


women's
health
australia



the australian longitudinal
study on women's health



data book
for survey 3 of the older - age cohort
2001 (75-80 years)

march 2004

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This document was prepared by Jean Ball and Penny Knight.

Notes

8646 surveys were returned and 8418 are summarised here. 228 surveys were not able to be classified with respect to area of residence in phase 3.

Data for the whole sample are presented in the "weighted total" column and split by area of residence in the other 4 columns: "Capital city/other metropolitan"; "Large rural"; "Small rural"; and "Other rural/remote". The "weighted total" column is weighted according to the area classification to account for deliberate over-sampling of women from Rural and Remote areas.

The WHA website has general information about the project (<http://www.newcastle.edu.au/centre/wha/>); the investigators and staff; publications and presentations; information for participants; and surveys. If you have any queries, please contact us at

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		Weighted Total (n=8,418) %	Capital City/ Other Metropolitan (n=3,618) %	Large Rural (n=1,023) %	Small Rural (n=1,272) %	Other Rural/ Remote (n=2,505) %
Q1	In the LAST 3 YEARS have you been diagnosed with or treated for:					
	a) High blood pressure					
	no	47.5	47.9	48.8	47.9	45.5
	yes	52.5	52.1	51.2	52.1	54.5
	<i>missing:</i>	2.0%				
	b) Arthritis					
	no	56.5	56.0	56.8	59.1	58.8
	yes	43.5	44.0	43.2	40.9	41.2
	<i>missing:</i>	2.0%				
	c) Osteoporosis					
	no	79.8	78.6	81.1	82.6	83.6
	yes	20.2	21.4	18.9	17.4	16.4
	<i>missing:</i>	2.0%				
	d) Angina					
	no	89.8	90.1	89.7	87.4	89.0
	yes	10.2	9.9	10.3	12.6	11.0
	<i>missing:</i>	2.0%				
	e) Heart attack					
	no	96.4	96.3	96.2	96.1	96.7
	yes	3.6	3.7	3.8	3.9	3.3
	<i>missing:</i>	2.0%				
	f) Other heart problems					
	no	87.2	86.6	89.5	87.6	88.9
	yes	12.8	13.4	10.5	12.4	11.1
	<i>missing:</i>	2.0%				
	g) Diabetes					
	no	89.9	90.3	89.3	88.7	88.9
	yes	10.1	9.7	10.7	11.3	11.1
	<i>missing:</i>	2.0%				

			Weighted Total (n=8,418) %	Capital City/ Other Metropolitan (n=3,618) %	Large Rural (n=1,023) %	Small Rural (n=1,272) %	Other Rural/ Remote (n=2,505) %
Q1	h) Asthma	no	90.6	90.4	90.1	92.8	90.0
		yes	9.5	9.7	9.9	7.2	10.0
		<i>missing:</i>	2.0%				
	i) Bronchitis/Emphysema	no	92.9	92.4	94.0	95.2	93.1
		yes	7.1	7.6	6.0	4.8	6.9
		<i>missing:</i>	2.0%				
	j) Stroke	no	96.6	96.6	95.3	96.8	97.5
		yes	3.4	3.4	4.7	3.2	2.5
<i>missing:</i>		2.0%					
k) Low iron level	no	93.9	93.8	93.6	94.6	94.0	
	yes	6.1	6.2	6.4	5.5	6.0	
	<i>missing:</i>	2.0%					
l) Skin cancer	no	78.0	78.3	77.1	75.3	77.8	
	yes	22.0	21.7	22.9	24.7	22.2	
	<i>missing:</i>	2.0%					
m) Other cancer	no	95.4	95.2	96.3	96.4	96.2	
	yes	4.6	4.8	3.7	3.6	3.8	
	<i>missing:</i>	2.0%					
n) Depression	no	92.5	92.4	91.8	91.7	94.6	
	yes	7.5	7.7	8.2	8.3	5.4	
	<i>missing:</i>	2.0%					
			Weighted	Capital City/ Other			Other Rural/

		Total (n=8,418) %	Metropolitan (n=3,618) %	Large Rural (n=1,023) %	Small Rural (n=1,272) %	Remote (n=2,505) %
Q1	o) Anxiety/Nervous disorder					
	no	94.3	94.3	94.6	93.3	94.7
	yes	5.8	5.7	5.4	6.7	5.3
	missing:	2.0%				
	p) Alzheimer's Disease or Dementia					
	no	98.9	98.7	99.5	98.9	99.6
	yes	1.1	1.3	0.5	1.1	0.5
	missing:	2.0%				
	q) None of these conditions					
	at least one of these	88.8	88.8	89.2	88.8	87.9
none of these	11.2	11.2	10.8	11.2	12.1	
missing:	2.0%					
Q2	In the LAST 3 YEARS have you had any of the following operations or procedures?					
	a) Eye surgery					
	no	79.2	79.4	79.0	77.3	78.0
	yes	20.9	20.7	21.0	22.7	22.0
	missing:	7.0%				
	b) Skin surgery					
	no	70.3	70.5	70.0	67.8	69.6
	yes	29.7	29.5	30.0	32.2	30.4
	missing:	7.0%				
	c) Endoscopy					
	no	79.4	78.6	80.1	82.5	82.0
	yes	20.6	21.4	19.9	17.5	18.0
	missing:	7.0%				
	d) Knee surgery or arthroscopy					
	no	94.4	94.5	94.6	93.9	94.3
	yes	5.6	5.5	5.4	6.1	5.7
missing:	7.0%					

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Q2	e) Hip surgery					
	no	96.6	96.4	97.3	96.5	96.5
	yes	3.4	3.6	2.7	3.5	3.6
	missing:	7.0%				
	f) Heart surgery					
	no	95.7	95.4	96.8	96.3	96.5
	yes	4.3	4.6	3.2	3.7	3.6
	missing:	7.0%				
	g) Repair of prolapsed vagina, bladder or bowel					
	no	95.8	96.0	96.0	94.8	95.3
yes	4.3	4.0	4.0	5.2	4.7	
missing:	7.0%					
h) Other surgery						
no	90.5	90.0	91.5	91.1	91.6	
yes	9.5	10.0	8.5	9.0	8.5	
missing:	7.0%					
i) None of these operations or procedures						
at least one of these	66.1	66.5	64.3	66.9	65.1	
none of these	33.9	33.5	35.7	33.1	34.9	
missing:	7.0%					
Q3	How many times have you consulted a family doctor or another general practitioner in the LAST 12 MONTHS?					
	None	1.1	0.9	0.8	2.0	1.6
	1 or 2 times	9.8	8.9	12.8	11.4	12.8
	3 or 4 times	25.4	23.7	27.3	28.9	30.2
	5-8 times	30.4	30.3	32.6	31.3	29.7
	9-12 times	17.6	19.1	14.7	15.1	13.1
	13-15 times	6.7	7.5	4.6	5.3	4.8
	16-19 times	2.6	2.8	2.1	2.3	2.4
	20 or more times	6.3	6.8	5.1	3.8	5.4
	missing:	1.5%				

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Q4	Have you consulted any of the following people for YOUR OWN HEALTH in the LAST 12 MONTHS?					
	a) A hospital doctor					
	no	81.0	80.6	81.6	81.6	82.1
	yes	19.0	19.4	18.4	18.4	17.9
	missing:	2.2%				
	b) A specialist doctor					
	no	49.9	46.9	57.9	56.2	59.0
	yes	50.1	53.1	42.1	43.8	41.0
	missing:	2.2%				
	c) An optician					
	no	52.3	53.1	52.2	50.8	49.9
	yes	47.7	46.9	47.8	49.2	50.1
	missing:	2.2%				
	d) A dentist					
	no	60.7	57.8	66.3	69.4	70.0
	yes	39.3	42.2	33.7	30.6	30.0
	missing:	2.2%				
	e) A physiotherapist					
	no	83.5	83.1	84.6	85.5	84.9
	yes	16.5	16.9	15.5	14.5	15.1
	missing:	2.2%				
	f) A podiatrist or chiropodist					
	no	65.8	64.5	67.2	69.3	69.5
	yes	34.2	35.5	32.8	30.7	30.5
	missing:	2.2%				

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Q4	g) An alternative health practitioner					
	no	90.0	90.9	88.4	87.8	87.6
	yes	10.0	9.2	11.6	12.3	12.4
	missing:	2.2%				
h) None of these people	at least one of these	90.7	91.6	89.3	88.1	87.8
	none of these	9.3	8.4	10.7	11.9	12.2
	missing:	2.2%				
Q5	Approximately how many days in total have you spent in hospital in the LAST 12 MONTHS?					
	None	70.7	70.7	73.1	71.5	70.0
	1-2 day	10.9	11.1	11.1	11.6	9.9
	3-7 days	8.2	8.0	6.8	7.8	9.1
	8-13 days	4.7	4.7	4.6	4.2	4.8
	14+ days	5.5	5.6	4.4	5.0	6.1
	missing:	3.0%				
Q6	Do you have Veterans' Affairs coverage for health services?					
	yes	18.7	18.0	22.4	21.9	19.1
	no	81.3	82.1	77.6	78.1	80.9
	missing:	4.4%				
Q7	Do you have private health insurance for:					
	a) Hospital cover					
	yes	49.6	52.1	49.0	37.8	42.4
	no	50.4	47.9	51.0	62.2	57.7
	missing:	4.8%				
	b) Ancillary services					
	yes	34.9	37.5	31.0	26.1	27.0
	no	65.1	62.6	69.0	73.9	73.0
	missing:	12.8%				

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Q8	During the LAST 4 WEEKS, have you used any medications that were prescribed or recommended by a doctor:					
	a) For high blood pressure					
	no	45.5	46.2	45.4	45.5	43.0
	yes	54.5	53.8	54.6	54.5	57.0
	missing:					1.7%
	b) For arthritis					
	no	69.1	68.2	70.4	71.0	71.9
	yes	30.9	31.8	29.6	29.0	28.1
	missing:					1.7%
	c) For pain					
	no	73.9	73.3	73.4	74.1	77.7
	yes	26.1	26.7	26.6	25.9	22.3
	missing:					1.7%
	d) For heart problems					
	no	80.6	80.6	81.8	79.2	80.5
	yes	19.4	19.5	18.2	20.9	19.5
	missing:					1.7%
	e) For asthma or breathing difficulties					
	no	87.8	87.7	88.5	88.9	87.5
	yes	12.2	12.3	11.5	11.1	12.5
	missing:					1.7%
	f) For osteoporosis					
	no	82.3	80.8	84.8	86.7	86.6
	yes	17.7	19.2	15.2	13.3	13.4
	missing:					1.7%

