

women's  
health  
*a u s t r a l i a*

the australian longitudinal  
study on women's health

data book

*for the first survey of the 1989-95 cohort  
(when they were aged 18-23 years)*

december 2014



**Data book for the first survey of the 1989-1995 cohort (aged 18-23 years)**

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**Acknowledgements**

This study is funded by a grant from the Australian Government Department of Health. This document was prepared by Carl Holder and David Fitzgerald, with help from the data management group of the Australian Longitudinal Study on Women's Health (ALSWH) at the Universities of Queensland and Newcastle. The research team would like to thank all participants who contributed to the project.

**Notes**

During 2013, 17,013 valid surveys were returned from members of the ALSWH 1989-95 birth cohort. These were all done online. There were very minor differences in the survey depending on whether it was done on a mobile device or a non-mobile device. Furthermore, there were two distinct non-mobile versions of the survey. The differences were not great and mainly affected the likeliness of a missing response.

This data book is ordered by the order the questions occurred in the questionnaire. Some derived variables are given in place of the questionnaire items or immediately after them.

The frequencies in this data book were not weighted.

For information on the derived variables refer to the ALSWH website (<http://www.alwsh.org.au/>). The ALSWH website has general information about the project; the investigators and staff; publications and presentations; information for participants; surveys; and information for potential data users. If you have any queries, please contact us at:

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**ALSWH Data book for first survey of 1989-95 cohort**

<i>Item Description</i>	<i>Variable Name</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
The version of the survey used.	surveytype	Main survey, first	1	1982	11.7
		Mobile survey	2	3541	20.8
		Main survey, second	3	11469	67.5
		N Missing		20	
In general, would you say your health is:	SF36001	Excellent	1	1091	6.5
		Very good	2	6062	36.0
		Good	3	6845	40.6
		Fair	4	2373	14.1
		Poor	5	477	2.8
		N Missing		164	
Where do you get information about your health? School, University, TAFE	HSRV201	No	0	10154	60.2
		Yes	1	6723	39.8
		N Missing		135	
Where do you get information about your health? Friends	HSRV202	No	0	9519	56.4
		Yes	1	7358	43.6
		N Missing		135	
Where do you get information about your health? Internet	HSRV203	No	0	9468	56.1
		Yes	1	7409	43.9
		N Missing		135	
Where do you get information about your health? Family member	HSRV204	No	0	6355	37.7
		Yes	1	10522	62.3
		N Missing		135	
Where do you get information about your health? Nurse	HSRV205	No	0	14416	85.4
		Yes	1	2461	14.6
		N Missing		135	
Where do you get information about your health? Doctor	HSRV206	No	0	3773	22.4
		Yes	1	13104	77.6
		N Missing		135	

**ALSWH Data book for first survey of 1989-95 cohort**

<i>Item Description</i>	<i>Variable Name</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Where do you get information about your health? Family planning, sexual health clinic	HSRV207	No	0	15693	93.0
		Yes	1	1184	7.0
		N Missing		135	
Where do you get information about your health? Youth, community services	HSRV208	No	0	16379	97.0
		Yes	1	498	3.0
		N Missing		135	
Where do you get information about your health? TV,radio,magazines,poster,leaflet	HSRV209	No	0	11401	67.6
		Yes	1	5476	32.4
		N Missing		135	
Where do you get information about your health? Other	HSRV210	No	0	15872	94.0
		Yes	1	1005	6.0
		N Missing		135	
Where do you get information about your health? None of these	HSRV211	No	0	16707	99.0
		Yes	1	170	1.0
		N Missing		135	
In general do you prefer to see a female doctor?	HSRV015	Yes, always	1	3701	22.0
		Yes, but only for certain things, such as	2	6768	40.2
		No	3	1110	6.6
		Don't care	4	5269	31.3
		N Missing		164	
In the last 12 months have you had any of the following: Allergies, hayfever, sinusitis	CPRB001	Never	1	6123	36.3
		Rarely	2	3131	18.6
		Sometimes	3	4272	25.4
		Often	4	3320	19.7
		N Missing		166	

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<i>Item Description</i>	<i>Variable Name</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
In the last 12 months, have you had any of the following: Breathing difficulty	CPRB002	Never	1	8946	53.1
		Rarely	2	4168	24.7
		Sometimes	3	2944	17.5
		Often	4	788	4.7
		N Missing		166	
In the last 12 months, have you had any of the following: Skin problems	CPRB022	Never	1	4705	27.9
		Rarely	2	4615	27.4
		Sometimes	3	4486	26.6
		Often	4	3042	18.1
		N Missing		164	
In the last 12 months, have you had any of the following: Headaches/migraines	CPRB005	Never	1	1311	7.8
		Rarely	2	4851	28.8
		Sometimes	3	6891	40.9
		Often	4	3794	22.5
		N Missing		165	
In the last twelve months have you had any of the following? Severe tiredness	CPRB084	Never	1	1767	10.5
		Rarely	2	3696	21.9
		Sometimes	3	6427	38.2
		Often	4	4951	29.4
		N Missing		171	
In the last 12 months, have you had any of the following: Stiff or painful joints	CPRB007	Never	1	4993	29.6
		Rarely	2	5152	30.6
		Sometimes	3	4725	28.1
		Often	4	1971	11.7
		N Missing		171	
In the last 12 months, have you had any of the following: Back pain	CPRB008	Never	1	2974	17.7
		Rarely	2	4672	27.7
		Sometimes	3	5653	33.6
		Often	4	3546	21.1
		N Missing		167	

