.0	42.2	41.8	42.1	42.5	
	No	58.0	57.8	58.2	57.9	57.5	
	<i>Missing</i>	4.5					

		Capital				Other
		Total	City/Other	Large	Small	
		(n=6911)	(n=3063)	(n=856)	(n=1025)	(n=1967)
		weighted %	%	%	%	%
Q34	f) Have you had headaches or neckaches?					
	Yes	37.2	37.5	40.2	37.2	35.0
	No	62.8	62.5	59.8	62.8	65.0
	Missing		4.5			
	g) Have you had any of the following: trembling, tingling, dizziness spells, sweating, diarrhoea or needing to pass urine more often than usual?					
	Yes	38.2	38.2	38.4	38.7	38.1
	No	61.8	61.8	61.6	61.3	61.9
	Missing		4.3			
	h) Have you been worried about your health?					
	Yes	28.2	28.7	27.7	28.3	25.3
	No	71.8	71.3	72.3	71.7	74.7
	Missing		4.4			
	i) Have you had difficulty falling asleep?					
	Yes	40.1	40.4	40.6	40.1	41.3
	No	59.9	59.6	59.4	59.9	58.7
	Missing		4.5			
	j) Have you been lacking energy?					
	Yes	59.4	59.7	59.7	59.9	57.3
	No	40.6	40.3	40.3	40.1	42.7
	Missing		3.8			
	k) Have you lost interest in things?					
	Yes	15.7	16.0	16.2	14.9	13.8
	No	84.3	84.0	83.8	85.1	86.2
	Missing		3.8			
	l) Have you lost confidence in yourself?					
	Yes	19.0	19.6	19.5	18.6	16.7
	No	81.0	80.4	80.5	81.4	83.3
	Missing		3.6			

		Capital					Other Rural/ Remote (n=1967) %
		Total (n=6911) weighted %	City/Other Metropolitan (n=3063) %	Large Rural (n=856) %	Small Rural (n=1025) %		
Q34	m) Have you felt hopeless?						
	Yes	10.0	9.8	10.9	10.6	10.6	10.6
	No	90.0	90.2	89.1	89.4	89.4	89.4
	<i>Missing</i>	4.1					
	n) Have you had difficulty concentrating?						
	Yes	23.3	22.8	27.7	24.2	24.3	24.3
	No	76.7	77.2	72.3	75.8	75.7	75.7
	<i>Missing</i>	4.2					
	o) Have you lost weight (due to poor appetite)?						
	Yes	10.8	10.8	10.2	11.0	10.0	10.0
	No	89.2	89.2	89.8	89.0	90.0	90.0
	<i>Missing</i>	3.5					
	p) Have you been waking early?						
	Yes	58.3	58.1	61.4	60.0	59.9	59.9
	No	41.7	41.9	38.6	40.0	40.1	40.1
	<i>Missing</i>	3.9					
	q) Have you felt slowed down?						
	Yes	70.0	70.3	73.0	68.5	68.6	68.6
	No	30.0	29.7	27.0	31.5	31.4	31.4
	<i>Missing</i>	2.9					
	r) Have you tended to feel worse in the mornings?						
	Yes	30.5	31.6	27.8	27.7	27.9	27.9
	No	69.5	68.4	72.2	72.3	72.1	72.1
	<i>Missing</i>	3.1					
Q35	In the LAST 12 MONTHS, have you:						
	a) Slipped, tripped, or stumbled? (not including falls to the ground)						
	Yes	35.2	35.2	36.2	34.9	35.3	35.3
	No	64.8	64.8	63.8	65.1	64.7	64.7
	<i>Missing</i>	3.1					

Q35		Missing weighted %	Total (n=6911) weighted %	Capital			Other Rural/ Remote (n=1967) %
				City/Other Metropolitan (n=3063) %	Large Rural (n=856) %	Small Rural (n=1025) %	
b) Had a fall to the ground? (does not include stumbles / trips)	Yes		24.6	25.3	24.6	22.6	22.8
	No		75.4	74.7	75.4	77.4	77.2
	Missing	3.1					
c) Been injured as a result of a fall?	Yes		16.3	16.8	15.7	15.8	14.2
	No		83.7	83.2	84.3	84.2	85.8
	Missing	3.1					
d) Needed to seek medical attention (eg doctor, hospital) for an injury from a fall?	Yes		15.5	16.3	13.3	13.8	13.6
	No		84.5	83.7	86.7	86.2	86.4
	Missing	3.1					
e) Had any other injury from an accident at your home? (eg burns, cuts, bruises)	Yes		12.5	12.7	11.5	12.8	11.4
	No		87.5	87.3	88.5	87.2	88.6
	Missing	3.1					
f) Broken or fractured any bone/s?	Yes		7.2	7.3	5.9	6.8	6.5
	No		92.8	92.7	94.1	93.2	93.5
	Missing	3.1					
g) None of these	Yes		49.8	49.0	50.8	52.4	51.8
	No		50.2	51.0	49.2	47.6	48.2
	Missing	3.1					