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Q8	g) For nerves/anxiety/worries					
	no	93.1	93.1	93.3	91.6	93.6
	yes	6.9	6.9	6.7	8.4	6.4
	<i>missing:</i>	1.7%				
	h) To help you sleep					
	no	81.1	80.7	80.5	81.1	83.4
	yes	18.9	19.3	19.5	18.9	16.6
	<i>missing:</i>	1.7%				
	i) For tiredness/fatigue					
	no	97.7	97.6	98.1	97.4	98.0
yes	2.3	2.4	1.9	2.6	2.0	
<i>missing:</i>	1.7%					
j) For depression						
no	95.3	95.3	94.6	94.2	96.2	
yes	4.7	4.7	5.4	5.8	3.8	
<i>missing:</i>	1.7%					
k) For digestive/bowel problems						
no	81.9	81.5	82.7	83.4	83.9	
yes	18.1	18.5	17.3	16.6	16.1	
<i>missing:</i>	1.7%					
l) For skin problems						
no	93.3	92.9	94.5	93.2	93.8	
yes	6.8	7.1	5.5	6.8	6.2	
<i>missing:</i>	1.7%					
m) For diabetes						
no	92.9	93.2	92.9	92.2	92.0	
yes	7.1	6.8	7.1	7.8	8.1	
<i>missing:</i>	1.7%					

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Q8	n) For any other chronic (long-term) illness or condition					
	no	87.5	87.1	88.8	89.1	89.1
	yes	12.5	12.9	11.2	10.9	10.9
	missing:	1.7%				
	o) None of the above					
	at least one of these	89.4	89.9	89.9	86.7	87.8
	none of these	10.6	10.1	10.1	13.3	12.2
	missing:	1.7%				
Q9	How many different types of medication that were prescribed or recommended by a doctor have you used during the LAST 4 WEEKS?					
	None	9.1	8.6	9.7	11.1	10.7
	1 or 2	30.6	30.9	30.5	29.3	29.6
	3 or 4	30.7	30.1	31.8	30.3	32.4
	5 to 8	21.8	22.6	20.6	22.4	20.2
	9 to 12	4.2	4.4	4.4	3.3	3.2
	more than 12	3.6	3.5	3.1	3.7	3.8
	missing:	1.3%				
Q10	Are you CURRENTLY taking Hormone Replacement Therapy?					
	yes	10.3	10.9	9.0	10.3	7.9
	no	89.7	89.1	91.0	89.7	92.1
	missing:	5.5%				
Q12	Thinking about YOUR OWN HEALTH CARE now, how would you rate the following?					
	a) Access to medical specialists if you need them					
	excellent	23.3	25.5	22.6	15.3	16.6
	very good	36.0	37.3	33.7	34.7	32.0
	good	27.3	25.6	30.6	31.9	30.9
	fair	7.4	5.9	7.2	11.7	13.6
	poor	1.8	1.2	1.8	2.9	4.1
	don't know	4.2	4.6	4.3	3.6	2.8
	missing:	5.7%				

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Q12	b) Access to a hospital					
	excellent	23.8	23.5	25.4	20.8	25.7
	very good	33.3	32.9	35.0	35.8	33.2
	good	27.6	26.8	27.8	32.4	30.1
	fair	6.6	6.7	4.8	5.6	6.8
	poor	1.9	1.9	2.5	2.0	1.7
	don't know	6.9	8.2	4.6	3.4	2.4
	<i>missing:</i>	7.0%				
	c) Access to a GP who bulk bills					
	excellent	37.8	40.7	31.7	29.8	29.3
	very good	26.1	27.2	23.9	25.3	23.2
	good	16.5	15.9	15.1	17.8	18.8
	fair	2.9	2.7	3.2	3.4	3.6
	poor	7.4	4.8	13.9	13.6	13.5
	don't know	9.3	8.7	12.2	10.2	11.6
	<i>missing:</i>	12.4%				
	d) Hours when a GP is available					
	excellent	16.1	16.5	17.3	14.2	14.7
	very good	35.3	36.9	34.2	33.0	30.7
	good	34.2	33.7	32.8	35.6	35.3
	fair	9.9	8.8	11.3	11.2	12.9
	poor	2.1	1.8	1.2	2.7	3.5
	don't know	2.5	2.4	3.1	3.3	3.0
	<i>missing:</i>	9.6%				

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Q12	e) Number of GPs you have to choose from					
	excellent	16.2	16.6	17.1	15.2	14.5
	very good	34.1	35.2	33.9	33.1	30.4
	good	30.5	30.5	27.9	30.3	31.4
	fair	8.4	7.5	7.4	10.2	11.3
	poor	3.2	2.1	3.9	2.7	7.9
	don't know	7.7	8.1	9.8	8.7	4.6
	<i>missing:</i>	12.0%				
	f) Ease of seeing the GP of your choice					
	excellent	28.3	30.3	27.6	22.2	20.2
	very good	33.4	34.2	35.8	33.5	31.6
	good	27.8	27.4	25.8	30.6	28.3
	fair	7.1	5.3	7.5	9.7	13.6
	poor	2.5	1.8	2.9	3.2	5.4
	don't know	0.8	0.9	0.3	0.9	1.0
	<i>missing:</i>	7.6%				
	g) Access to a female GP					
	excellent	17.6	19.2	17.4	11.2	13.4
	very good	24.2	25.6	26.3	22.4	18.3
	good	24.1	23.8	23.3	25.1	24.6
	fair	7.3	5.8	8.3	11.3	12.4
	poor	6.4	4.6	4.3	7.6	15.3
	don't know	20.3	21.1	20.4	22.4	16.2
	<i>missing:</i>	14.8%				

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Q12	h) How long you wait to get a GP appointment					
	excellent	21.0	23.1	19.3	15.4	14.1
	very good	36.5	37.6	38.6	34.3	32.3
	good	28.8	28.1	28.0	32.0	31.2
	fair	10.1	8.3	11.5	13.4	16.2
	poor	2.5	1.8	1.9	4.3	4.8
	don't know	1.1	1.2	0.8	0.6	1.3
	<i>missing:</i>	7.3%				
	i) Access to after-hours medical care					
	excellent	9.1	9.1	12.0	7.6	8.6
	very good	18.5	17.6	23.9	18.6	20.3
	good	22.9	22.2	22.0	22.8	26.2
	fair	13.0	12.4	12.6	14.7	14.7
	poor	8.9	8.4	6.0	10.1	10.7
	don't know	27.7	30.3	23.5	26.3	19.5
	<i>missing:</i>	8.4%				
Q13	How would you rate the cost to you of your LAST visit to a general practitioner?					
	no cost to me	72.8	77.9	61.5	62.3	59.4
	excellent	3.4	3.1	3.6	3.9	4.8
	very Good	6.6	5.5	8.8	8.7	9.8
	good	9.1	7.4	13.1	11.2	14.0
	fair	6.8	5.1	11.9	12.2	10.1
	poor	1.3	1.0	1.3	1.8	1.9
	<i>missing:</i>	1.6%				
Q14	Do you have any of these sleeping problems?					
	a) Waking up in the early hours of the morning					
	no	52.4	52.1	52.9	52.3	53.2
	yes	47.6	47.9	47.1	47.7	46.8
	<i>missing:</i>	1.7%				

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Q14	b) Lying awake for most of the night					
	no	90.9	90.9	90.5	90.6	91.2
	yes	9.1	9.1	9.5	9.4	8.8
	missing:	1.7%				
	c) Taking a long time to get to sleep					
	no	72.6	72.3	72.4	72.7	72.6
	yes	27.4	27.7	27.6	27.3	27.4
missing:	1.7%					
Q14	d) Worry keeping you awake at night					
	no	89.8	89.5	89.1	90.6	91.0
	yes	10.3	10.5	10.9	9.4	9.0
	missing:	1.7%				
Q14	e) Sleeping badly at night					
	no	79.4	79.4	80.2	80.8	80.1
	yes	20.6	20.6	19.8	19.2	19.9
	missing:	1.7%				
Q14	f) None of these problems					
	at least one of these	68.2	68.4	68.1	69.3	67.0
	none of these	31.8	31.7	32.0	30.7	33.0
	missing:	1.7%				
Q15	In the LAST 12 MONTHS, have you:					
	a) Slipped, tripped or stumbled					
	no	69.3	68.6	69.7	71.5	70.3
	yes	30.7	31.4	30.3	28.6	29.8
missing:	5.5%					

		Weighted Total (n=8,418) %	Capital City/ Other Metropolitan (n=3,618) %	Large Rural (n=1,023) %	Small Rural (n=1,272) %	Other Rural/ Remote (n=2,505) %	
Q15	b) Had a fall to the ground						
		no	81.7	81.0	82.0	83.6	82.9
		yes	18.3	19.0	18.0	16.4	17.1
		missing:					
			5.5%				
	c) Been injured as a result of a fall						
		no	87.0	86.6	87.5	88.2	88.3
		yes	13.0	13.4	12.5	11.9	11.7
		missing:					
			5.5%				
d) Needed to seek medical attention for an injury from a fall							
	no	87.3	86.7	88.1	88.0	89.2	
	yes	12.7	13.3	11.9	12.0	10.9	
	missing:						
		5.5%					
e) Had any other injury from an accident at your home							
	no	89.6	89.5	90.9	88.7	89.5	
	yes	10.4	10.5	9.1	11.4	10.5	
	missing:						
		5.5%					
f) Broken or fractured any bone/s							
	no	94.2	93.9	95.2	95.0	95.1	
	yes	5.8	6.1	4.8	5.0	4.9	
	missing:						
		5.5%					
g) None of these accidents							
	at least one of these	45.2	45.9	45.3	43.8	44.1	
	none of these	54.8	54.1	54.7	56.2	55.9	
	missing:						
		5.5%					
Q16	Do you have:						
	a) Difficulty seeing newspaper print, even with glasses						
		no	82.6	82.0	83.2	83.6	84.3
		yes	17.5	18.0	16.8	16.4	15.8
	missing:						
		4.4%					