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<i>Item Description</i>	<i>Variable Name</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Problems with one or both feet in the last 12 months	CPRB230	Never	1	8899	52.8
		Rarely	2	4077	24.2
		Sometimes	3	2581	15.3
		Often	4	1290	7.7
		N Missing		165	
In the last 12 months, have you had any of the following: Difficulty sleeping	CPRB025	Never	1	2169	12.9
		Rarely	2	4287	25.4
		Sometimes	3	6199	36.8
		Often	4	4192	24.9
		N Missing		165	
In the last 12 months have you had any of the following? Depression	CPRB085	Never	1	5399	32.0
		Rarely	2	3779	22.4
		Sometimes	3	4440	26.4
		Often	4	3230	19.2
		N Missing		164	
In the last 12 months, have you had any of the following: Episodes of intense anxiety (eg panic attacks)	CPRB238	Never	1	6357	37.7
		Rarely	2	3983	23.6
		Sometimes	3	4024	23.9
		Often	4	2481	14.7
		N Missing		167	
In the last 12 months, have you had any of the following: Other mental health problems	CPRB276	Never	1	10291	61.1
		Rarely	2	3105	18.4
		Sometimes	3	2076	12.3
		Often	4	1373	8.2
		N Missing		167	
In the last 12 months, have you had any of the following: Palpitations (feeling that your heart is racing or fluttering in your chest)	CPRB239	Never	1	7130	42.3
		Rarely	2	4654	27.6
		Sometimes	3	3723	22.1
		Often	4	1341	8.0
		N Missing		164	

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<i>Item Description</i>	<i>Variable Name</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
In the last 12 months, have you had any of the following: Vaginal discharge or irritation	CPRB015	Never	1	4289	25.5
		Rarely	2	5427	32.2
		Sometimes	3	5309	31.5
		Often	4	1823	10.8
		N Missing		164	
In the last 12 months, have you had any of the following: Premenstrual tension	CPRB016	Never	1	4594	27.3
		Rarely	2	4105	24.4
		Sometimes	3	5410	32.1
		Often	4	2735	16.2
		N Missing		168	
Irregular periods in the last 12 months	CPRB181	Never	1	6365	37.8
		Rarely	2	3587	21.3
		Sometimes	3	3493	20.7
		Often	4	3401	20.2
		N Missing		166	
In the last 12 months, have you had any of the following: Heavy periods	CPRB018	Never	1	5626	33.4
		Rarely	2	4523	26.8
		Sometimes	3	4043	24.0
		Often	4	2656	15.8
		N Missing		164	
In the last 12 months, have you had any of the following: Severe period pain	CPRB019	Never	1	4239	25.2
		Rarely	2	4361	25.9
		Sometimes	3	4466	26.5
		Often	4	3778	22.4
		N Missing		168	
In the last 12 months, have you had any of the following: Urine that burns or stings	CPRB010	Never	1	10532	62.5
		Rarely	2	4091	24.3
		Sometimes	3	1891	11.2
		Often	4	326	1.9
		N Missing		172	



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<i>Item Description</i>	<i>Variable Name</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
In the last 12 months, have you had any of the following: Leaking urine	CPRB011	Never	1	11922	70.8
		Rarely	2	2947	17.5
		Sometimes	3	1594	9.5
		Often	4	381	2.3
		N Missing		168	
In the last 12 months, have you had any of the following: Constipation	CPRB012	Never	1	6679	39.7
		Rarely	2	5691	33.8
		Sometimes	3	3474	20.6
		Often	4	1000	5.9
		N Missing		168	
In the last 12 months, have you had any of the following: Haemorrhoids (piles)	CPRB013	Never	1	14774	87.7
		Rarely	2	1089	6.5
		Sometimes	3	688	4.1
		Often	4	294	1.7
		N Missing		167	
In the last 12 months, have you had any of the following: Other bowel problems	CPRB014	Never	1	11216	66.6
		Rarely	2	2866	17.0
		Sometimes	3	1871	11.1
		Often	4	893	5.3
		N Missing		166	
Ever had insulin dependent (Type 1) diabetes	MEDH419	No	0	16757	99.3
		Yes	1	120	0.7
		N Missing		135	
Ever had Non-insulin dependent (Type 2) diabetes	MEDH375	No	0	16815	99.6
		Yes	1	62	0.4
		N Missing		135	
Ever had Heart disease	MEDH376	No	0	16772	99.4
		Yes	1	105	0.6
		N Missing		135	

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<i>Item Description</i>	<i>Variable Name</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Ever had Hypertension (high blood pressure)	MEDH377	No	0	16640	98.6
		Yes	1	237	1.4
		N Missing		135	
Ever had Low iron (iron deficiency or anaemia)	MEDH378	No	0	11567	68.5
		Yes	1	5310	31.5
		N Missing		135	
Ever had Asthma	MEDH379	No	0	12545	74.3
		Yes	1	4332	25.7
		N Missing		135	
Ever had bronchitis	MEDH380	No	0	14827	87.9
		Yes	1	2050	12.1
		N Missing		135	
Ever had endometriosis	MEDH381	No	0	16301	96.6
		Yes	1	576	3.4
		N Missing		135	
Ever had thrombosis	MEDH382	No	0	16836	99.8
		Yes	1	41	0.2
		N Missing		135	
Ever had Polycystic Ovary Syndrome	MEDH383	No	0	15915	94.3
		Yes	1	962	5.7
		N Missing		135	
Ever had skin cancer	MEDH384	No	0	16790	99.5
		Yes	1	87	0.5
		N Missing		135	
Ever had other cancer	MEDH385	No	0	16765	99.3
		Yes	1	112	0.7
		N Missing		135	