		Capital				Other Rural/ Remote (n=1967) %
		Total (n=6911) weighted %	City/Other Metropolitan (n=3063) %	Large Rural (n=856) %	Small Rural (n=1025) %	
Q36	During the last 12 months, have you experienced any of the following:					
	a) Pain, aching, stiffness or swelling in or around a joint or joints (like arms, hands, legs or feet) which were not related to an injury and lasted for more than a month?					
	Yes	55.5	55.4	58.1	56.6	55.4
	No	44.5	44.6	41.9	43.4	44.6
	Missing	13.7				
	b) Stiffness in the joint in the morning after getting up from bed, or after a long rest of the joint without movement?					
	Yes	58.2	58.2	58.6	61.6	57.8
	No	41.8	41.8	41.4	38.4	42.2
	Missing	12.0				
Q37	a) How long does this stiffness last?					
	≤ 30 mins	40.0	40.2	39.6	41.9	39.4
	> 30 mins	25.7	25.5	26.7	26.2	25.4
	Not Applicable	34.3	34.3	33.7	31.9	35.2
	Missing	12.9				
	b) Does this stiffness go away after exercise or movement in the joint?					
	Yes	51.0	51.0	52.1	53.0	50.3
	No	15.3	15.4	14.5	15.8	15.1
	Not Applicable	33.7	33.7	33.4	31.2	34.6
	Missing	11.3				
Q38	How many times did you do each type of activity LAST WEEK? Only count the number of times when the activity lasted for 10 minutes or more. (If you did not do an activity, please write "0" in the box)					
	a) Walking briskly (for recreation or exercise, or to get from place to place)					
	Mean	2.7	2.8	2.6	2.3	2.4
	Standard Error	0.1	0.1	0.2	0.1	0.1
	Missing	4.1				

	Capital						Other
	Missing	Total	Metropolitan	Large	Small	Rural/	
	weighted %	(n=6911) weighted %	(n=3063) %	(n=856) %	(n=1025) %	(n=1967) %	
Q38							
b) Moderate leisure activity (like social tennis, golf, bowls, recreational swimming, dancing)							
Mean		0.5	0.5	0.5	0.6	0.5	
Standard Error		0.0	0.0	0.0	0.1	0.0	
Missing	4.4						
c) More vigorous leisure activity (that makes you breathe harder or puff and pant)							
Mean		0.5	0.5	0.5	0.5	0.4	
Standard Error		0.0	0.0	0.1	0.1	0.0	
Missing	4.5						
d) Vigorous household or garden chores (that make you breathe harder or puff and pant)							
Mean		1.7	1.6	1.8	1.8	2.1	
Standard Error		0.0	0.1	0.1	0.1	0.1	
Missing	4.3						
Q39							
If you add up all the times you spent in each activity LAST WEEK, how much time did you spend ALTOGETHER doing each type of activity?							
(If you did not do an activity, please write "0" in the box). Hours							
Exercise Status							
Mean		603.2	604.4	537.7	625.2	576.5	
Standard Error		13.9	20.1	35.6	40.2	27.5	
Missing	8.3						
Exercise Status Group							
Nil/sedentary		43.0	41.6	44.1	47.3	46.8	
Low		26.2	26.6	29.7	22.6	24.5	
Moderate		14.3	15.0	10.8	12.8	13.4	
High		16.5	16.8	15.4	17.3	15.2	
Missing	8.3						

		Capital				Other
		Total Metropolitan (n=3063) %	Large Rural (n=856) %	Small Rural (n=1025) %	Rural/ Remote (n=1967) %	
Q40	How many serves of vegetables do you usually eat each day?	Missing weighted %				
	None	0.8	0.6	0.3	0.6	
	1 serve	21.0	19.1	18.3	19.7	
	2-3 serve	50.4	49.8	50.0	49.4	
	4 serves	19.5	21.9	22.8	21.5	
	5 serves or more	8.4	8.6	8.7	8.8	
	Missing	0.7				
Q41	How many serves of fruit do you usually eat each day?					
	None	1.4	1.9	1.2	1.3	
	1 serve	27.4	27.4	28.2	31.1	
	2-3 serve	58.4	58.5	58.4	55.9	
	4 serves	9.7	10.0	9.6	8.9	
	5 serves or more	3.1	2.2	2.6	2.8	
	Missing	0.6				
Q42	How many glasses / cups of non-alcoholic drinks do you usually have each day? (eg juice, tea, coffee, water, milk etc)?					
	0-2 glasses	2.8	2.4	2.7	2.4	
	3-5 glasses	37.1	36.2	36.4	35.6	
	6-8 glasses	50.7	52.7	52.2	52.4	
	9 or more glasses	9.4	8.7	8.8	9.6	
	Missing	0.6				
Q43	Which of the following groups have you sought advice or help from in the LAST 6 MONTHS?					
	a) Food services (eg Meals on Wheels)					
	Yes	5.2	6.4	6.3	6.7	
	No	94.8	93.6	93.8	93.3	
	Missing	3.7				

Q43		Missing weighted %	Capital			Total (n=6911) weighted %	Capital			Other Rural/ Remote (n=1967) %
			City/Other Metropolitan (n=3063) %	Large Rural (n=856) %	Small Rural (n=1025) %		City/Other Metropolitan (n=3063) %	Large Rural (n=856) %	Small Rural (n=1025) %	
	b) Nursing or community health services									
	Yes		9.2	8.3	8.9	10.8	13.1			
	No		90.8	91.7	91.1	89.2	86.9			
	<i>Missing</i>	3.7								
	c) Respite services (in home, day centre, or inpatient)									
	Yes		4.5	4.5	3.5	5.3	4.6			
	No		95.5	95.5	96.5	94.7	95.4			
	<i>Missing</i>	3.7								
	d) Homemaking services (eg home care service, laundry service)									
	Yes		23.2	21.8	25.3	26.8	27.1			
	No		76.8	78.2	74.7	73.2	72.9			
	<i>Missing</i>	3.7								
	e) Home maintenance services (eg odd jobs, gardening)									
	Yes		26.6	25.0	30.9	28.9	29.9			
	No		73.4	75.0	69.1	71.1	70.1			
	<i>Missing</i>	3.7								
	f) Counselling or other mental health services									
	Yes		1.2	1.2	1.0	0.4	1.1			
	No		98.8	98.8	99.0	99.6	98.9			
	<i>Missing</i>	3.7								
	g) Ambulance service									
	Yes		9.8	10.1	6.4	9.5	8.8			
	No		90.2	89.9	93.6	90.5	91.2			
	<i>Missing</i>	3.7								
	h) Support and advisory groups (eg Arthritis Foundation, Pensioner Advisory Service, Older Women's Network)									
	Yes		3.8	4.1	3.0	3.4	3.4			
	No		96.2	95.9	97.0	96.6	96.6			
	<i>Missing</i>	3.7								