		Weighted Total (n=8,418) %	Capital City/ Other Metropolitan (n=3,618) %	Large Rural (n=1,023) %	Small Rural (n=1,272) %	Other Rural/ Remote (n=2,505) %
Q16	b) Difficulty in hearing a conversation, even with a hearing aid					
	no	86.9	87.2	84.8	87.0	86.3
	yes	13.1	12.8	15.2	13.0	13.7
	missing:	4.4%				
	c) Difficulty shopping for food					
	no	92.0	91.6	91.3	92.2	93.4
	yes	8.1	8.4	8.7	7.8	6.6
	missing:	4.4%				
	d) Difficulty in cooking and/or feeding yourself					
	no	95.7	95.6	95.9	95.0	96.7
	yes	4.3	4.4	4.2	5.0	3.3
	missing:	4.4%				
	e) None of the above					
	at least one of these	30.4	30.5	32.3	29.9	29.2
	none of these	69.6	69.5	67.7	70.1	70.8
missing:	4.4%					
Q17	This question is about events you may have experienced in the LAST THREE YEARS.					
	a) Major personal illness or injury					
	no	83.2	82.4	86.1	84.9	85.0
	yes	16.8	17.6	13.9	15.1	15.0
	missing:	2.2%				
	b) Major surgery (not including dental work)					
	no	83.1	82.5	86.1	84.8	84.4
yes	16.9	17.5	13.9	15.2	15.6	
missing:	2.2%					

		Weighted Total (n=8,418) %	Capital City/ Other Metropolitan (n=3,618) %	Large Rural (n=1,023) %	Small Rural (n=1,272) %	Other Rural/ Remote (n=2,505) %
Q17	c) Major decline in health of spouse or partner					
	no	83.1	83.4	81.3	81.9	82.8
	yes	16.9	16.6	18.8	18.1	17.3
	<i>missing:</i>	2.2%				
	d) Death of spouse or partner					
	no	90.9	91.0	89.9	90.3	90.2
	yes	9.1	9.0	10.1	9.7	9.8
	<i>missing:</i>	2.2%				
	e) Major decline in health of other close family member or friend					
no	77.8	77.9	77.3	78.8	79.0	
yes	22.2	22.1	22.7	21.2	21.0	
<i>missing:</i>	2.2%					
f) Death of other close family member or friend						
no	70.4	70.9	68.0	68.6	70.8	
yes	29.6	29.2	32.0	31.4	29.2	
<i>missing:</i>	2.2%					
g) Death of your child						
no	98.1	98.1	98.4	98.1	98.0	
yes	1.9	1.9	1.6	1.9	2.0	
<i>missing:</i>	2.2%					
h) Decreased income						
no	90.7	90.8	90.3	90.6	90.6	
yes	9.3	9.2	9.7	9.4	9.4	
<i>missing:</i>	2.2%					
i) Moving house						
no	90.2	88.2	89.5	88.9	91.6	
yes	9.8	11.8	10.5	11.1	8.4	
<i>missing:</i>	2.2%					

		Weighted Total (n=8,418) %	Capital City/ Other Metropolitan (n=3,618) %	Large Rural (n=1,023) %	Small Rural (n=1,272) %	Other Rural/ Remote (n=2,505) %
Q17	j) Being robbed					
	no	95.5	94.8	96.5	96.3	97.8
	yes	4.5	5.2	3.5	3.7	2.2
	<i>missing:</i>	2.2%				
	k) Moving into hostel/institution					
	no	98.9	98.6	98.0	99.0	99.4
	yes	1.1	1.4	2.0	1.0	0.6
	<i>missing:</i>	2.2%				
	l) Spouse/partner moving into hostel/institution					
	no	98.6	98.6	98.9	98.7	98.6
	yes	1.4	1.4	1.1	1.3	1.4
	<i>missing:</i>	2.2%				
	m) None of these events					
	at least one of these	72.5	73.3	73.1	74.7	69.3
	none of these	27.5	26.7	26.9	25.3	30.7
	<i>missing:</i>	2.2%				
Sum Life events		Weighted Total (n=8,418)	Capital City/ Other Metropolitan (n=3,618)	Large Rural (n=1,023)	Small Rural (n=1,272)	Other Rural/ Remote (n=2,505)
	Mean	1.4	1.4	1.4	1.4	1.3
	Standard Error	0.0	0.0	0.0	0.0	0.0

		Weighted Total (n=8,418) %	Capital City/ Other Metropolitan (n=3,618) %	Large Rural (n=1,023) %	Small Rural (n=1,272) %	Other Rural/ Remote (n=2,505) %
Q18	aa) In the LAST 12 MONTHS have you had stiff or painful joints?					
	never	30.7	30.1	30.5	32.0	33.4
	rarely	8.6	8.9	8.7	8.4	7.0
	sometimes	32.2	32.7	32.6	30.7	31.3
	often	28.5	28.2	28.2	28.9	28.4
	missing:	3.7%				
	ba) Did you seek help for stiff or painful joints?					
	did not seek help	43.4	43.5	43.2	42.4	43.2
	sought help	26.2	26.6	26.6	26.1	23.8
	did not have symptom	30.4	29.9	30.2	31.5	33.0
	missing:	3.6%				
	ab) In the LAST 12 MONTHS have you had back pain?					
	never	37.0	36.2	39.0	41.0	39.3
	rarely	8.9	9.1	7.6	8.3	8.2
	sometimes	29.6	30.0	28.0	27.4	29.1
	often	24.5	24.7	25.4	23.3	23.4
	missing:	3.7%				
	bb) Did you seek help for back pain?					
	did not seek help	40.7	40.9	38.5	39.1	40.8
	sought help	22.6	23.2	23.1	20.4	20.4
	did not have symptom	36.7	35.9	38.5	40.5	38.9
	missing:	3.6%				
	Ac) In the LAST 12 MONTHS have you had problems with one or both feet?					
	never	56.5	55.7	58.6	57.5	57.5
	rarely	6.7	6.8	5.9	6.1	6.5
	sometimes	19.5	19.9	18.0	18.3	18.9
	often	17.4	17.6	17.6	18.1	17.2
	missing:	4.8%				

		Weighted Total (n=8,418) %	Capital City/ Other Metropolitan (n=3,618) %	Large Rural (n=1,023) %	Small Rural (n=1,272) %	Other Rural/ Remote (n=2,505) %	
Q18	bc) Did you seek help for problems with one or both feet?						
		did not seek help	27.0	27.1	26.6	26.7	26.9
		sought help	17.0	17.7	15.3	16.1	16.1
		did not have symptom	56.0	55.2	58.1	57.2	57.0
		<i>missing:</i>	4.7%				
	ad) In the LAST 12 MONTHS have you had allergies, hay fever, sinusitis?						
		never	68.4	67.7	67.4	71.8	71.3
		rarely	6.3	6.7	5.0	5.0	5.1
		sometimes	16.2	16.5	17.1	14.8	14.9
		often	9.2	9.1	10.4	8.5	8.8
		<i>missing:</i>	5.2%				
	bd) Did you seek help for allergies, hay fever, sinusitis?						
		did not seek help	22.2	22.7	23.0	19.6	20.4
		sought help	9.6	9.7	9.7	9.1	8.5
		did not have symptom	68.2	67.5	67.3	71.4	71.1
	<i>missing:</i>	5.2%					
ae) In the LAST 12 MONTHS have you had skin problems?							
	never	70.0	69.0	71.3	71.6	72.5	
	rarely	7.8	8.0	7.7	6.6	7.1	
	sometimes	15.0	15.6	14.1	13.6	13.5	
	often	7.2	7.4	6.9	8.1	7.0	
	<i>missing:</i>	5.6%					
be) Did you seek help for skin problems?							
	did not seek help	15.3	15.5	14.5	13.8	15.3	
	sought help	15.1	15.8	14.7	14.8	12.4	
	did not have symptom	69.7	68.7	70.8	71.4	72.2	
	<i>missing:</i>	5.5%					

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Q18	af) In the LAST 12 MONTHS have you had breathing difficulty?					
	never	75.3	74.4	78.6	74.9	77.6
	rarely	6.1	6.3	4.8	5.8	5.3
	sometimes	12.1	12.6	11.3	11.9	10.9
	often	6.6	6.8	5.3	7.4	6.2
	<i>missing:</i>	5.3%				
	bf) Did you seek help for breathing difficulty?					
	did not seek help	14.5	14.8	13.3	14.9	13.6
	sought help	10.4	11.0	8.5	10.4	9.0
	did not have symptom	75.1	74.3	78.2	74.7	77.4
	<i>missing:</i>	5.3%				
	ag) In the LAST 12 MONTHS did you have indigestion/heartburn?					
	never	63.7	62.9	64.5	66.1	66.8
	rarely	9.8	10.0	9.6	9.7	8.9
	sometimes	17.8	18.3	17.7	15.3	16.6
	often	8.7	8.8	8.2	8.9	7.7
	<i>missing:</i>	4.7%				
	bg) Did you seek help for indigestion/heartburn?					
	did not seek help	25.5	25.9	24.7	23.8	24.0
	sought help	11.0	11.3	11.1	10.2	9.4
	did not have symptom	63.5	62.7	64.3	66.0	66.6
	<i>missing:</i>	4.7%				
	ah) In the LAST 12 MONTHS did you have chest pain?					
	never	83.5	83.7	84.8	82.2	83.2
	rarely	6.3	6.2	5.8	6.5	6.7
	sometimes	8.0	8.0	7.5	8.3	7.5
	often	2.2	2.1	2.0	2.9	2.6
	<i>missing:</i>	5.7%				

		Weighted Total (n=8,418) %	Capital City/ Other Metropolitan (n=3,618) %	Large Rural (n=1,023) %	Small Rural (n=1,272) %	Other Rural/ Remote (n=2,505) %
Q18	bh) Did you seek help for chest pain?					
	did not seek help	9.7	9.7	9.1	9.4	10.2
	sought help	7.0	6.9	6.4	8.8	6.7
	did not have symptom	83.3	83.5	84.5	81.8	83.2
	<i>missing:</i>	5.6%				
	ai) In the LAST 12 MONTHS did you have heachaches/migraines?					
	never	67.2	66.4	68.1	68.6	69.6
	rarely	13.1	13.5	12.1	12.4	12.2
	sometimes	14.9	15.2	14.1	14.0	14.1
	often	4.8	4.9	5.7	5.1	4.1
	<i>missing:</i>	4.9%				
	bi) Did you seek help for headaches/migraines?					
	did not seek help	27.8	28.4	27.9	25.4	26.3
	sought help	5.2	5.3	4.1	6.3	4.2
	did not have symptom	67.1	66.3	68.1	68.3	69.5
	<i>missing:</i>	4.8%				
	aj) In the LAST 12 MONTHS did you have severe tiredness?					
	never	57.6	57.2	57.1	58.8	60.0
	rarely	8.9	9.0	8.8	8.3	8.2
	sometimes	21.4	21.7	22.1	20.0	20.3
	often	12.0	12.1	12.0	13.0	11.5
	<i>missing:</i>	4.2%				
	bj) Did you seek help for severe tiredness?					
	did not seek help	35.2	35.6	36.0	33.1	33.5
	sought help	7.3	7.3	7.3	8.4	6.6
	did not have symptom	57.5	57.1	56.8	58.5	59.9
	<i>missing:</i>	4.2%				