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<i>Item Description</i>	<i>Variable Name</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Ever had major physical illness	MEDH386	No	0	14564	86.3
		Yes	1	2313	13.7
		N Missing		135	
Ever had other	MEDH420	No	0	14538	86.1
		Yes	1	2339	13.9
		N Missing		135	
Ever had None of these Physical Conditions	MEDH466	No	0	10191	60.4
		Yes	1	6686	39.6
		N Missing		135	
Ever had Urinary tract infection	MEDH389	No	0	9897	58.7
		Yes	1	6949	41.3
		N Missing		166	
Ever had Chlamydia	MEDH390	No	0	15453	91.7
		Yes	1	1393	8.3
		N Missing		166	
Ever had Genital herpes	MEDH391	No	0	16511	98.0
		Yes	1	335	2.0
		N Missing		166	
Ever had Genital warts (HPV)	MEDH392	No	0	16664	98.9
		Yes	1	182	1.1
		N Missing		166	
Ever had HIV or AIDS	MEDH393	No	0	16834	99.9
		Yes	1	12	0.1
		N Missing		166	
Ever had Hepatitis B or C	MEDH394	No	0	16807	99.8
		Yes	1	39	0.2
		N Missing		166	

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<i>Item Description</i>	<i>Variable Name</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Ever had Other sexually transmitted infection	MEDH395	No	0	16670	99.0
		Yes	1	176	1.0
		N Missing		166	
Ever had None of these sexual conditions	MEDH452	No	0	7779	46.2
		Yes	1	9067	53.8
		N Missing		166	
Ever had depression	MEDH396	No	0	10976	65.2
		Yes	1	5870	34.8
		N Missing		166	
Ever had anxiety disorder	MEDH397	No	0	12131	72.0
		Yes	1	4715	28.0
		N Missing		166	
Ever had other mental illness	MEDH398	No	0	15515	92.1
		Yes	1	1331	7.9
		N Missing		166	
Ever had none of these mental conditions	MEDH388	No	0	7174	42.6
		Yes	1	9672	57.4
		N Missing		166	
In the last two years have you had a Pap test?	REPH028	Yes	1	8085	48.0
		No	2	8752	52.0
		N Missing		175	
In the last two years have your blood pressure checked?	REPH271	Yes	1	14463	85.9
		No	2	2375	14.1
		N Missing		174	
In the last two years have your skin checked?	HSRV217	Yes	1	4966	29.5
		No	2	11864	70.5
		N Missing		182	

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<i>Item Description</i>	<i>Variable Name</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Have you ever had a vaccination for HPV (genital warts, cervical cancer)?	PHTH009	Yes	1	13985	83.1
		No	2	2854	16.9
		N Missing		173	
Do you have your own Medicare card?	HSRV212	Yes, I have my own card	1	11582	68.8
		Yes, I have a copy of my parent's card	2	2190	13.0
		No, I need to borrow my parent's card	3	2936	17.4
		No, I don't have one	4	88	0.5
		Don't know	5	48	0.3
		N Missing		168	
Do you have a Health Care Card ? This is a card that entitles you to discounts and assistance with medical expenses. This is not the same as a Medicare card.	HSRV079	Yes	1	5579	33.1
		No	2	11259	66.9
		N Missing		174	
Do you currently smoke tobacco?	SMOK038	Daily	1	1713	10.2
		Less than daily	2	1465	8.7
		Not at all	3	13668	81.1
		N Missing		166	
On a day when you smoke, how many cigarettes do you usually smoke?	SMOK039	Mean		6.63	
		Std Error		0.10	
		N		3145	
		N Missing		13867	
In the past, have you smoked tobacco?	SMOK036	Daily	1	640	4.7
		Less than daily	2	2433	17.8
		Not at all	3	10595	77.5
		N Missing		3344	
At what age did you start smoking tobacco?	SMOK037	Mean		16.43	
		Std Error		0.03	
		N		6245	
		N Missing		10767	

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<i>Item Description</i>	<i>Variable Name</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Have you ever drunk alcohol?	ALCS033	I have never drunk alcohol	1	538	3.2
		I have drunk alcohol	2	16307	96.8
		N Missing		167	
At what age did you first have a standard drink of alcohol?	ALCS032_AGE	Mean		15.85	
		Std Error		0.01	
		N		16242	
		N Missing		770	
How often do you usually drink alcohol?	ALCS009	I never drink alcohol	1	1266	7.5
		Less than once a month	2	5613	33.3
		Less than once a week	3	5560	33.0
		On 1 or 2 days a week	4	3511	20.8
		On 3 or 4 days a week	5	698	4.1
		On 5 or 6 days a week	6	153	0.9
		Every day	7	45	0.3
		N Missing		166	
On a day when you drink alcohol, how many standard drinks do you usually have?	ALCS010	Never drink	0	1266	7.5
		1 or 2 drinks per day	1	5246	31.1
		3 or four drinks per day	2	5220	31.0
		5 to 8 drinks per day	3	4063	24.1
		9 or more drinks per day	4	1051	6.2
		N Missing		166	