	Capital					Other Rural/ Remote (n=1967) %
	Missing weighted %	Total (n=6911) weighted %	City/Other Metropolitan (n=3063) %	Large Rural (n=856) %	Small Rural (n=1025) %	
Q43 i) None of these groups						
Yes		52.9	54.3	51.1	50.5	48.7
No		47.1	45.7	48.9	49.5	51.3
<i>Missing</i>	3.7					
Q44 What is your main (or most common) means of transport?						
Car (you drive)		48.1	44.1	49.8	55.9	59.9
Car (someone else drives)		32.2	32.6	34.2	33.6	32.2
Taxi		5.1	5.5	6.7	4.3	3.2
Bus		10.7	13.3	7.7	4.5	2.1
Tram or train		1.9	2.6			0.1
Other		1.9	1.9	1.6	1.7	2.5
<i>Missing</i>	14.5					
Q45 Is public transport available when you need it?						
All of the time		37.7	45.3	26.4	23.9	12.9
Most of the time		19.5	21.4	20.9	17.2	10.4
Some of the time		7.8	7.0	11.0	10.9	8.9
Little of the time		5.3	3.7	6.4	9.2	9.2
None of the time		9.7	4.9	13.2	13.9	30.6
Not applicable		20.0	17.8	22.1	24.9	28.0
<i>Missing</i>	3.0					
Q46 Do you have a problem with transport?						
a) Getting to places at night						
Yes		29.5	31.2	26.4	23.9	24.0
No		70.5	68.8	73.6	76.1	76.0
<i>Missing</i>	9.0					
b) Getting to local shops and services						
Yes		9.8	10.3	9.6	7.8	8.4
No		90.2	89.7	90.4	92.2	91.6
<i>Missing</i>	12.9					

		Capital				Other Rural/ Remote (n=1967) %
		Total (n=6911) weighted %	City/Other Metropolitan (n=3063) %	Large Rural (n=856) %	Small Rural (n=1025) %	
Q46	c) Getting beyond your local neighbourhood					
	Yes	20.9	20.6	20.3	21.2	21.7
	No	79.1	79.4	79.7	78.8	78.3
	<i>Missing</i>					
		12.4				
Q47	During the past month, have you been to:					
	a) Places in your immediate neighbourhood but beyond your property or apartment building (eg to shops, services, neighbours)					
	Yes	94.0	94.6	92.9	93.9	93.5
	No	6.0	5.4	7.1	6.1	6.5
	<i>Missing</i>					
		1.5				
	b) Places outside your immediate neighbourhood					
	Yes	86.2	87.9	81.5	80.7	84.2
	No	13.8	12.1	18.5	19.3	15.8
	<i>Missing</i>					
		1.6				
Q48	Do you regularly NEED help with daily tasks because of long-term illness, disability or frailty (eg personal care, getting around, preparing meals etc)?					
	Yes	12.1	11.8	13.5	13.7	12.0
	No	87.9	88.2	86.5	86.3	88.0
	<i>Missing</i>					
		5.1				
Q49	In the last month HAVE YOU HAD ANY DIFFICULTY (for example, needing to take extra time, changing the activity or using a device to help you) in completing any of these activities?					
	a) Grooming (eg brushing hair, applying make-up)					
	No difficulty	93.1	93.1	92.6	93.9	92.6
	Some difficulty	6.3	6.3	6.5	5.8	6.9
	Unable to do	0.7	0.7	0.8	0.3	0.5
	<i>Missing</i>					
		1.8				

Q49		Missing weighted %	Capital				Other Rural/ Remote (n=1967) %
			Total (n=6911) weighted %	City/Other Metropolitan (n=3063) %	Large Rural (n=856) %	Small Rural (n=1025) %	
b) Eating (eg cutting meat, lifting glass or cup, opening milk carton)	No difficulty		92.2	92.1	93.1	92.9	92.6
	Some difficulty		7.2	7.3	6.0	6.6	7.1
	Unable to do		0.6	0.6	1.0	0.5	0.3
	<i>Missing</i>	1.9					
c) Bathing or taking a shower	No difficulty		91.0	91.1	91.0	91.2	91.2
	Some difficulty		7.4	7.4	6.8	7.3	7.5
	Unable to do		1.6	1.6	2.3	1.5	1.3
	<i>Missing</i>	1.6					
d) Dressing your upper body	No difficulty		92.9	92.9	92.6	92.5	92.9
	Some difficulty		6.2	6.2	6.3	6.8	6.7
	Unable to do		0.8	0.9	1.1	0.7	0.4
	<i>Missing</i>	2.0					
e) Dressing your lower body	No difficulty		91.1	91.0	91.4	90.0	91.9
	Some difficulty		8.0	8.1	7.4	8.9	7.6
	Unable to do		0.9	0.9	1.2	1.1	0.5
	<i>Missing</i>	2.0					
f) Getting up from a chair	No difficulty		70.9	70.8	71.8	70.1	70.4
	Some difficulty		28.6	28.8	27.2	29.5	28.9
	Unable to do		0.5	0.5	1.0	0.4	0.7
	<i>Missing</i>	1.8					

