

1973-78 cohort snapshot

In 1996, more than 14,000 women aged 18-23 joined the ALSWH.

In 2012, you completed your 6th survey, here's what you told us...

Education



80%

have a certificate, diploma or university degree

Employment



40%

work full-time

Marital status



80%

are married or in a defacto relationship

Children



73%

have children

Physical activity



50%

are not physically active

Body weight



45%

are overweight or obese

Domestic violence

20%

have experienced intimate partner violence

Diet



98%

do not eat the recommended amount of vegetables

Smoking



10%

are current smokers