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Q18	ak) In the LAST 12 MONTHS did you have urine that burns or stings?					
	never	84.5	85.1	81.7	83.5	84.3
	rarely	6.2	6.0	7.0	6.4	6.2
	sometimes	7.4	7.2	8.0	8.0	7.3
	often	1.9	1.7	3.2	2.1	2.2
	missing:	5.0%				
	bk) Did you seek help for urine that burns or stings?					
	did not seek help	9.8	9.4	11.2	10.0	9.8
	sought help	5.9	5.6	7.5	6.6	6.1
	did not have symptom	84.3	84.9	81.3	83.4	84.2
	missing:	4.9%				
	al) In the LAST 12 MONTHS did you pass urine more than twice during the night?					
	never	54.5	54.4	56.1	54.1	54.5
	rarely	10.1	10.5	9.5	9.3	9.1
	sometimes	17.8	18.0	16.0	17.0	19.2
often	17.6	17.1	18.4	19.6	17.2	
missing:	3.1%					
bl) Did you seek help for passing urine more than twice during the night?						
did not seek help	39.3	39.8	36.2	39.5	39.2	
sought help	6.3	5.9	8.2	6.6	6.4	
did not have symptom	54.4	54.3	55.7	53.9	54.4	
missing:	3.1%					
am) In the LAST 12 MONTHS did you need to rush to the toilet to pass urine?						
never	58.0	58.5	58.0	57.8	58.3	
rarely	9.8	10.1	9.1	8.4	8.5	
sometimes	20.6	20.7	20.2	20.4	20.7	
often	11.6	10.8	12.7	13.4	12.6	
missing:	3.6%					

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Q18	bm) Did you seek help for having to rush to the toilet to pass urine?					
	did not seek help	37.3	37.1	36.1	36.9	37.7
	sought help	4.8	4.5	6.2	5.4	4.1
	did not have symptom	57.9	58.4	57.7	57.7	58.2
	<i>missing:</i>	3.6%				
	an) In the LAST 12 MONTHS did you have leaking urine?					
	never	72.5	72.5	73.1	71.8	73.2
	rarely	8.1	8.3	8.0	7.4	7.8
	sometimes	12.6	12.9	11.7	12.3	12.1
	often	6.8	6.3	7.2	8.6	6.9
	<i>missing:</i>	4.3%				
	bn) Did you seek help for leaking urine?					
	did not seek help	23.5	23.8	22.4	23.4	22.9
	sought help	4.1	3.8	4.5	4.9	3.9
	did not have symptom	72.5	72.4	73.1	71.7	73.2
	<i>missing:</i>	4.2%				
	ao) In the LAST 12 MONTHS did you have constipation?					
	never	65.4	64.9	66.2	66.4	67.1
	rarely	11.2	11.8	9.5	10.6	10.2
	sometimes	15.2	15.3	15.4	13.9	15.1
	often	8.2	8.1	9.0	9.1	7.6
	<i>missing:</i>	3.7%				
	bo) Did you seek help for constipation?					
	did not seek help	29.2	29.6	28.6	28.1	28.2
	sought help	5.5	5.6	5.4	5.6	4.7
	did not have symptom	65.4	64.8	66.0	66.3	67.0
	<i>missing:</i>	3.7%				

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Q18	ap) In the LAST 12 MONTHS did you have haemorrhoids?					
	never	83.9	83.7	84.7	83.7	84.3
	rarely	5.2	5.4	4.5	5.9	5.1
	sometimes	7.6	7.7	7.6	6.6	7.7
	often	3.3	3.2	3.2	3.8	2.9
	<i>missing:</i>	4.9%				
	bp) Did you seek help for haemorrhoids?					
	did not seek help	13.7	13.9	13.3	13.4	13.7
	sought help	2.5	2.4	2.3	3.0	2.2
	did not have symptom	83.8	83.7	84.5	83.7	84.2
	<i>missing:</i>	4.8%				
	aq) In the LAST 12 MONTHS did you have other bowel problems?					
	never	85.3	84.8	86.2	85.7	87.6
	rarely	4.3	4.4	4.1	4.2	3.8
	sometimes	6.6	7.0	6.1	6.0	5.3
	often	3.9	3.8	3.7	4.1	3.4
	<i>missing:</i>	5.5%				
	bq) Did you seek help for other bowel problems?					
	did not seek help	9.5	9.9	9.0	9.5	7.4
	sought help	5.5	5.6	4.8	5.4	5.2
	did not have symptom	85.0	84.5	86.2	85.1	87.4
	<i>missing:</i>	5.4%				
	ar) In the LAST 12 MONTHS did you have poor memory?					
	never	54.7	54.5	52.4	53.5	56.5
	rarely	11.9	12.4	11.3	10.4	10.1
	sometimes	25.9	25.5	28.3	27.0	26.6
	often	7.6	7.6	7.9	9.1	6.9
	<i>missing:</i>	3.6%				

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Q18	br) Did you seek help for poor memory?					
	did not seek help	43.3	43.4	45.5	44.2	42.2
	sought help	2.2	2.2	2.3	2.6	1.4
	did not have symptom	54.6	54.4	52.3	53.3	56.5
	<i>missing:</i>	3.6%				
	as) In the LAST 12 MONTHS did you suffer from clumsiness?					
	never	76.0	75.6	75.4	77.7	76.9
	rarely	10.9	11.1	11.1	9.5	10.3
	sometimes	11.0	11.1	11.6	10.9	10.7
	often	2.1	2.3	1.9	1.9	2.1
	<i>missing:</i>	4.7%				
	bs) Did you seek help for clumsiness?					
	did not seek help	23.3	23.6	23.7	21.7	22.5
	sought help	0.8	0.8	0.8	0.8	0.6
	did not have symptom	75.9	75.5	75.4	77.5	76.9
	<i>missing:</i>	4.7%				
	at) In the LAST 12 MONTHS did you suffer from dizziness/loss of balance?					
	never	65.8	65.3	64.1	66.0	69.0
	rarely	11.4	11.4	12.1	11.6	10.9
	sometimes	16.9	17.2	18.1	15.8	15.3
	often	6.0	6.2	5.7	6.6	4.9
	<i>missing:</i>	3.8%				
	bt) Did you seek help for dizziness/loss of balance?					
	did not seek help	24.6	24.8	25.8	24.0	23.5
	sought help	9.9	10.1	10.1	10.3	7.7
	did not have symptom	65.6	65.1	64.1	65.7	68.8
	<i>missing:</i>	3.8%				

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Q18	au) In the LAST 12 MONTHS did you have anxiety/panic attacks?					
	never	84.0	83.6	83.6	85.7	85.4
	rarely	7.3	7.4	7.2	6.7	7.3
	sometimes	7.0	7.1	7.1	6.0	5.9
	often	1.8	1.9	2.1	1.6	1.4
	<i>missing:</i>	4.4%				
	bu) Did you seek help for anxiety/panic attacks?					
	did not seek help	13.0	13.3	12.8	11.6	12.3
	sought help	3.2	3.3	3.6	2.9	2.3
	did not have symptom	83.9	83.5	83.6	85.5	85.4
	<i>missing:</i>	4.3%				
	Total number of symptoms					
	0 symptoms	6.6	6.5	7.2	6.1	6.4
	1 symptom	9.7	9.4	9.1	9.8	11.2
	2 symptoms	11.3	10.9	12.5	12.2	12.8
	3 symptoms	11.8	11.7	11.3	12.7	11.8
	4 symptoms	10.8	10.8	10.3	10.9	10.7
	5 symptoms	10.3	10.7	10.0	10.1	9.5
	6 symptoms	8.9	9.0	9.1	7.8	8.1
	7 symptoms	7.6	7.9	6.5	8.3	7.1
	8 symptoms	5.8	5.8	6.5	5.7	5.7
	9 symptoms	5.1	5.3	5.2	4.6	4.5
	10 symptoms	4.0	3.9	4.6	3.8	4.0
	11 symptoms	2.9	2.9	2.4	2.5	3.0
	12 symptoms	1.7	1.7	2.1	2.1	2.1
	13 symptoms	1.4	1.4	1.4	1.5	1.0
	14 symptoms	0.9	0.9	1.3	0.6	1.0
	15 symptoms	0.7	0.7	0.3	0.9	0.6
	16 symptoms	0.2	0.2	0.1	0.3	0.3
	17 symptoms	0.2	0.3	0.3	0.0	0.1
	18 symptoms	0.1	0.1	0.0	0.0	0.2
	20 symptoms	0.0	0.0	0.0	0.0	0.0
	21 symptoms	0.0	0.0	0.0	0.0	0.0

		Weighted Total (n=8,418)	Capital City/ Other Metropolitan (n=3,618)	Large Rural (n=1,023)	Small Rural (n=1,272)	Other Rural/ Remote (n=2,505)
SF36 Mental Health Index	Mean	78.5	78.3	78.6	78.5	79.9
	Standard Error	0.2	0.3	0.5	0.5	0.3
SF36 Role-Emotional	Mean	76.3	76.6	74.9	74.6	76.5
	Standard Error	0.4	0.6	1.2	1.1	0.7
SF36 Social Functioning	Mean	78.6	78.4	77.8	78.0	79.6
	Standard Error	0.3	0.5	0.9	0.8	0.5
SF36 Vitality	Mean	56.6	56.5	55.7	55.7	57.5
	Standard Error	0.2	0.4	0.7	0.6	0.4
SF36 General Health Perceptions	Mean	65.7	65.5	66.1	65.4	67.0
	Standard Error	0.2	0.4	0.7	0.6	0.4
SF36 Pain Index	Mean	62.4	62.4	61.6	61.0	63.0
	Standard Error	0.3	0.4	0.8	0.8	0.5
SF36 Role-Physical	Mean	50.0	50.3	48.9	47.6	50.5
	Standard Error	0.5	0.7	1.3	1.2	0.8
SF36 Physical Functioning	Mean	58.3	58.6	57.3	56.7	58.0
	Standard Error	0.3	0.5	0.9	0.8	0.6
Physical Component Scale – WHA Old	Mean	48.0	48.0	47.5	47.3	47.9
	Standard Error	0.1	0.2	0.4	0.3	0.2