Q49		Capital				Other Rural/ Remote (n=1967) %	
		Missing weighted %	Total (n=6911) weighted %	City/Other Metropolitan (n=3063) %	Large Rural (n=856) %		Small Rural (n=1025) %
g) Walking inside the house	No difficulty		90.6	90.6	90.8	91.1	90.7
	Some difficulty		8.7	8.5	8.0	8.4	8.8
	Unable to do		0.8	0.9	1.2	0.5	0.6
	<i>Missing</i>	2.0					
h) Using the toilet	No difficulty		94.4	94.5	94.4	94.9	93.8
	Some difficulty		5.1	4.9	4.9	4.9	5.9
	Unable to do		0.5	0.6	0.7	0.2	0.4
	<i>Missing</i>	1.7					
i) Shopping for personal items or groceries	No difficulty		78.4	78.0	75.4	78.9	81.1
	Some difficulty		16.1	16.6	18.4	15.3	14.3
	Unable to do		5.5	5.4	6.2	5.8	4.6
	<i>Missing</i>	3.1					
j) Doing light housework (eg cleaning, washing-up)	No difficulty		82.4	82.3	80.8	82.5	84.1
	Some difficulty		14.5	14.6	15.8	14.8	12.9
	Unable to do		3.2	3.2	3.5	2.7	3.0
	<i>Missing</i>	1.8					
k) Doing heavy housework (eg vacuuming, yard work)	No difficulty		37.1	36.9	35.6	35.7	37.8
	Some difficulty		37.4	37.3	38.4	39.5	36.8
	Unable to do		25.5	25.8	26.0	24.8	25.5
	<i>Missing</i>	1.8					

	Missing weighted %	Capital				Other Rural/ Remote (n=1967) %
		Total (n=6911) weighted %	City/Other Metropolitan (n=3063) %	Large Rural (n=856) %	Small Rural (n=1025) %	
Q49 I) Managing money (eg writing cheques or keeping accounts)						
No difficulty		91.7	91.5	91.8	91.9	91.5
Some difficulty		5.8	6.0	5.8	5.0	6.1
Unable to do		2.5	2.6	2.4	3.1	2.3
<i>Missing</i>	1.6					
m) Preparing meals						
No difficulty		86.8	86.4	87.7	85.7	87.7
Some difficulty		9.6	9.9	8.8	11.2	9.2
Unable to do		3.6	3.8	3.5	3.1	3.1
<i>Missing</i>	1.7					
n) Taking medications						
No difficulty		96.1	96.0	96.0	96.0	96.1
Some difficulty		3.0	3.0	3.0	2.6	2.9
Unable to do		1.0	1.0	1.1	1.4	1.0
<i>Missing</i>	1.9					
o) Using the telephone						
No difficulty		95.4	95.4	95.2	94.8	95.2
Some difficulty		3.7	3.8	4.0	4.3	4.1
Unable to do		0.8	0.8	0.8	0.9	0.7
<i>Missing</i>	1.3					
p) Doing leisure activities or hobbies						
No difficulty		79.4	79.2	79.2	78.8	81.2
Some difficulty		15.5	15.7	15.2	15.7	14.5
Unable to do		5.1	5.1	5.6	5.5	4.3
<i>Missing</i>	1.9					

Q50	In the last month have you needed HELP FROM ANOTHER PERSON to carry out any of these activities?	Capital					Other Rural/ Remote (n=1967) %
		Missing weighted %	Total (n=6911) weighted %	City/Other Metropolitan (n=3063) %	Large Rural (n=856) %	Small Rural (n=1025) %	
a) Grooming (eg brushing hair, applying make-up)	Yes		3.8	3.8	3.3	3.8	3.7
	No		96.2	96.2	96.7	96.2	96.3
	Missing	1.4					
b) Eating (eg cutting meat, lifting glass or cup, opening milk carton)	Yes		5.2	5.2	4.5	4.2	6.1
	No		94.8	94.8	95.5	95.8	93.9
	Missing	1.6					
c) Bathing or taking a shower	Yes		5.9	6.0	5.1	5.4	6.1
	No		94.1	94.0	94.9	94.6	93.9
	Missing	1.5					
d) Dressing your upper body	Yes		4.8	4.9	4.6	4.3	5.1
	No		95.2	95.1	95.4	95.7	94.9
	Missing	1.8					
e) Dressing your lower body	Yes		4.9	4.8	4.6	5.4	4.9
	No		95.1	95.2	95.4	94.6	95.1
	Missing	2.0					
f) Getting up from a chair	Yes		11.9	11.9	12.4	13.1	11.9
	No		88.1	88.1	87.6	86.9	88.1
	Missing	1.7					
g) Walking inside the house	Yes		4.1	4.1	4.5	3.7	4.1
	No		95.9	95.9	95.5	96.3	95.9
	Missing	1.8					

Q50		Missing weighted %	Capital				Other Rural/ Remote (n=1967) %
			Total Metropolitan (n=3063) %	Large Rural (n=856) %	Small Rural (n=1025) %		
h) Using the toilet	Yes		2.9	2.8	2.4	3.1	
	No		97.1	97.2	97.6	96.9	
	Missing	1.9					
i) Shopping for personal items or groceries	Yes		20.0	20.1	17.6	16.5	
	No		80.0	79.9	82.4	83.5	
	Missing	2.6					
j) Doing light housework (eg cleaning, washing-up)	Yes		11.7	13.6	11.7	11.3	
	No		88.3	86.4	88.3	88.7	
	Missing	2.2					
k) Doing heavy housework (eg vacuuming, yard work)	Yes		56.3	59.4	58.0	54.0	
	No		43.7	40.6	42.0	46.0	
	Missing	2.3					
l) Managing money (eg writing cheques or keeping accounts)	Yes		8.4	7.4	7.6	8.0	
	No		91.6	92.6	92.4	92.0	
	Missing	1.8					
m) Preparing meals	Yes		10.8	10.6	12.4	10.6	
	No		89.2	89.4	87.6	89.4	
	Missing	1.8					
n) Taking medications	Yes		5.0	4.7	5.2	5.0	
	No		95.0	95.3	94.8	95.0	
	Missing	1.9					