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<i>Item Description</i>	<i>Variable Name</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
How often do you have five or more standard drinks of alcohol on one occasion?	ALCS011	Never	1	2899	18.0
		Less than once a month	2	7259	45.0
		About once a month	3	3762	23.3
		About once a week	4	1941	12.0
		More than once a week	5	257	1.6
		N Missing		894	
Have you used it in the last 12 months? Marijuana (cannabis, hash, grass, dope, pot, yandi)	MARIJTRY_LAST12	No	0	11719	69.6
		Yes	1	5126	30.4
		N Missing		167	
Have you tried Marijuana (cannabis, hash, grass, dope, pot, yandi)? Never	MARIJTRY_NEVER	No	0	9001	53.4
		Yes	1	7844	46.6
		N Missing		167	
Have you tried any other illicit drugs (amphetamines, LSD, natural hallucinogens, tranquilisers, cocaine, ecstasy, inhalants, heroin or barbiturates)? Never	ILLICITTRY_NEVER	No	0	4869	28.9
		Yes	1	11976	71.1
		N Missing		167	
At about what age did you first try this? Marijuana (cannabis, hash, grass, dope, pot, yandi)	MARIJAGE	Mean		17.16	
		Std Error		0.02	
		N		8995	
		N Missing		8017	
At about what age did you first try this? Ecstasy/designer drugs (eg E, eccies, MDMA)	ILLICITAGE	Mean		17.96	
		Std Error		0.03	
		N		4865	
		N Missing		12147	
How many times did you do each type of activity last week? Walking briskly	EXER004	Mean		6.27	
		Std Error		0.06	
		N		16871	
		N Missing		141	

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<i>Item Description</i>	<i>Variable Name</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
How many times did you do each type of activity last week? Moderate leisure activity	EXER005	Mean		1.72	
		Std Error		0.03	
		N		16870	
		N Missing		142	
How many times did you do each type of activity last week? Vigorous leisure activity	EXER006	Mean		2.26	
		Std Error		0.04	
		N		16871	
		N Missing		141	
How many times did you do each type of activity last week? Vigorous household or garden chores	EXER011	Mean		2.48	
		Std Error		0.05	
		N		16871	
		N Missing		141	
In total minutes, how much time did you spend altogether walking briskly?	WALKBRISKTOTMIN	Mean		223.15	
		Std Error		3.61	
		N		16818	
		N Missing		194	
In total minutes, how much time did you spend altogether on moderate leisure activities?	MODLEISTOTMIN	Mean		82.35	
		Std Error		2.05	
		N		16829	
		N Missing		183	
In total minutes, how much time did you spend altogether on vigorous leisure activities?	VIGLEISTOTMIN	Mean		107.75	
		Std Error		2.50	
		N		16836	
		N Missing		176	
In total minutes, how much time did you spend altogether on vigorous household or garden chores?	VIGCHORETOTMIN	Mean		100.23	
		Std Error		2.27	
		N		16837	
		N Missing		175	



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<i>Item Description</i>	<i>Variable Name</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
In the past 4 weeks about how often did you feel tired out for no good reason?	KTEN001	None of the time	1	1662	9.9
		A little of the time	2	4546	27.0
		Some of the time	3	5535	32.9
		Most of the time	4	3869	23.0
		All of the time	5	1226	7.3
		N Missing		174	
		In the past 4 weeks about how often did you feel nervous?	KTEN002	None of the time	1
A little of the time	2			5589	33.2
Some of the time	3			5832	34.6
Most of the time	4			2560	15.2
All of the time	5			525	3.1
N Missing				178	
In the past 4 weeks about how often did you feel so nervous that nothing could calm you down?	KTEN003			None of the time	1
		A little of the time	2	4212	25.0
		Some of the time	3	2741	16.3
		Most of the time	4	801	4.8
		All of the time	5	160	1.0
		N Missing		176	
		In the past 4 weeks about how often did you feel hopeless?	KTEN004	None of the time	1
A little of the time	2			4992	29.7
Some of the time	3			3619	21.5
Most of the time	4			1945	11.6
All of the time	5			730	4.3
N Missing				178	
In the past 4 weeks about how often did you feel restless or fidgety?	KTEN005			None of the time	1
		A little of the time	2	5329	31.7
		Some of the time	3	5369	31.9
		Most of the time	4	2489	14.8
		All of the time	5	770	4.6
		N Missing		181	

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<i>Item Description</i>	<i>Variable Name</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
In the past 4 weeks about how often did you feel so restless you could not sit still?	KTEN006	None of the time	1	7519	44.7
		A little of the time	2	4948	29.4
		Some of the time	3	3014	17.9
		Most of the time	4	1088	6.5
		All of the time	5	269	1.6
		N Missing		174	
		In the past 4 weeks about how often did you feel depressed?	KTEN007	None of the time	1
A little of the time	2			4818	28.6
Some of the time	3			3765	22.4
Most of the time	4			2041	12.1
All of the time	5			851	5.1
N Missing				173	
In the past 4 weeks about how often did you feel that everything is an effort?	KTEN008			None of the time	1
		A little of the time	2	5320	31.6
		Some of the time	3	3999	23.8
		Most of the time	4	2658	15.8
		All of the time	5	1229	7.3
		N Missing		180	
		In the past 4 weeks about how often did you feel so sad that nothing could cheer you up?	KTEN009	None of the time	1
A little of the time	2			4579	27.2
Some of the time	3			3097	18.4
Most of the time	4			1376	8.2
All of the time	5			380	2.3
N Missing				173	
In the past 4 weeks about how often did you feel worthless?	KTEN010			None of the time	1
		A little of the time	2	4190	24.9
		Some of the time	3	2664	15.8
		Most of the time	4	1729	10.3
		All of the time	5	997	5.9
		N Missing		174	