		Weighted Total (n=8,418)	Capital City/ Other Metropolitan (n=3,618)	Large Rural (n=1,023)	Small Rural (n=1,272)	Other Rural/ Remote (n=2,505)
Mental Component Scale – WHA Old						
	Mean	51.4	51.3	51.3	51.3	51.9
	Standard Error	0.1	0.2	0.3	0.3	0.2
		Weighted Total (n=8,418)	Capital City/ Other Metropolitan (n=3,618)	Large Rural (n=1,023)	Small Rural (n=1,272)	Other Rural/ Remote (n=2,505)
		%	%	%	%	%
Q19	In general, would you say your health is					
	Excellent	4.9	4.5	5.5	4.6	5.8
	Very good	27.4	27.8	28.6	25.4	26.1
	Good	41.5	41.7	37.1	42.3	42.6
	Fair	22.8	22.7	24.6	23.9	22.5
	Poor	3.4	3.3	4.1	3.7	3.1
	<i>missing:</i>		0.7%			
Q20	Compared to one year ago, how would you rate your health in general now					
	Much better	5.0	5.0	4.9	4.6	5.2
	Somewhat better	7.0	6.8	7.8	7.0	6.9
	About the same	63.9	63.2	65.5	64.8	66.1
	Somewhat worse	21.0	21.9	18.8	20.9	18.9
	Much worse	3.0	3.1	3.1	2.7	3.0
	<i>missing:</i>		0.7%			
Q21	The following questions are about activities you might do during a typical day. Does YOUR HEALTH NOW LIMIT YOU in these activities? If so, how much?					
	a) Vigorous activities					
	Limited a lot	70.1	70.0	69.9	72.3	70.3
	Limited a little	24.4	24.5	24.3	22.5	24.7
	Not limited	5.6	5.5	5.8	5.2	5.0
	<i>missing:</i>		10.2%			

		Weighted Total (n=8,418) %	Capital City/ Other Metropolitan (n=3,618) %	Large Rural (n=1,023) %	Small Rural (n=1,272) %	Other Rural/ Remote (n=2,505) %	
Q21	b) Moderate activities						
	Limited a lot	25.1	25.0	26.0	27.0	25.2	
	Limited a little	38.3	38.7	38.3	37.9	38.0	
	Not limited	36.6	36.4	35.7	35.1	36.8	
	<i>missing:</i>	5.7%					
	c) Lifting or carrying groceries						
	Limited a lot	18.3	18.3	17.9	18.9	17.6	
	Limited a little	38.3	39.0	38.4	38.1	35.7	
	Not limited	43.4	42.8	43.7	43.1	46.7	
	<i>missing:</i>	7.8%					
	d) Climbing several flights of stairs						
	Limited a lot	37.9	37.2	39.7	41.1	38.3	
	Limited a little	39.0	39.8	35.2	39.0	39.2	
	Not limited	23.1	23.0	25.1	19.9	22.5	
	<i>missing:</i>	8.8%					
	e) Climbing one flight of stairs						
	Limited a lot	16.1	15.7	17.0	17.7	16.9	
	Limited a little	32.4	31.9	32.9	34.5	33.7	
	Not limited	51.5	52.4	50.1	47.9	49.5	
	<i>missing:</i>	11.7%					
	f) Bending, kneeling or stooping						
	Limited a lot	29.1	28.6	32.8	30.7	28.3	
	Limited a little	43.7	44.6	39.1	43.0	44.1	
	Not limited	27.2	26.8	28.2	26.3	27.6	
	<i>missing:</i>	7.3%					
	g) Walking more than one kilometre						
	Limited a lot	36.0	35.0	39.0	38.8	38.4	
	Limited a little	29.2	29.9	26.8	27.8	28.4	
Not limited	34.8	35.1	34.2	33.4	33.3		
<i>missing:</i>	7.4%						

		Weighted Total (n=8,418) %	Capital City/ Other Metropolitan (n=3,618) %	Large Rural (n=1,023) %	Small Rural (n=1,272) %	Other Rural/ Remote (n=2,505) %
Q21	h) Walking half a kilometre					
	Limited a lot	21.2	20.6	23.7	22.1	22.5
	Limited a little	21.1	20.4	22.6	22.5	23.3
	Not limited	57.7	59.0	53.8	55.4	54.2
	<i>missing:</i>	10.4%				
	i) Walking 100 metres					
	Limited a lot	10.3	10.0	10.7	10.5	10.5
	Limited a little	16.9	16.6	17.8	17.6	17.5
	Not limited	72.9	73.5	71.5	72.0	72.0
	<i>missing:</i>	11.5%				
	j) Bathing or dressing yourself					
	Limited a lot	3.3	3.4	3.5	3.7	2.1
	Limited a little	8.5	8.1	9.5	9.1	9.3
Not limited	88.3	88.6	87.0	87.2	88.6	
<i>missing:</i>	9.5%					
Q22	During the PAST 4 WEEKS, have you had any of the following problems with your work (including your work outside the home and housework) or other regular daily activities AS A RESULT OF YOUR PHYSICAL HEALTH?					
	a) Cut down on the amount of time you spent on work or other activities					
	yes	41.2	41.4	40.5	43.2	39.2
	no	58.8	58.6	59.5	56.8	60.8
	<i>missing:</i>	4.4%				
	b) Accomplished less than you would like					
	yes	58.2	57.6	59.3	61.1	59.6
no	41.8	42.4	40.7	38.9	40.4	
<i>missing:</i>	5.7%					

		Weighted Total (n=8,418) %	Capital City/ Other Metropolitan (n=3,618) %	Large Rural (n=1,023) %	Small Rural (n=1,272) %	Other Rural/ Remote (n=2,505) %
Q22	c) Were limited in the kind of work or other activities					
	yes	49.0	48.8	49.6	51.2	47.9
	no	51.1	51.3	50.4	48.8	52.1
	missing:	6.3%				
Q22	d) Had difficulty performing the work or other activities					
	yes	51.5	50.9	54.6	54.5	51.1
	no	48.5	49.1	45.5	45.6	48.9
	missing:	5.4%				
Q23	During the PAST 4 WEEKS, have you had any of the following problems with your work or other regular daily activities as a result of any emotional problems?					
	a) Cut down on the amount of time you spent on work or other activities					
	yes	19.4	19.3	19.4	21.5	18.4
	no	80.6	80.8	80.6	78.5	81.6
	missing:	6.3%				
	b) Accomplished less than you would like					
	yes	31.3	30.8	33.7	33.2	31.7
	no	68.7	69.2	66.4	66.8	68.3
	missing:	7.9%				
	c) Didn't do work or other activities as carefully as usual					
	yes	20.0	19.7	22.1	21.0	19.9
	no	80.0	80.3	77.9	79.0	80.1
	missing:	7.8%				
Q24	During the PAST 4 WEEKS, to what extent has your physical health or emotional problems interfered with your normal social activities with family, friends, neighbours or groups?					
	Not at all	56.9	56.6	54.1	57.0	58.6
	Slightly	17.9	17.9	20.0	18.3	17.4
	Moderately	11.7	11.8	11.8	11.2	12.0
	Quite a bit	10.4	10.7	11.2	9.5	9.7
	Extremely	3.1	3.1	2.8	4.0	2.3
	missing:	2.0%				

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Q25	How much BODILY pain have you had during the PAST 4 WEEKS?					
	No bodily pain	19.5	19.3	18.8	19.1	20.1
	Very mild	21.7	21.8	21.6	20.5	22.3
	Mild	16.7	16.9	15.2	16.3	16.5
	Moderate	29.0	28.9	30.4	30.1	29.5
	Severe	11.3	11.5	12.3	11.9	9.9
	Very severe	1.7	1.7	1.8	2.2	1.7
	<i>missing:</i>	1.6%				
Q26	During the PAST 4 WEEKS, how much did PAIN interfere with your normal work?					
	Not at all	39.8	39.7	38.3	37.8	40.7
	A little bit	24.3	24.5	25.0	23.6	24.2
	Moderately	18.9	19.1	20.0	19.7	18.1
	Quite a bit	13.9	13.8	13.5	15.5	14.1
	Extremely	3.0	2.9	3.2	3.6	2.9
	<i>missing:</i>	1.6%				
Q27	How much of the time during the PAST 4 WEEKS:					
	a) Did you feel full of life?					
	All the time	3.8	3.9	4.0	3.6	3.6
	Most the time	26.8	26.5	25.5	26.4	28.2
	Good bit of time	20.3	20.1	19.1	19.1	21.2
	Some of time	26.5	26.6	27.7	26.5	27.0
	Little of time	13.9	13.9	14.1	14.4	13.0
	None of time	8.7	9.0	9.6	10.1	7.0
	<i>missing:</i>	5.8%				
	b) Have you been a very nervous person?					
	All the time	1.2	1.2	1.4	1.5	1.3
	Most the time	2.5	2.4	2.6	2.7	2.2
	Good bit of time	3.3	3.2	3.8	3.9	3.0
	Some of time	13.0	13.3	15.0	13.2	11.7
	Little of time	23.5	23.9	20.5	23.0	22.5
	None of time	56.5	56.1	56.8	55.7	59.3
	<i>missing:</i>	6.2%				

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Q27	c) Have you felt so down in the dumps that nothing could cheer you up?					
	All the time	0.5	0.4	0.6	0.5	0.7
	Most the time	1.0	1.0	1.1	0.9	0.9
	Good bit of time	2.0	2.1	2.1	1.9	1.1
	Some of time	8.2	8.4	7.7	9.2	7.5
	Little of time	15.1	15.2	15.3	17.8	14.0
	None of time	73.2	72.8	73.2	69.8	75.8
	<i>missing:</i>	6.2%				
	d) Have you let calm and peaceful?					
	All the time	9.3	9.1	9.7	11.4	10.0
	Most the time	41.3	40.4	44.1	42.2	43.7
	Good bit of time	18.8	19.0	17.7	17.3	19.6
	Some of time	18.3	19.0	17.4	17.1	15.8
	Little of time	8.2	8.6	7.5	8.4	6.4
	None of time	4.0	3.9	3.7	3.6	4.4
	<i>missing:</i>	5.9%				
	e) Did you have a lot of energy?					
	All the time	2.9	2.8	3.0	3.2	3.2
	Most the time	20.2	20.1	19.5	19.4	20.4
	Good bit of time	20.3	20.6	18.6	18.5	20.3
	Some of time	26.7	26.6	27.3	26.5	28.1
	Little of time	16.7	16.6	18.7	17.5	16.6
	None of time	13.2	13.3	13.0	14.9	11.5
	<i>missing:</i>	6.6%				
	f) Have you felt down?					
	All the time	0.6	0.6	0.3	0.9	0.8
	Most the time	1.8	2.0	2.1	1.7	1.4
	Good bit of time	3.5	3.7	3.9	3.9	3.0
	Some of time	19.9	20.2	21.2	19.2	18.5
	Little of time	32.1	31.9	33.1	33.1	32.3
	None of time	42.0	41.6	39.3	41.2	44.0
	<i>missing:</i>	9.4%				