	Missing weighted %	Capital				Total (n=6911) weighted %	Capital			Other Rural/ Remote (n=1967) %
		City/Other Metropolitan (n=3063) %	Large Rural (n=856) %	Small Rural (n=1025) %	City/Other Metropolitan (n=3063) %		Large Rural (n=856) %	Small Rural (n=1025) %		
Q50 o) Using the telephone										
Yes		5.1	4.8	4.9	5.1	5.3	4.8	4.9	4.7	
No		94.9	95.2	95.1	94.9	94.7	95.2	95.1	95.3	
<i>Missing</i>	1.4									
p) Doing leisure activities or hobbies										
Yes		11.0	11.5	10.1	11.0	11.2	11.5	10.1	9.7	
No		89.0	88.5	89.9	89.0	88.8	88.5	89.9	90.3	
<i>Missing</i>	2.8									
Q52 Which of the following best describes your housing situation? Do you live in:										
House		64.5	67.6	67.7	64.5	60.3	67.6	67.7	78.3	
Flat/unit/apartment/villa/t/house		22.1	18.8	21.0	22.1	24.1	18.8	21.0	13.5	
Mobile home/caravan/cabin		0.6	0.6	1.2	0.6	0.6	0.6	1.2	0.4	
Retirement Village/self care unit		10.6	10.4	8.3	10.6	12.6	10.4	8.3	5.2	
Nursing Home		0.6	0.7	0.2	0.6	0.7	0.7	0.2	0.7	
Hostel		1.1	1.3	1.0	1.1	1.3	1.3	1.0	1.2	
Other		0.4	0.5	0.7	0.4	0.5	0.5	0.7	0.5	
<i>Missing</i>	1.8									
Q53 Who lives with you?										
a) No one, I live alone										
Yes		53.1	55.9	56.7	53.1	52.0	55.9	56.7	52.6	
No		46.9	44.1	43.3	46.9	48.0	44.1	43.3	47.4	
<i>Missing</i>	0.5									
b) Spouse or partner										
Yes		35.7	34.9	34.7	35.7	35.9	34.9	34.7	38.0	
No		64.3	65.1	65.3	64.3	64.1	65.1	65.3	62.0	
<i>Missing</i>	0.5									

		Capital				Other Rural/ Remote (n=1967) %
		Total Metropolitan (n=6911) weighted %	City/Other (n=3063) %	Large Rural (n=856) %	Small Rural (n=1025) %	
Q53	c) Own children					
	Yes	7.7	8.3	6.1	5.4	6.4
	No	92.3	91.7	93.9	94.6	93.6
	<i>Missing</i>					
	d) Other family members	0.5				
	Yes	4.4	4.7	3.6	3.7	3.7
	No	95.6	95.3	96.4	96.3	96.3
	<i>Missing</i>					
	e) Non-family members	0.5				
	Yes	2.2	2.5	2.2	1.8	2.2
	No	97.8	97.5	97.8	98.2	97.8
	<i>Missing</i>					
Q54	Do you do any volunteer work for any community or social organisations? (eg fundraising, community welfare, church activities, organising groups or classes)	0.5				
	Every day	1.6	1.6	1.3	1.4	1.4
	Every week	19.0	18.1	19.2	20.1	20.9
	Every month	13.4	12.3	13.1	13.7	19.2
	<once a month	5.9	5.2	6.4	6.2	8.5
	Not at all	60.2	62.8	60.1	58.7	50.1
	<i>Missing</i>					
Q55	Which of the following are sources of income for you and your spouse or partner (if you have one)?	2.4				
	a) Age Pension					
	Yes	60.0	59.0	60.4	62.6	61.8
	No	40.0	41.0	39.6	37.4	38.2
	<i>Missing</i>					
	b) Superannuation	0.4				
	Yes	17.0	18.8	12.6	13.8	10.5
	No	83.0	81.2	87.4	86.2	89.5
	<i>Missing</i>					

Q55		Missing weighted %	Capital				Other Rural/ Remote (n=1967) %
			Total (n=6911) weighted %	City/Other Metropolitan (n=3063) %	Large Rural (n=856) %	Small Rural (n=1025) %	
c) Partner Allowance and Wife Pension	Yes		1.9	1.7	0.9	2.1	2.7
	No		98.1	98.3	99.1	97.9	97.3
	<i>Missing</i>	0.4					
d) Carer Payment or Carer Allowance	Yes		4.2	4.0	4.6	4.7	4.5
	No		95.8	96.0	95.4	95.3	95.5
	<i>Missing</i>	0.4					
e) Disability Support Pension	Yes		0.6	0.6	0.6	0.8	0.6
	No		99.4	99.4	99.4	99.2	99.4
	<i>Missing</i>	0.4					
f) Widow Allowance (including Widow B Pension)	Yes		1.0	1.2	0.6	0.8	0.9
	No		99.0	98.8	99.4	99.2	99.1
	<i>Missing</i>	0.4					
g) War Widow's Pension	Yes		15.5	15.1	18.0	18.7	15.2
	No		84.5	84.9	82.0	81.3	84.8
	<i>Missing</i>	0.4					
h) Overseas Pension	Yes		10.6	12.0	6.4	8.7	6.2
	No		89.4	88.0	93.6	91.3	93.8
	<i>Missing</i>	0.4					
i) Veteran's Service Pension	Yes		12.6	13.1	11.5	14.0	11.9
	No		87.4	86.9	88.5	86.0	88.1
	<i>Missing</i>	0.4					