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<i>Item Description</i>	<i>Variable Name</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Kessler Psychological Distress Scale (K10) Score	k10	Mean		22.95	
		Std Error		0.06	
		N		16840	
		N Missing		172	
Over the last 12 months, how stressed have you felt about the following areas of your life: Own health	STRS001	Not applicable	1	125	0.7
		Not at all stressed	2	3736	22.2
		Somewhat stressed	3	6202	36.8
		Moderately stressed	4	3875	23.0
		Very stressed	5	1962	11.7
		Extremely stressed	6	934	5.5
		N Missing		178	
Over the last 12 months, how stressed have you felt about the following areas of your life: Health of other family members	STRS002	Not applicable	1	274	1.6
		Not at all stressed	2	4198	24.9
		Somewhat stressed	3	5433	32.3
		Moderately stressed	4	3723	22.1
		Very stressed	5	2109	12.5
		Extremely stressed	6	1095	6.5
		N Missing		180	
Over the last 12 months, how stressed have you felt about the following areas of your life: Work/Employment	STRS003	Not applicable	1	870	5.2
		Not at all stressed	2	2060	12.2
		Somewhat stressed	3	4202	25.0
		Moderately stressed	4	4270	25.4
		Very stressed	5	3350	19.9
		Extremely stressed	6	2078	12.3
		N Missing		182	
Over the last 12 months, how stressed have you felt about the following areas of your life: Living arrangements	STRS004	Not applicable	1	429	2.5
		Not at all stressed	2	5701	33.9
		Somewhat stressed	3	3935	23.4
		Moderately stressed	4	3041	18.1
		Very stressed	5	2146	12.8
		Extremely stressed	6	1578	9.4
		N Missing		182	

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<i>Item Description</i>	<i>Variable Name</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Over the last 12 months, how stressed have you felt about the following areas of your life: Study	STRS005	Not applicable	1	3044	18.1
		Not at all stressed	2	1610	9.6
		Somewhat stressed	3	2351	14.0
		Moderately stressed	4	3291	19.5
		Very stressed	5	3724	22.1
		Extremely stressed	6	2814	16.7
		N Missing		178	
Over the last 12 months, how stressed have you felt about the following areas of your life: Money	STRS006	Not applicable	1	85	0.5
		Not at all stressed	2	1552	9.2
		Somewhat stressed	3	3831	22.8
		Moderately stressed	4	3944	23.4
		Very stressed	5	3697	22.0
		Extremely stressed	6	3720	22.1
		N Missing		183	
Over the last 12 months, how stressed have you felt about the following areas of your life: Relationship with parents	STRS007	Not applicable	1	423	2.5
		Not at all stressed	2	8083	48.0
		Somewhat stressed	3	3774	22.4
		Moderately stressed	4	2189	13.0
		Very stressed	5	1309	7.8
		Extremely stressed	6	1056	6.3
		N Missing		178	
Over the last 12 months, how stressed have you felt about the following areas of your life: Relationship with partner/spouse	STRS008	Not applicable	1	4259	25.3
		Not at all stressed	2	4161	24.7
		Somewhat stressed	3	3787	22.5
		Moderately stressed	4	2031	12.1
		Very stressed	5	1391	8.3
		Extremely stressed	6	1200	7.1
		N Missing		183	

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<i>Item Description</i>	<i>Variable Name</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Over the last 12 months, how stressed have you felt about the following areas of your life: Relationship with other family members	STRS010	Not applicable	1	716	4.3
		Not at all stressed	2	9119	54.2
		Somewhat stressed	3	4026	23.9
		Moderately stressed	4	1700	10.1
		Very stressed	5	791	4.7
		Extremely stressed	6	478	2.8
		N Missing		182	
Over the last 12 months, how stressed have you felt about the following areas of your life? Relationship with friends	STRS030	Not applicable	1	421	2.5
		Not at all stressed	2	6447	38.3
		Somewhat stressed	3	5768	34.3
		Moderately stressed	4	2569	15.3
		Very stressed	5	1074	6.4
		Extremely stressed	6	553	3.3
		N Missing		180	
Over the last 12 months, how stressed have you felt about the following areas of your life: Motherhood/children	STRS031	Not applicable	1	13657	81.1
		Not at all stressed	2	1561	9.3
		Somewhat stressed	3	695	4.1
		Moderately stressed	4	419	2.5
		Very stressed	5	236	1.4
		Extremely stressed	6	267	1.6
		N Missing		177	
In total minutes, how much time do you typically spend sitting down on a usual weekday?	SITWEEKDAYTOTMIN	Mean		437.90	
		Std Error		1.93	
		N		16816	
		N Missing		196	
Age (years) first had menstrual period?	REPH040	Mean		12.79	
		Std Error		0.01	
		N		16830	
		N Missing		182	

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<i>Item Description</i>	<i>Variable Name</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Ever had vaginal sex?	REPH272	Yes	1	14246	84.6
		No	2	2422	14.4
		I prefer not to answer	3	166	1.0
		N Missing		178	
Age (years) when you first had vaginal sex?	REPH041	Mean		16.46	
		Std Error		0.02	
		N		14366	
		N Missing		2646	
Last Time had vaginal sex, used The Pill	REPH273	No	0	6575	45.6
		Yes	1	7840	54.4
		N Missing		2597	
Last Time had vaginal sex,used Condoms	REPH274	No	0	8297	57.6
		Yes	1	6118	42.4
		N Missing		2597	
Last Time had vaginal sex, Implanon	REPH275	No	0	12936	89.7
		Yes	1	1479	10.3
		N Missing		2597	
Last Time had vaginal sex, Mirena	REPH276	No	0	14118	97.9
		Yes	1	297	2.1
		N Missing		2597	
Last Time had vaginal sex,Other contraceptive	REPH277	No	0	13940	96.7
		Yes	1	475	3.3
		N Missing		2597	
Last Time had vaginal sex, No contraception	REPH278	No	0	12528	86.9
		Yes	1	1887	13.1
		N Missing		2597	
Have you ever been pregnant?	REPH179	Yes	1	2258	13.4
		No	2	14575	86.6
		N Missing		179	