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Q27	g) Did you feel worn out?					
	All the time	1.5	1.6	1.7	1.3	1.7
	Most the time	4.3	4.1	4.8	5.1	4.0
	Good bit of time	7.7	7.9	8.8	8.0	7.4
	Some of time	28.0	27.9	27.8	30.9	27.3
	Little of time	34.6	34.5	34.3	33.5	35.6
	None of time	23.9	24.0	22.7	21.2	23.9
	<i>missing:</i>	9.1%				
	h) Have you been a happy person?					
	All the time	17.1	17.0	16.4	17.6	18.6
	Most the time	53.6	52.7	56.8	52.9	55.7
	Good bit of time	14.0	14.4	12.7	14.9	13.2
	Some of time	10.1	10.5	9.3	10.3	8.3
	Little of time	3.5	3.6	3.8	3.2	2.8
	None of time	1.6	1.8	0.9	1.1	1.3
	<i>missing:</i>	3.9%				
	i) Did you feel tired?					
	All the time	3.9	4.0	3.5	4.3	3.5
	Most the time	7.7	7.4	10.5	8.7	7.2
	Good bit of time	14.3	14.6	13.2	14.1	13.8
	Some of time	43.4	43.2	42.9	42.3	44.5
	Little of time	25.6	25.7	25.1	24.8	26.0
	None of time	5.2	5.1	4.8	5.9	5.0
	<i>missing:</i>	3.6%				
Q28	During the PAST 4 WEEKS, how much of the time has your physical health or emotional problems interfered with your social activities?					
	All the time	3.9	4.0	2.9	5.2	3.5
	Most the time	6.4	6.7	7.7	6.8	5.5
	Some of time	16.7	16.5	18.1	16.2	17.6
	Little of time	17.3	17.4	17.4	16.9	16.9
	None of time	55.7	55.5	53.9	54.9	56.5
	<i>missing:</i>	1.7%				

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Q29	How TRUE or FALSE is each of the following statements for you?					
	a) I seem to get sick a little easier than other people					
	Definitely true	1.3	1.4	1.1	1.0	1.0
	Mostly true	4.0	4.1	4.2	3.2	4.3
	Don't know	13.0	13.4	12.3	13.7	11.0
	Mostly false	17.8	17.8	17.3	18.1	17.6
	Definitely false	63.9	63.3	65.1	63.9	66.1
	<i>missing:</i>	9.0%				
	b) I am as healthy as anybody I know					
	Definitely true	25.6	25.5	25.3	25.3	26.5
	Mostly true	44.2	44.6	44.5	43.7	43.5
	Don't know	14.6	14.3	13.8	15.7	15.8
	Mostly false	7.9	8.0	8.7	7.5	6.9
	Definitely false	7.6	7.6	7.7	7.7	7.3
	<i>missing:</i>	6.1%				
	c) I expect my health to get worse					
	Definitely true	6.8	7.1	5.7	5.5	6.2
	Mostly true	15.8	15.8	16.3	16.0	14.8
	Don't know	42.8	42.8	44.2	45.1	42.3
	Mostly false	12.2	12.1	11.3	12.3	12.5
	Definitely false	22.5	22.2	22.5	21.1	24.2
	<i>missing:</i>	8.5%				
	d) My health is excellent					
	Definitely true	14.3	13.8	15.0	15.4	15.8
	Mostly true	51.4	51.4	52.9	48.2	52.8
	Don't know	7.4	7.4	6.0	9.0	6.7
	Mostly false	13.7	13.8	14.4	12.6	13.6
	Definitely false	13.3	13.6	11.7	14.9	11.1
	<i>missing:</i>	8.5%				

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Q30	Questions about your health and how you have been feeling in the past month.					
	a) Have you felt keyed up or on edge?					
	yes	29.2	30.3	28.3	30.2	25.6
	no	70.8	69.7	71.7	69.9	74.4
	<i>missing:</i>	3.8%				
	b) Have you been worrying a lot?					
	yes	26.7	27.5	28.0	26.3	23.8
	no	73.3	72.6	72.0	73.7	76.2
	<i>missing:</i>	3.4%				
	c) Have you been irritable?					
	yes	20.5	21.2	19.5	19.9	18.2
	no	79.5	78.8	80.5	80.1	81.8
	<i>missing:</i>	3.9%				
	d) Have you had difficulty relaxing?					
	yes	26.8	27.1	27.1	27.9	24.9
	no	73.2	72.9	72.9	72.2	75.1
	<i>missing:</i>	3.5%				
	e) Have you been sleeping poorly?					
	yes	40.6	41.0	41.3	40.2	39.0
	no	59.4	59.0	58.7	59.8	61.0
	<i>missing:</i>	3.3%				
	f) Have you had headaches or neckaches?					
	yes	37.1	37.7	36.2	36.7	35.7
	no	62.9	62.4	63.9	63.4	64.3
	<i>missing:</i>	3.3%				

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Q30	g) Have you had any trembling, tingling, dizzy spells, sweating, diarrhea or needing to pass urine more often than usual?					
	yes	34.2	35.0	31.6	33.8	31.5
	no	65.8	65.0	68.4	66.2	68.5
	missing:	2.9%				
	h) Have you been worried about your health?					
	yes	25.2	25.4	26.3	26.9	22.3
	no	74.8	74.6	73.7	73.1	77.7
	missing:	2.6%				
	i) Have you had difficulty falling asleep?					
	yes	36.9	37.1	38.8	37.0	36.9
no	63.1	62.9	61.2	63.0	63.1	
missing:	3.1%					
j) Have you been lacking energy?						
yes	55.0	55.2	56.8	55.3	53.3	
no	45.0	44.8	43.3	44.7	46.7	
missing:	2.8%					
k) Have you lost interest in things?						
yes	13.1	13.7	14.1	11.5	11.0	
no	86.9	86.3	85.9	88.5	89.0	
missing:	2.6%					
l) Have you lost confidence in yourself?						
yes	16.3	17.1	16.3	15.2	13.6	
no	83.7	82.9	83.8	84.9	86.4	
missing:	2.6%					
m) Have you felt hopeless?						
yes	8.5	8.7	9.5	9.2	7.7	
no	91.5	91.3	90.5	90.8	92.4	
missing:	2.8%					

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Q30	n) Have you had difficulty concentrating?					
	yes	22.4	22.4	26.0	21.7	22.4
	no	77.6	77.6	74.0	78.3	77.6
	<i>missing:</i>	3.3%				
	o) Have you lost weight?					
	yes	7.6	7.6	6.7	8.2	7.8
	no	92.4	92.4	93.3	91.8	92.2
	<i>missing:</i>	2.6%				
	p) Have you been waking early?					
	yes	58.5	58.3	59.8	58.9	57.4
no	41.5	41.7	40.2	41.1	42.6	
<i>missing:</i>	2.4%					
Q31	q) Have you felt slowed down?					
	yes	63.5	63.5	64.4	64.2	64.2
	no	36.5	36.5	35.6	35.8	35.8
	<i>missing:</i>	2.1%				
	r) Have you tended to feel worse in the mornings?					
	yes	25.1	25.9	24.4	24.3	24.0
	no	74.9	74.1	75.6	75.7	76.0
	<i>missing:</i>	2.1%				
	How satisfied are you with your physical ability to do what you want to do?					
	Completely satisfied	10.5	10.0	12.0	10.2	11.5
Very satisfied	26.0	26.3	23.9	25.5	25.2	
Somewhat satisfied	33.6	33.1	35.1	34.9	36.1	
Somewhat dissatisfied	19.1	19.2	19.7	17.6	17.9	
Very dissatisfied	8.0	8.2	6.5	8.1	7.1	
Completely dissatisfied	3.0	3.2	2.8	3.6	2.2	
<i>missing:</i>	0.8%					

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Q32 Are you in bed or in a chair most or all of the day because of your health?					
Every day	2.8	3.0	2.2	2.7	2.5
Most days	2.8	2.5	3.3	4.0	2.7
Some days	5.2	5.1	5.9	5.9	5.5
Occasionally	19.1	18.9	19.9	18.7	19.9
never	70.1	70.5	68.7	68.7	69.5
missing:	1.0%				
Q33 Compared with when you were in your twenties, how good are you at:					
a) Remembering the name of a person just introduced to you?					
Much better now	1.1	1.3	1.0	0.6	0.7
Somewhat better now	1.3	1.4	0.8	1.1	0.9
About the same	35.1	36.0	32.8	31.6	32.4
Somewhat worse now	45.2	44.3	46.2	48.1	48.4
Much worse now	17.3	17.0	19.2	18.6	17.6
missing:	1.8%				
b) Recalling telephone numbers or other numbers that you use on a daily or weekly basis?					
Much better now	2.5	2.7	1.8	1.7	2.2
Somewhat better now	2.8	2.8	2.9	3.0	2.8
About the same	50.4	50.7	50.1	48.2	50.9
Somewhat worse now	33.0	61.0	33.7	34.2	33.8
Much worse now	11.3	11.3	11.5	13.0	10.3
missing:	2.2%				
c) Recalling where you put objects in your home?					
Much better now	2.0	2.1	1.3	1.5	1.5
Somewhat better now	2.1	2.1	2.1	1.9	2.0
About the same	47.7	47.9	46.8	47.8	47.1
Somewhat worse now	38.7	38.3	39.1	38.2	39.8
Much worse now	9.5	9.5	10.7	10.6	9.6
missing:	2.0%				