Q55		Missing weighted %	Capital			Total (n=6911) weighted %	Capital			Other Rural/ Remote (n=1967) %
			City/Other Metropolitan (n=3063) %	Large Rural (n=856) %	Small Rural (n=1025) %		City/Other Metropolitan (n=3063) %	Large Rural (n=856) %	Small Rural (n=1025) %	
	j) Veteran's Disability Pension									
	Yes		4.7	4.5	4.8	4.7	4.5	4.8	5.1	4.2
	No		95.3	95.5	95.2	95.3	95.5	95.2	94.9	95.8
	Missing	0.4								
	k) Veteran's TPI									
	Yes		0.8	1.5	0.8	0.8	1.5	0.8	1.6	0.7
	No		99.2	98.5	99.2	99.2	98.5	99.2	98.4	99.3
	Missing	0.4								
	l) Income from interest, dividends or rent									
	Yes		41.7	39.6	43.2	41.7	39.6	43.2	35.6	37.1
	No		58.3	60.4	56.8	58.3	60.4	56.8	64.4	62.9
	Missing	0.4								
	m) Income from own business or partnership									
	Yes		2.4	2.8	1.5	2.4	2.8	1.5	2.7	7.0
	No		97.6	97.2	98.5	97.6	97.2	98.5	97.3	93.0
	Missing	0.4								
	n) Other Government Pension or Allowance									
	Yes		2.2	1.5	2.6	2.2	1.5	2.6	0.9	1.5
	No		97.8	98.5	97.4	97.8	98.5	97.4	99.1	98.5
	Missing	0.4								
	o) Other income									
	Yes		3.8	4.1	3.8	3.8	4.1	3.8	2.6	4.4
	No		96.2	95.9	96.2	96.2	95.9	96.2	97.4	95.6
	Missing	0.4								

		Capital				Other Rural/Remote (n=1967) %
		Total (n=6911) weighted %	City/Other Metropolitan (n=3063) %	Large Rural (n=856) %	Small Rural (n=1025) %	
Q56	How do you manage on the income you have available?					
	Impossible	0.7	0.8	0.8	1.0	0.7
	Difficult all the time	4.8	4.7	6.0	5.6	4.4
	Difficult some of the time	15.1	15.0	14.3	14.5	16.0
	Not too bad	51.4	51.6	52.8	50.3	51.2
	Easy	27.9	28.0	25.9	28.6	27.8
	<i>Missing</i>	0.7				
Q57	What is your PRESENT marital status?					
	Married	36.2	36.2	35.1	35.4	38.4
	De facto	0.3	0.2	0.1	0.8	0.5
	Widowed	55.5	55.0	58.4	57.6	55.1
	Separated	0.7	0.8	1.1	0.8	0.9
	Divorced	4.0	4.3	2.7	3.7	2.6
	Never married	3.3	3.5	2.7	1.8	2.6
	<i>Missing</i>	0.5				
Q59	If you are married, does your husband have a Veterans' Affairs Gold Card for health services?					
	Yes	21.3	21.9	21.3	22.1	20.9
	No	30.2	30.2	28.8	29.2	31.0
	Not applicable	48.4	47.9	49.9	48.7	48.1
	<i>Missing</i>	33.0				
Q60	How many people in your local area do you feel you can depend on or feel very close to (other than members of your family)?					
	None	11.7	13.6	9.2	8.0	6.4
	1-2 people	40.2	40.8	42.8	36.5	35.7
	>2 people	48.2	45.6	48.0	55.5	57.9
	<i>Missing</i>	1.3				

		Capital				Other Rural/ Remote
		Total Metropolitan (n=6911)	City/Other Metropolitan (n=3063)	Large Rural (n=856)	Small Rural (n=1025)	
Q61	How many times during the past week did you spend time with someone who does not live with you, that is, you went to see them or they came to visit you or you went out together?	Missing weighted %	%	%	%	%
	None	6.7	6.6	7.7	5.9	6.2
	1	11.5	12.0	12.0	11.6	10.5
	2	21.2	21.2	19.0	18.5	21.2
	3	21.3	21.6	19.5	21.2	21.4
	4	15.0	15.3	13.5	16.0	14.6
	5	8.3	8.1	10.7	8.1	8.3
	6	5.1	4.8	5.9	6.6	5.3
	>7	10.9	10.4	11.7	12.0	12.4
	Missing					
			1.2			
Q62	How many times did you talk to someone, (friends, relatives or others) on the telephone in the past week (either they called you, or you called them)?	Missing weighted %	%	%	%	%
	None	1.6	1.6	1.5	1.6	1.5
	1	2.0	1.9	1.7	2.6	2.5
	2	6.3	6.2	6.6	6.1	7.6
	3	11.1	10.8	12.3	11.7	11.6
	4	15.1	14.4	16.8	16.0	17.0
	5	13.8	13.7	13.6	14.5	14.4
	6	12.9	13.0	13.2	12.8	12.7
	>7	37.3	38.4	34.4	34.7	32.8
	Missing					
			1.1			

	Capital							Other Rural/ Remote (n=1967) %
	Missing weighted %	Total Metropolitan (n=6911) weighted %	City/Other Metropolitan (n=3063) %	Large Rural (n=856) %	Small Rural (n=1025) %			
Q63	About how often did you go to meetings of clubs, religious meetings, or other groups that you belong to in the past week?							
None		35.6	36.0	35.0	36.5	32.4		
1		22.6	22.8	23.2	20.2	24.0		
2		21.8	21.3	20.4	22.1	23.6		
3		11.3	11.0	12.5	11.6	11.7		
4		4.9	5.0	5.0	5.1	4.4		
5		1.8	1.7	2.0	2.3	1.8		
6		0.8	0.7	1.0	0.9	1.0		
>7		1.3	1.4	0.8	1.4	1.0		
Missing	2.1							
Q64	The following questions are about the support you receive from other people.							
	a) How often do your children, spouse or relatives make you feel loved and cared for?							
Often		82.7	82.1	84.7	84.7	85.8		
Sometimes		14.8	15.3	13.0	12.9	12.4		
Never		2.5	2.6	2.3	2.4	1.9		
Missing	1.3							
	b) How often do your friends make you feel loved and cared for?							
Often		65.0	64.1	65.7	67.0	68.1		
Sometimes		31.4	32.0	30.5	30.1	29.4		
Never		3.6	3.9	3.8	2.9	2.5		
Missing	1.6							
	c) How often do you feel that your children, spouse or relatives listen to your worries?							
Often		58.0	57.3	59.0	56.3	61.2		
Sometimes		34.7	35.2	34.1	36.5	32.2		
Never		7.3	7.5	6.9	7.2	6.6		
Missing	2.2							