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<i>Item Description</i>	<i>Variable Name</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Are you currently pregnant?	REPH009	Yes	1	222	1.3
		No	2	16611	98.7
		N Missing		179	
Ever had a Miscarriage	REPH279	Yes	1	754	4.5
		No	2	15997	95.0
		Don't know	3	65	0.4
		I prefer not to answer	4	15	0.1
		N Missing		181	
Ever had an abortion or termination (for personal reasons)	REPH280	Yes	1	948	5.6
		No	2	15863	94.2
		Don't know	3	1	0.0
		I prefer not to answer	4	20	0.1
		N Missing		180	
Ever had an abortion or termination (for medical reasons)	REPH281	Yes	1	97	0.6
		No	2	16710	99.3
		Don't know	3	5	0.0
		I prefer not to answer	4	16	0.1
		N Missing		184	
Ever had a Ectopic pregnancy (tubal pregnancy)	REPH282	Yes	1	54	0.3
		No	2	16752	99.5
		Don't know	3	19	0.1
		I prefer not to answer	4	4	0.0
		N Missing		183	
Have you ever had a: Live birth?	REPH233	I prefer not to answer	4	7	0.0
		N Missing		181	
		Yes	1	969	5.8
		No	2	15849	94.2
		Don't know	3	6	0.0

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<i>Item Description</i>	<i>Variable Name</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Ever had a Still birth	REPH283	Yes	1	27	0.2
		No	2	16791	99.8
		Don't know	3	3	0.0
		I prefer not to answer	4	9	0.1
		N Missing		182	
Number of miscarriages	REPH160	Mean		0.06	
		Std Error		0.00	
		N		16813	
		N Missing		199	
Number of abortions or terminations for personal reasons	REPH245	Mean		0.07	
		Std Error		0.00	
		N		16813	
		N Missing		199	
Number of abortions or terminations for medical reasons	REPH246	Mean		0.01	
		Std Error		0.00	
		N		16815	
		N Missing		197	
Number of Ectopic pregnancies (tubal pregnancies)	REPH247	Mean		0.00	
		Std Error		0.00	
		N		16822	
		N Missing		190	
Number of live births	REPH242	Mean		0.08	
		Std Error		0.00	
		N		16826	
		N Missing		186	
Number of still births	REPH243	Mean		0.00	
		Std Error		0.00	
		N		16823	
		N Missing		189	



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<i>Item Description</i>	<i>Variable Name</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
How tall are you without shoes?	htcm	Mean		166.37	
		Std Error		0.06	
		N		16375	
		N Missing		637	
Weight in Kgs	wtkg	Mean		67.18	
		Std Error		0.13	
		N		16820	
		N Missing		192	
These questions are about getting on with other people: Have you ever been in a violent relationship with a partner/spouse?	FAMF023	Yes	1	2182	13.2
		No	2	14408	86.8
		N Missing		422	
Ever been pushed, grabbed, shoved, kicked or hit	LFEV283	Never	1	8504	50.6
		Last 12 months only	2	2444	14.6
		More than 12 months ago	3	5595	33.3
		Last 12 months and more than 12 months ago	4	253	1.5
		N Missing		216	
Ever been forced to take part in unwanted sexual activity	LFEV284	Never	1	12201	72.7
		Last 12 months only	2	763	4.5
		More than 12 months ago	3	3722	22.2
		Last 12 months and more than 12 months ago	4	94	0.6
		N Missing		232	
Ever been bullied	LFEV285	Never	1	4773	28.4
		Last 12 months only	2	2498	14.9
		More than 12 months ago	3	8976	53.4
		Last 12 months and more than 12 months ago	4	551	3.3
		N Missing		214	

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<i>Item Description</i>	<i>Variable Name</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
My partner told me that I was ugly, stupid or crazy	CASC136	Never	1	11870	72.0
		Last 12 months only	2	1566	9.5
		More than 12 months ago	3	2896	17.6
		Last 12 months and more than 12 months ago	4	159	1.0
		N Missing		521	
My partner followed me or harassed me	CASC139	Never	1	14387	87.3
		Last 12 months only	2	538	3.3
		More than 12 months ago	3	1500	9.1
		Last 12 months and more than 12 months ago	4	46	0.3
		N Missing		541	
My partner tried to turn my family, friends or children against me	CASC128	Never	1	14568	88.5
		Last 12 months only	2	493	3.0
		More than 12 months ago	3	1350	8.2
		Last 12 months and more than 12 months ago	4	57	0.3
		N Missing		544	
My partner kicked, bit, slapped or hit me with a fist	CASC129	Never	1	14266	86.7
		Last 12 months only	2	565	3.4
		More than 12 months ago	3	1557	9.5
		Last 12 months and more than 12 months ago	4	70	0.4
		N Missing		554	