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Q33	d) Remembering specific facts from a newspaper or magazine article you have just finished reading?					
	Much better now	1.8	2.0	1.2	1.5	1.2
	Somewhat better now	3.1	3.3	3.5	2.7	2.0
	About the same	48.5	48.5	48.4	46.5	49.4
	Somewhat worse now	37.6	36.9	38.1	40.2	38.6
	Much worse now	9.0	9.3	8.8	9.2	8.8
	<i>missing:</i>	2.4%				
	e) Remembering the item(s) you intend to buy when you arrive at the shops?					
	Much better now	1.7	1.9	0.9	1.8	1.2
	Somewhat better now	2.6	2.9	2.0	1.7	1.9
	About the same	50.9	51.6	50.3	48.2	49.5
	Somewhat worse now	37.3	36.1	39.1	40.3	39.8
	Much worse now	7.5	7.6	7.7	8.0	7.7
	<i>missing:</i>	2.2%				
	f) In general, how would you describe your memory compared to when you were in your twenties?					
	Much better now	0.8	0.9	0.4	0.7	0.6
	Somewhat better now	1.5	1.5	1.3	1.2	1.0
	About the same	25.8	26.3	25.1	23.3	25.4
	Somewhat worse now	51.4	51.2	50.7	52.0	52.5
	Much worse now	20.5	20.1	22.6	22.9	20.5
	<i>missing:</i>	1.0%				
	Exercise status					
	Mean	685.5	694.4	600.6	697.2	641.0
	Standard Error	13.1	19.6	34.4	35.6	23.9

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Exercise status group						
	Nil/sedentary	38.9	37.6	39.0	41.1	42.0
	Low	27.0	27.2	31.4	24.8	26.5
	Moderate	14.9	15.5	12.9	14.7	13.7
	High	19.2	19.7	16.7	19.4	17.7
	<i>missing:</i>	6.7%				
Q36 How many hours each day do you spend sitting down while visiting friends, driving, reading, watching television or working at a desk or computer?						
a) On a usual week day						
	Mean	5.8	6.1	5.3	6.2	5.6
	Standard Error	0.1	0.1	0.1	0.2	0.1
b) On a usual weekend day						
	Mean	6.1	6.4	5.8	6.3	5.8
	Standard Error	0.1	0.1	0.2	0.2	0.1
Q37 How often do you usually drink alcohol?						
	never drink	37.3	35.6	40.0	39.0	41.8
	Drink rarely	24.1	24.1	23.5	24.4	24.1
	<once a week	6.0	6.1	6.2	4.9	5.9
	1-2 days a week	7.4	7.8	6.2	8.4	6.0
	3-4 days a week	6.2	6.5	5.4	6.1	5.4
	5-6 days a week	5.4	5.5	5.5	5.3	5.2
	Every day	13.6	14.4	13.1	11.9	11.5
	<i>missing:</i>	2.4%				

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Q38	On a day when you drink alcohol, how many drinks do you usually have?					
	1-2 drinks per day	43.1	41.3	46.2	45.4	47.4
	3-4 drinks per day	52.9	54.6	50.1	51.3	49.1
	5-8 drinks per day	3.7	3.9	3.6	3.1	3.1
	9+ drinks a day	0.3	0.2	0.1	0.3	0.4
	<i>missing:</i>	4.5%				
		Weighted Total (n=8,418)	Capital City/ Other Metropolitan (n=3,618)	Large Rural (n=1,023)	Small Rural (n=1,272)	Other Rural/ Remote (n=2,505)
Alcohol Status	Mean	2.5	2.5	2.5	2.4	2.4
	Standard Error	0.0	0.0	0.0	0.0	0.0
Height (cm)	Mean	159.5	159.3	159.5	159.8	160.2
	Standard Error	0.1	0.1	0.2	0.2	0.2
Weight (Kg)	Mean	64.7	64.3	64.9	65.4	65.8
	Standard Error	0.1	0.2	0.4	0.4	0.3
Body Mass Index (BMI)	Mean	25.5	25.4	25.6	25.7	25.7
	Standard Error	0.1	0.1	0.2	0.1	0.1

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BMI classification						
	Underweight	9.8	10.2	10.2	8.1	8.8
	Acceptable weight	42.0	42.2	42.3	41.3	41.2
	Overweight	32.5	32.3	31.0	33.6	34.1
	Obese	15.8	15.2	16.6	17.1	15.9
	<i>missing:</i>	13.3%				
Q42	Which of the following best describes your housing situation?					
	House	68.8	64.5	69.9	72.0	83.1
	Flat/unit/apartment	21.4	24.1	18.0	19.8	11.3
	Mobile/caravan	0.7	0.8	0.8	1.3	0.5
	Retirement Village	7.8	9.2	9.7	5.9	3.9
	Nursing Home	0.3	0.4	0.3	0.2	0.2
	Hostel	0.6	0.7	0.7	0.4	0.4
	Other	0.5	0.4	0.6	0.5	0.7
	<i>missing:</i>	0.9%				
Q43	Which of the following are sources of income for you and your spouse or partner?					
	a) Government pension or allowance					
	no	17.0	17.6	13.4	12.0	17.4
	yes	83.0	82.4	86.6	88.0	82.6
	<i>missing:</i>	0.5%				
	b) Superannuation					
	no	82.1	80.1	88.0	85.5	89.2
	yes	18.0	19.9	12.0	14.6	10.8
	<i>missing:</i>	0.5%				
	c) Other income					
	no	65.8	65.2	68.1	71.4	64.8
	yes	34.2	34.8	31.9	28.6	35.2
	<i>missing:</i>	0.5%				

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Q44	How do you manage on the income you have available?					
	Impossible	0.9	1.0	0.6	1.0	0.8
	Difficult always	6.3	6.2	7.3	5.9	6.2
	Difficult sometimes	17.7	17.2	19.9	18.6	17.9
	Not too bad	51.5	52.2	49.5	51.1	51.2
	Easy	23.6	23.5	22.7	23.5	23.9
	<i>missing:</i>	0.5%				
Q45	When you travel around your town, does someone have to assist you because of your health?					
	All the time	6.3	6.5	6.8	7.1	4.9
	Most of time	2.8	2.8	2.9	2.5	2.7
	Some of time	5.0	5.4	6.0	3.7	3.5
	Little of time	9.4	10.0	9.8	7.4	8.4
	None of time	76.5	75.4	74.6	79.4	80.5
	<i>missing:</i>	0.7%				
Q46	What is your main means of transport?					
	Car(you drive)	51.1	47.0	53.5	59.2	64.1
	Car(someone else drives)	29.2	29.5	30.6	29.1	28.4
	Taxi	3.8	3.9	6.3	4.5	2.4
	Bus	12.0	15.2	8.3	5.5	2.2
	tram or train	2.5	3.5	0.0	0.1	0.1
	other	1.4	1.0	1.4	1.6	2.9
	<i>missing:</i>	7.7%				
Q47	Are you capable of using public transport?					
	no, health	10.6	11.3	10.1	9.3	8.1
	no, other	4.2	3.5	5.3	4.2	6.9
	yes	80.6	81.6	78.6	78.8	76.7
	Not applicable	4.7	3.6	6.0	7.8	8.3
	<i>missing:</i>	1.6%				

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Q48	Is public transport available when you need it?					
	All of time	38.7	46.6	26.4	23.5	14.4
	Most of time	23.4	26.3	24.8	18.3	11.3
	Some of time	9.6	8.9	12.8	14.5	9.8
	Little of time	6.8	4.7	8.0	13.0	12.6
	None of time	7.9	2.9	10.6	12.0	28.0
	Not applicable	13.6	10.7	17.5	18.6	24.0
	<i>missing:</i>	1.8%				
Q49	What is your present marital status?					
	Married	44.0	43.9	41.2	45.1	45.9
	De Facto	0.4	0.3	0.4	0.5	0.6
	Widowed	47.0	46.4	51.7	47.6	47.3
	Separated	1.1	1.1	1.4	0.9	1.2
	Divorced	4.3	4.6	3.0	3.9	2.8
	never Married	3.2	3.6	2.4	2.0	2.2
	<i>missing:</i>	0.4%				
Q50	Number of times widowed					
	0	57.9	58.5	53.9	56.4	57.3
	1	40.6	40.1	44.4	41.5	41.0
	2	1.4	1.4	1.5	2.1	1.8
	3	0.0	0.0	0.3	0.0	0.0
Q51	Who lives with you?					
	a) No one, I live alone					
	do not live alone	52.6	53.1	48.8	51.4	53.3
	live alone	47.5	46.9	51.2	48.6	46.7
	<i>missing:</i>	0.7%				
	b) Spouse or partner					
	no	56.3	56.4	58.8	55.1	54.2
	yes	43.7	43.6	41.2	44.9	45.8
	<i>missing:</i>	0.7%				

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Q51	c) Own children	no	92.9	92.3	95.1	95.0	94.1	
		yes	7.1	7.7	4.9	5.0	5.9	
		<i>missing:</i>	0.7%					
	d) Other family members	no	96.3	96.1	95.8	98.1	96.6	
		yes	3.7	3.9	4.2	1.9	3.4	
		<i>missing:</i>	0.7%					
	e) Non-family members	no	98.7	98.6	98.7	98.7	98.9	
		yes	1.3	1.5	1.3	1.3	1.1	
		<i>missing:</i>	0.7%					
	Q52	Do you have any pets in your household? a) No pet	At least one pet	33.1	31.7	31.1	32.4	39.4
			No pets	66.9	68.3	68.9	67.7	60.6
			<i>missing:</i>	1.3%				
b) Dog		no	81.4	82.5	81.5	81.2	76.1	
		yes	18.6	17.5	18.5	18.8	23.9	
		<i>missing:</i>	1.3%					
c) Cat		no	87.4	88.1	89.2	88.9	82.7	
		yes	12.6	12.0	10.8	11.1	17.3	
		<i>missing:</i>	1.3%					
d) Bird		no	91.8	92.2	92.5	91.4	91.5	
		yes	8.2	7.8	7.5	8.6	8.5	
		<i>missing:</i>	1.3%					

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Q52	e) Other					
	no	97.9	98.0	98.3	97.5	97.6
	yes	2.1	2.0	1.7	2.5	2.4
	<i>missing:</i>	1.3%				
Q53	Can you talk about your deepest problems with at least some of your family and friends?					
	Hardly ever	14.8	14.0	16.5	17.1	15.5
	Some of the time	30.0	30.6	32.0	26.2	27.9
	Most of the time	55.3	55.3	51.5	56.7	56.6
	<i>missing:</i>	1.2%				
Q54	How many people in your local area do you feel you can depend on or feel very close to?					
	None	11.5	13.0	11.6	8.3	8.1
	1-2 people	44.3	45.3	43.7	42.4	40.6
	>2 people	44.2	41.8	44.7	49.3	51.4
	<i>missing:</i>	0.9%				
Q55	How many times during the past week did you spend time with someone who does not live with you?					
	None	7.0	7.1	6.3	7.1	6.9
	1	11.2	11.6	10.8	9.3	9.3
	2	19.3	19.3	18.5	19.5	20.1
	3	19.9	19.5	23.5	19.7	20.1
	4	15.6	16.1	15.0	14.7	14.4
	5	9.1	9.1	8.3	10.5	9.8
	6	5.7	5.7	5.4	6.5	5.1
	>7	12.2	11.5	12.3	12.7	14.3
	<i>missing:</i>	1.7%				