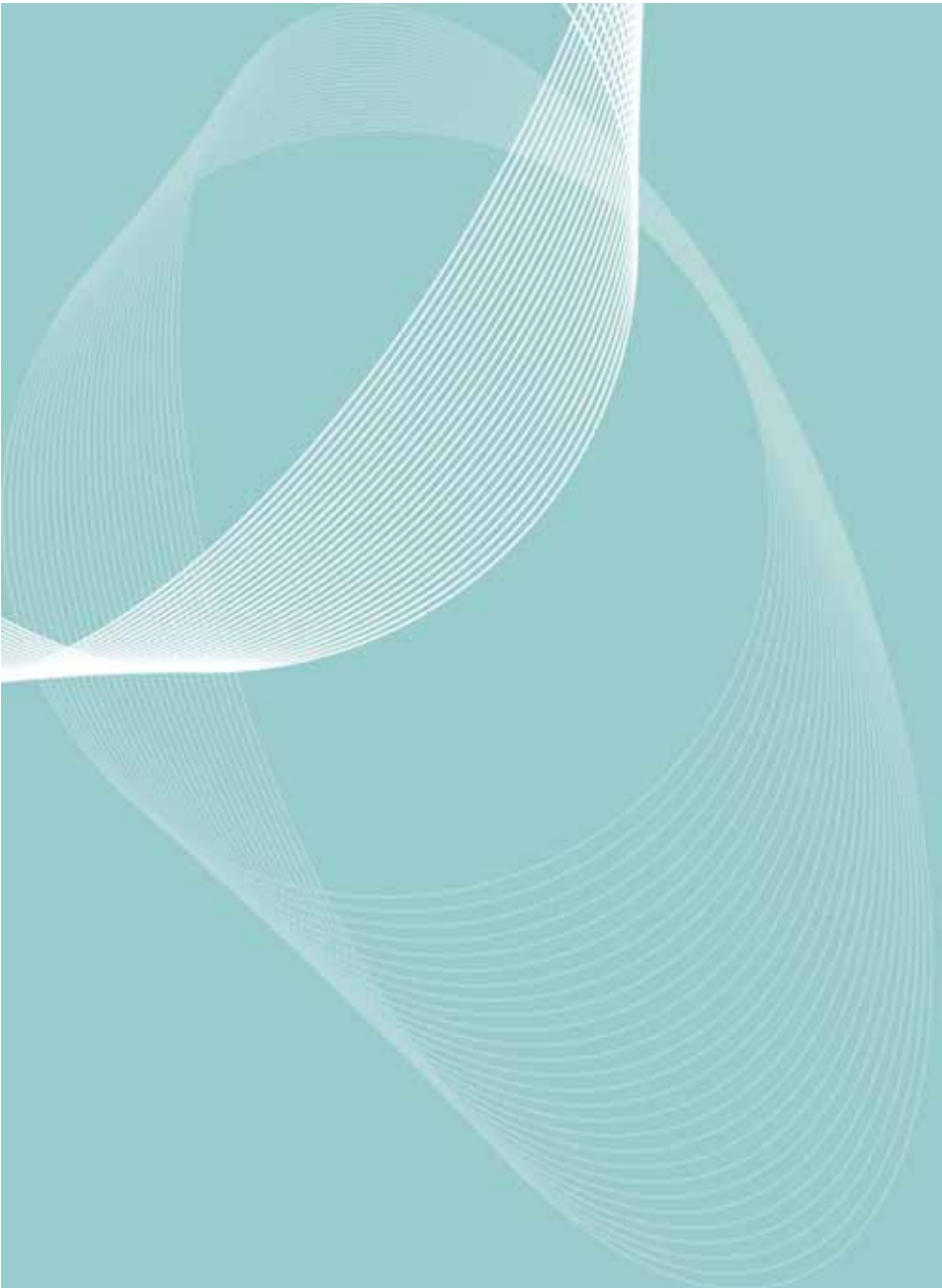
Q64		Capital						Other Rural/ Remote (n=1967) %		
		Missing weighted %	Total (n=6911) weighted %	City/Other (n=3063)		Large Rural (n=856)			Small Rural (n=1025)	
				Metropolitan %	Rural %	Rural %	Rural %			
d) How often do you feel that your friends listen to your worries?										
	Often		39.0	39.2	40.0	35.9	38.5			
	Sometimes		48.3	47.9	48.1	52.3	48.7			
	Never		12.7	12.9	12.0	11.8	12.8			
	Missing	2.7								
e) How often can you count on your children, spouse or relatives to help with daily tasks like giving you a lift, shopping or helping with household chores?										
	Often		53.8	54.2	53.9	51.9	53.5			
	Sometimes		30.3	30.9	28.9	28.5	29.1			
	Never		15.9	14.9	17.1	19.7	17.4			
	Missing	1.6								
f) How often can you count on your friends to help with daily tasks like giving you a lift, shopping or helping with household chores?										
	Often		27.0	26.0	28.1	28.6	29.9			
	Sometimes		43.9	43.9	42.8	45.0	44.6			
	Never		29.0	30.1	29.1	26.4	25.6			
	Missing	1.9								
g) How often do your children, spouse or relatives give you advice or information about medical, financial or family problems?										
	Often		31.7	31.5	32.9	32.0	31.4			
	Sometimes		44.7	44.7	44.3	44.4	47.2			
	Never		23.6	23.8	22.9	23.6	21.4			
	Missing	1.3								
h) How often do your friends give you advice or information about medical, financial or family problems?										
	Often		10.2	10.0	10.7	10.5	9.4			
	Sometimes		41.1	41.0	41.9	38.6	42.1			
	Never		48.8	49.1	47.4	50.8	48.5			
	Missing	1.2								