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<i>Item Description</i>	<i>Variable Name</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
My partner forced me to take part in unwanted sexual activity	CASC138	Never	1	13948	84.7
		Last 12 months only	2	463	2.8
		More than 12 months ago	3	1988	12.1
		Last 12 months and more than 12 months ago	4	66	0.4
		N Missing		547	
This question asks about situations you may have experienced with current or past partners. My partner: Tried to keep me from seeing or talking to my family, friends or children, or didn't want me to socialise	CASC121	Never	1	13515	82.1
		Last 12 months only	2	783	4.8
		More than 12 months ago	3	2061	12.5
		Last 12 months and more than 12 months ago	4	110	0.7
		N Missing		543	
This question asks about situations you may have experienced with current or past partners. My partner: Pushed, grabbed, shoved, shook or threw me	CASC122	Never	1	10753	83.0
		Last 12 months only	2	653	5.0
		More than 12 months ago	3	1476	11.4
		Last 12 months and more than 12 months ago	4	81	0.6
		N Missing		4049	
My partner blamed me for causing their violent behaviour	CASC132	Never	1	10819	83.6
		Last 12 months only	2	676	5.2
		More than 12 months ago	3	1358	10.5
		Last 12 months and more than 12 months ago	4	88	0.7
		N Missing		4071	

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<i>Item Description</i>	<i>Variable Name</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
My partner harassed me over the telephone, email, Facebook or internet	CASC133	Never	1	9746	75.2
		Last 12 months only	2	913	7.0
		More than 12 months ago	3	2138	16.5
		Last 12 months and more than 12 months ago	4	157	1.2
		N Missing		4058	
My partner used a knife or gun or other weapon or beat me up	CASC134	Never	1	12649	97.8
		Last 12 months only	2	59	0.5
		More than 12 months ago	3	216	1.7
		Last 12 months and more than 12 months ago	4	6	0.0
		N Missing		4082	
My partner became upset if dinner / housework wasn't done	CASC137	Never	1	11322	87.5
		Last 12 months only	2	786	6.1
		More than 12 months ago	3	729	5.6
		Last 12 months and more than 12 months ago	4	103	0.8
		N Missing		4072	
My partner refused to let me work outside the home or took my wallet and left me stranded	CASC135	Never	1	12457	96.5
		Last 12 months only	2	116	0.9
		More than 12 months ago	3	317	2.5
		Last 12 months and more than 12 months ago	4	17	0.1
		N Missing		4105	

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<i>Item Description</i>	<i>Variable Name</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Have you been feeling that life isn't worth living?	PWEL005	Never	1	6868	40.9
		Last 12 months only	2	4381	26.1
		More than 12 months ago	3	4738	28.2
		Last 12 months and more than 12 months ago	4	816	4.9
		N Missing		209	
Have you deliberately hurt yourself or done anything that you knew might have harmed or even killed you?	PWEL006	Never	1	9272	55.2
		Last 12 months only	2	2218	13.2
		More than 12 months ago	3	4815	28.7
		Last 12 months and more than 12 months ago	4	486	2.9
		N Missing		221	
Not Aboriginal or Torres Strait Islander origin	DEMO062	No	0	384	2.6
		Yes	1	14481	97.4
		N Missing		2147	
Aboriginal origin	DEMO063	No	0	14518	97.7
		Yes	1	347	2.3
		N Missing		2147	
Torres Strait Islander origin	DEMO064	No	0	14799	99.6
		Yes	1	66	0.4
		N Missing		2147	
Do you speak fluent English?	DEMO168	Yes	1	16784	99.7
		No	2	45	0.3
		N Missing		183	

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<i>Item Description</i>	<i>Variable Name</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Highest level of education you have completed?	DEMO154	Year 10 or below	1	572	3.4
		Year 11 or equivalent	2	693	4.1
		Year 12 or equivalent	3	7314	43.5
		Certificate I / II	4	688	4.1
		Certificate III / IV	5	2600	15.4
		Advanced Diploma / Diploma	6	1128	6.7
		Bachelor degree	7	3442	20.5
		Graduate diploma / Graduate certificate	8	153	0.9
		Postgraduate degree	9	239	1.4
		N Missing		183	
What language do you speak at home?	langhome	English	1	15551	96.7
		European language	2	96	0.6
		Asian language	3	187	1.2
		Other language	4	252	1.6
		N Missing		926	
Are you currently unemployed and actively seeking work?	EMPL033	No	1	13125	78.0
		Yes, unemployed for less than 6 months	2	1494	8.9
		Yes, unemployed for 6 months or more	3	2210	13.1
		N Missing		183	
In a usual week, how many hours do you spend doing paid work?	EMPL093	0	1	3705	22.0
		1 - 15	2	4802	28.5
		16 - 29	3	3350	19.9
		30 - 34	4	1051	6.2
		35 - 40	5	2804	16.7
		41 - 49	6	838	5.0
		50 or more	7	272	1.6
		N Missing		190	