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Q56	How many times did you talk to someone on the telephone in the past week?					
	None	1.7	1.8	1.1	1.3	1.9
	1	2.1	2.0	2.4	2.4	2.6
	2	6.7	6.4	6.2	8.1	7.2
	3	12.0	11.5	14.0	13.6	13.5
	4	16.2	15.6	18.3	17.8	18.1
	5	14.6	14.8	14.0	13.2	14.8
	6	11.3	11.1	12.1	11.6	11.2
	>7	35.5	37.0	32.1	32.1	30.9
	<i>missing:</i>		1.2%			
Q57	How often did you go to meetings of clubs, religious meetings or other groups in the past week?					
	None	32.9	33.3	31.9	35.7	29.8
	1	22.4	22.7	21.2	19.9	22.4
	2	20.1	20.0	22.0	18.7	21.8
	3	13.6	13.2	15.1	13.6	14.4
	4	6.0	5.7	6.1	6.9	6.9
	5	2.4	2.5	2.0	3.2	2.3
	6	1.1	1.1	0.6	0.9	1.1
	>7	1.5	1.6	1.1	1.2	1.2
	<i>missing:</i>		1.1%			
Q58	Do you do any volunteer work for any community or social organisations?					
	Every day	1.8	1.9	1.4	1.6	1.4
	Every week	20.1	19.6	18.8	21.2	20.5
	Every month	14.7	12.9	15.4	15.9	22.5
	<once a month	6.7	5.9	7.1	6.6	10.3
	Not at all	56.7	59.7	57.4	54.8	45.3
	<i>missing:</i>		1.4%			

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Q59	Do you regularly provide care for grandchildren or other people's children?					
	yes daily	1.9	2.1	1.7	1.0	1.2
	yes weekly	5.4	5.8	4.5	3.6	4.1
	yes occasionally	31.4	31.5	30.7	29.8	31.5
	never	61.4	60.5	63.2	65.7	63.3
	missing:	1.5%				
Q60	Do you regularly provide care or assistance to any other person because of their long-term illness, disability or frailty?					
	a) For someone who lives with me					
	no	91.2	91.5	90.1	89.7	89.7
	yes	8.8	8.5	9.9	10.3	10.3
	missing:	1.8%				
	b) For someone who lives elsewhere					
	no	83.8	84.5	81.3	81.9	83.2
	yes	16.2	15.5	18.7	18.1	16.9
	missing:	1.8%				
	c) I do not provide care					
	no	24.6	23.6	27.7	27.6	26.5
	yes	75.4	76.4	72.3	72.4	73.5
	missing:	1.8%				
Q61	Do you regularly need help with daily tasks because of long term illness, disability or frailty?					
	yes	13.1	13.0	13.6	14.2	11.8
	no	86.9	87.0	86.4	85.8	88.2
	missing:	2.8%				
Q62	This question is about assistance you receive from others.					
	a) Do people help you to do odd jobs?					
	yes	58.0	57.6	55.7	59.8	59.6
	no	19.2	19.0	20.0	18.8	18.9
	don't need help	22.8	23.4	24.2	21.4	21.5
	missing:	7.8%				

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Q62	b) Do people give you information or advice?					
	yes	46.5	47.5	46.3	43.6	45.7
	no	27.8	26.9	27.5	30.3	29.0
	don't need help	25.7	25.6	26.2	26.2	25.2
	<i>missing:</i>	16.0%				
Q62	c) Do people help you if you call upon them to do so unexpectedly?					
	yes	77.6	77.6	77.4	77.1	78.8
	no	5.7	5.8	4.8	5.0	5.3
	don't need help	16.7	16.6	17.9	18.0	15.9
	<i>missing:</i>	10.3%				
Q62	Do people help you generally?					
	yes	81.2	80.8	80.0	83.0	82.9
	no	4.5	4.6	4.3	4.2	3.3
	don't need help	14.3	14.6	15.7	12.9	13.9
	<i>missing:</i>	4.5%				
Q63	Questions about getting on with other people.					
	a) Are you sad or lonely often?					
	no	91.5	91.3	90.4	90.1	92.5
	yes	8.5	8.7	9.6	9.9	7.5
	<i>missing:</i>	0.9%				
Q63	b) Do you feel uncomfortable with anyone in your family?					
	no	93.7	93.7	93.6	93.6	94.0
	yes	6.3	6.3	6.4	6.4	6.0
	<i>missing:</i>	0.9%				
	Q63	c) Can you take your own medication and get around by yourself?				
no		11.2	10.9	11.7	10.7	12.2
yes		88.8	89.1	88.3	89.3	87.8
<i>missing:</i>		0.9%				

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Q63	d) Do you feel that nobody wants you around?					
	no	98.4	98.4	97.9	98.7	98.4
	yes	1.6	1.6	2.1	1.3	1.6
	missing:	0.9%				
	e) Does someone in your family make you stay in bed or tell you you're sick when you know you're not?					
	no	99.4	99.4	99.5	99.6	99.2
	yes	0.6	0.6	0.5	0.4	0.8
	missing:	0.9%				
	f) Has anyone forced you to do things you didn't want to do?					
	no	98.7	98.6	99.4	99.1	98.6
yes	1.3	1.4	0.6	0.9	1.4	
missing:	0.9%					
g) Has anyone taken things that belong to you without your OK?						
no	97.7	97.7	98.3	97.5	97.6	
yes	2.3	2.3	1.7	2.5	2.4	
missing:	0.9%					
h) Do you trust most of the people in your family?						
no	11.4	11.1	12.3	11.3	12.1	
yes	88.6	88.9	87.7	88.7	87.9	
missing:	0.9%					
i) Do you have enough privacy at home?						
no	12.4	12.2	12.6	11.4	13.3	
yes	87.6	87.8	87.4	88.6	86.7	
missing:	0.9%					
j) Has anyone close to you tried to hurt you or harm you recently?						
no	99.0	99.0	99.0	98.3	98.9	
yes	1.1	1.0	1.0	1.7	1.1	
missing:	0.9%					

		Weighted Total (n=8,418) %	Capital City/ Other Metropolitan (n=3,618) %	Large Rural (n=1,023) %	Small Rural (n=1,272) %	Other Rural/ Remote (n=2,505) %
Q63	k) Has anyone close to you called you names or put you down or made you feel bad recently?					
	no	96.7	96.6	96.9	96.3	97.0
	yes	3.3	3.5	3.1	3.7	3.0
	missing:	0.9%				
	l) Are you afraid of anyone in your family?					
	no	98.9	98.9	98.6	98.9	98.9
	yes	1.1	1.1	1.4	1.1	1.1
	missing:	0.9%				
	m) None of the above					
	at least one of these	96.0	96.3	95.3	96.3	95.3
	none of these	4.0	3.7	4.7	3.7	4.7
	missing:	0.9%				
		Weighted Total (n=8,418)	Capital City/ Other Metropolitan (n=3,618)	Large Rural (n=1,023)	Small Rural (n=1,272)	Other Rural/ Remote (n=2,505)
	Personal control - independence					
	Mean	1.2	1.2	1.2	1.2	1.2
	Standard Error	0.0	0.0	0.0	0.0	0.0
	Psychological neglect/distress					
	Mean	0.0	0.0	0.1	0.1	0.0
	Standard Error	0.0	0.0	0.0	0.0	0.0
	Unwanted external control - force					
	Mean	0.0	0.0	0.0	0.0	0.0
	Standard Error	0.0	0.0	0.0	0.0	0.0
	Personal vulnerability/fear					
	Mean	0.0	0.0	0.0	0.0	0.0
	Standard Error	0.0	0.0	0.0	0.0	0.0
		Weighted	Capital City/ Other			Other Rural/

		Total (n=8,418) %	Metropolitan (n=3,618) %	Large Rural (n=1,023) %	Small Rural (n=1,272) %	Remote (n=2,505) %
Q64	Which of the following groups have you sought advice or help from in the last 6 months?					
	a) Food services					
	no	96.0	96.2	96.2	95.8	95.6
	yes	4.0	3.8	3.8	4.2	4.4
	missing:	5.8%				
	b) Nursing or community health services					
	no	91.6	92.6	91.0	88.5	87.8
	yes	8.5	7.4	9.0	11.5	12.2
	missing:	5.8%				
	c) Respite services					
	no	97.2	97.2	97.7	96.2	97.3
	yes	2.8	2.8	2.3	3.8	2.7
	missing:	5.8%				
	d) Homemaking services					
	no	85.1	86.2	82.8	80.0	83.3
	yes	15.0	13.8	17.2	20.0	16.7
	missing:	5.8%				
	e) Home maintenance services					
	no	71.6	72.2	69.2	70.1	71.3
	yes	28.4	27.8	30.8	29.9	28.7
	missing:	5.8%				
	f) Counselling or other mental health services					
	no	99.0	98.9	99.0	99.2	99.1
	yes	1.0	1.1	1.1	0.8	0.9
	missing:	5.8%				
	g) Ambulance service					
	no	92.6	92.3	93.5	92.7	93.9
	yes	7.4	7.7	6.5	7.3	6.1
	missing:	5.8%				

		Weighted Total (n=8,418) %	Capital City/ Other Metropolitan (n=3,618) %	Large Rural (n=1,023) %	Small Rural (n=1,272) %	Other Rural/ Remote (n=2,505) %
Q64	h) Social groups					
	no	89.6	90.1	88.6	91.0	87.3
	yes	10.4	9.9	11.4	9.0	12.7
	<i>missing:</i>	5.8%				
	i) Support and advisory groups					
	no	97.0	97.1	96.9	96.6	97.1
	yes	3.0	2.9	3.1	3.5	3.0
	<i>missing:</i>	5.8%				
	j) None of these groups					
	at least one of these	46.1	44.7	49.8	50.0	48.1
none of these	53.9	55.3	50.2	50.0	51.9	
<i>missing:</i>	5.8%					