	Missing weighted %	Capital			Total (n=6911) weighted %	Capital			Other Rural/ Remote (n=1967) %	
		City/Other Metropolitan (n=3063) %	Large Rural (n=856) %	Small Rural (n=1025) %		City/Other Metropolitan (n=3063) %	Large Rural (n=856) %	Small Rural (n=1025) %		
Q65										
Do you regularly PROVIDE care or assistance (eg personal care, transport) to any other person because of their long-term illness, disability or frailty?										
a) Yes, for someone who lives with me										
				11.5	11.7	10.8	10.4	12.0		
Yes										
No				88.5	88.3	89.2	89.6	88.0		
Missing	3.9									
b) Yes, for someone who lives elsewhere										
				16.0	15.4	15.9	18.5	17.1		
Yes										
No				84.0	84.6	84.1	81.5	82.9		
Missing	3.9									
c) No, I do not provide care										
				73.2	73.6	74.2	71.4	71.8		
Yes										
No				26.8	26.4	25.8	28.6	28.2		
Missing	3.9									
Q66										
Do you regularly provide (unpaid) care for grandchildren or other people's children?										
				1.1	1.2	0.5	1.3	0.8		
Yes, daily										
Yes, weekly				3.4	3.5	2.4	2.7	2.8		
Yes, occasionally				28.4	28.7	28.6	24.9	27.2		
Never				67.1	66.5	68.6	71.0	69.2		
Missing	3.3									

Q67	In the past month, have you:	Missing weighted %	Capital			Other		
			Total (n=6911) weighted %	City/Other Metropolitan (n=3063) %	Large Rural (n=856) %	Small Rural (n=1025) %	Rural/ Remote (n=1967) %	
	a) Gone to the movies, theatre, concerts, lectures?							
	Yes		38.3	42.1	33.3	34.0	26.1	
	No		61.7	57.9	66.7	66.0	73.9	
	<i>Missing</i>	2.2						
	b) Gone to a sporting event?							
	Yes		12.1	10.5	13.1	15.2	17.5	
	No		87.9	89.5	86.9	84.8	82.5	
	<i>Missing</i>	2.9						
	c) Played cards, bingo, pool, or some other game?							
	Yes		37.2	37.3	35.8	39.5	35.6	
	No		62.8	62.7	64.2	60.5	64.4	
	<i>Missing</i>	1.8						
	d) Eaten out at a restaurant?							
	Yes		70.2	71.5	68.7	69.6	66.8	
	No		29.8	28.5	31.3	30.4	33.2	
	<i>Missing</i>	1.9						
	e) Attended a religious service?							
	Yes		40.3	38.7	42.1	40.5	48.6	
	No		59.7	61.3	57.9	59.5	51.4	
	<i>Missing</i>	2.0						
	f) Attended a class or course?							
	Yes		17.3	18.1	16.3	16.0	15.1	
	No		82.7	81.9	83.7	84.0	84.9	
	<i>Missing</i>	2.7						

	Missing weighted %	Capital			Total (n=6911) weighted %	Capital			Other Rural/ Remote (n=1967) %
		City/Other Metropolitan (n=3063) %	Large Rural (n=856) %	Small Rural (n=1025) %		City/Other Metropolitan (n=3063) %	Large Rural (n=856) %	Small Rural (n=1025) %	
Q68									
In the past month, what activities have you done? Have you:									
a) Taken care of houseplants or done any outdoor gardening?									
Yes				84.4	83.7	85.9	84.9	86.5	
No				15.6	16.3	14.1	15.1	13.5	
Missing	0.9								
b) Worked on a hobby or handiwork, like sewing, knitting or woodworking?									
Yes				55.1	54.2	55.9	59.1	58.3	
No				44.9	45.8	44.1	40.9	41.7	
Missing	1.2								
c) Painted pictures or played a musical instrument?									
Yes				11.0	10.5	10.6	12.3	13.9	
No				89.0	89.5	89.4	87.7	86.1	
Missing	2.3								
d) Exercised with a group (eg yoga, walking, aqua-aerobics)?									
Yes				18.4	18.9	17.2	18.0	16.4	
No				81.6	81.1	82.8	82.0	83.6	
Missing	2.2								
e) Written letters, poetry etc, read, did crosswords etc?									
Yes				82.9	82.9	81.9	85.0	82.7	
No				17.1	17.1	18.1	15.0	17.3	
Missing	1.6								
f) Done any paid work?									
Yes				1.5	1.5	1.3	1.4	1.2	
No				98.5	98.5	98.7	98.6	98.8	
Missing	2.0								

	Missing weighted %	Total (n=6911) weighted %	Capital			Other Rural/ Remote (n=1967) %
			City/Other Metropolitan (n=3063) %	Large Rural (n=856) %	Small Rural (n=1025) %	
If you filled in this survey for the participant, please answer the next two questions.						
Q70	Your relationship to participant:					
		77.5	79.3	72.7	79.8	72.5
		3.6	2.8	4.5	1.8	6.6
		19.0	18.0	22.7	18.4	20.9
	89.4					
Q71	When you filled in this survey for the participant, which of the following applied?					
		78.5	79.8	76.3	76.4	74.1
		21.5	20.2	23.8	23.6	25.9
	90.0					



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