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<i>Item Description</i>	<i>Variable Name</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
In a usual week, how many hours do you spend studying?	EMPL094	0	1	5706	33.9
		1 - 15	2	5190	30.9
		16 - 29	3	2972	17.7
		30 - 34	4	1236	7.4
		35 - 40	5	962	5.7
		41 - 49	6	387	2.3
		50 or more	7	360	2.1
		N Missing		199	
How do you manage on the income you have available?	DEMO013	It is impossible	1	734	4.4
		It is difficult all the time	2	3529	21.0
		It is difficult some of the time	3	6000	35.7
		It is not too bad	4	4773	28.4
		It is easy	5	1788	10.6
		N Missing		188	
		Do you regularly need help with daily tasks because of a long-term illness or disability (eg help with personal care, getting around, preparing meals etc)?	FAMF126	Yes	1
No	2			16462	97.8
N Missing				187	
Which of these most closely describes your sexual orientation?	REPH048	I am exclusively heterosexual	1	10794	64.1
		I am mainly heterosexual	2	4076	24.2
		I am bisexual	3	1256	7.5
		I am mainly homosexual (lesbian)	4	174	1.0
		I am exclusively homosexual (lesbian)	5	143	0.8
		I don't know	6	281	1.7
		I don't want to answer	7	103	0.6
		N Missing		185	

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<i>Item Description</i>	<i>Variable Name</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
What is your current relationship status?	DEMO155	I am single	1	6479	38.5
		I am in a relationship (not living together)	2	5613	33.4
		I am living with a partner	3	3308	19.7
		I am engaged	4	791	4.7
		I am married	5	504	3.0
		I am divorced	6	6	0.0
		I am separated	7	47	0.3
		Other (please specify)	8	81	0.5
		N Missing		183	
I live alone	DEMO156	No	0	16202	96.3
		Yes	1	630	3.7
		N Missing		180	
I live with one or both parents	DEMO157	No	0	8368	49.7
		Yes	1	8456	50.3
		N Missing		188	
I live with other adults	DEMO158	No	0	12596	74.9
		Yes	1	4228	25.1
		N Missing		188	
I live with my male partner	DEMO159	No	0	12685	75.4
		Yes	1	4139	24.6
		N Missing		188	
I live with my female partner	DEMO160	No	0	16754	99.6
		Yes	1	70	0.4
		N Missing		188	
I live with children	DEMO161	No	0	15884	94.4
		Yes	1	940	5.6
		N Missing		188	



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<i>Item Description</i>	<i>Variable Name</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Living arrangements, Other	DEMO169	No	0	15230	90.5
		Yes	1	1594	9.5
		N Missing		188	
Did someone help you fill in this survey?	FAMF206	No	1	16819	100.0
		Yes, but I told them the answers I wanted	2	5	0.0
		Yes, but the helper answered for me using his / her own judgement	3	2	0.0
		N Missing		186	
What is your postcode? Mark here if living overseas	LIVINGOS	No	0	15374	99.6
		Yes	1	63	0.4
		N Missing		1575	
ARIA+ Grouped	ariappg	Major cities	1	12628	74.3
		Inner regional	2	2894	17.0
		Outer regional	3	1126	6.6
		Remote	4	143	0.8
		Very remote	5	48	0.3
		Overseas	6	161	0.9
		N Missing		12	
Smoking Status	smokst	Never smoked	1	10595	62.9
		Ex-smoker	2	3073	18.2
		Smoker <10 c/d	3	2298	13.6
		Smoker 10-19 c/d	4	725	4.3
		Smoker > = 20 c/d	5	155	0.9
		N Missing		166	
NHMRC alcohol classification	alcnhmrc	Low risk drinker	1	9344	55.5
		Non-drinker	2	1266	7.5
		Rarely drinks	3	5613	33.3
		Risky drinker	4	540	3.2
		High risk drinker	5	83	0.5
		N Missing		166	

**ALSWH Data book for first survey of 1989-95 cohort**

<i>Item Description</i>	<i>Variable Name</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Alcohol drinking pattern	alcpatt	Low long-term risk, drinks at short-term risk less than weekly	1	13094	77.7
		Non-drinker	2	1266	7.5
		Low long-term risk, drinks at short-term risk weekly or more	3	1863	11.1
		Risky/high risk drinker	4	623	3.7
		N Missing		166	
		AHS exercise groups	exgrp	Inactive	1
		Low	2	4111	24.4
		Moderate	3	3583	21.3
		High	4	8128	48.2
		N Missing		159	
	MetMinGrp	Mean		3.12	
		Std Error		0.01	
		N		16853	
		N Missing		159	
WHO BMI classification	BMIGROUP	Underweight, BMI < 18.5	1	1285	7.9
		Healthy weight, 18.5 <= BMI < 25	2	9711	59.7
		Overweight, 25 <= BMI < 30	3	3122	19.2
		Obese, 30 <= BMI	4	2159	13.3
		N Missing		735	
		BMI	BMI	Mean	
		Std Error		0.04	
		N		16277	
		N Missing		735	
Metabolic minutes	metmin	Mean		1577.53	
		Std Error		14.30	
		N		16853	
		N Missing		159	

**ALSWH Data book for first survey of 1989-95 cohort**

<i>Item Description</i>	<i>Variable Name</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Mean Stress	mnstrs	Mean		1.27	
		Std Error		0.00	
		N		16837	
		N Missing		175	
How did you hear about the ALSWH survey?	infogp	Facebook including advertising	1	11772	70.0
		Other web activities	2	824	4.9
		Referral	3	1187	7.1
		Traditional media/marketing	4	910	5.4
		Black Milk	5	2133	12.7
		N Missing		186	
State participant resides in at the completion of each survey	state	NSW	1	5093	30.0
		Vic	2	4079	24.0
		Qld	3	3793	22.3
		SA	4	1301	7.7
		WA	5	1877	11.0
		Tas	6	495	2.9
		NT	7	139	0.8
		ACT	8	191	1.1
		Overseas	9	34	0.2
		N Missing		10	
Age of participant at completion	age	Mean		20.53	
		Std Error		0.01	
		N		17012	
		N Missing		0	