

women's
health
a u s t r a l i a

the australian longitudinal
study on women's health

data book

*for the second survey of the 1989-95 cohort
(when they were aged 19-24 years)*

december 2015

Data book for the second survey of the 1989-1995 cohort (aged 19-24 years)

This work is copyright. Permission to use or reproduce material in this book for the purpose of free distribution is not required, provided that proper acknowledgement of the source is given. For other uses, apart from any permitted use under the Copyright Act 1968, no part may be reproduced by any process without written permission from the Director, Australian Longitudinal Study on Women's Health, University of Queensland.

Acknowledgements

This study is funded by the Australian Government Department of Health. This document was prepared by Carl Holder and David Fitzgerald, with help from the data management group of the Australian Longitudinal Study on Women's Health (ALSWH) at the Universities of Queensland and Newcastle. The research team would like to thank all participants who contributed to the project.

Notes

During 2014, 11,344 valid surveys were returned by members of the ALSWH 1989-95 birth cohort. These were all done online.

This data book is ordered by the order the questions occurred in the questionnaire. Some derived variables are given in place of the questionnaire items or immediately after them.

The frequencies in this data book have not been weighted.

For information on the derived variables refer to the ALSWH website (<http://www.alwsh.org.au/>). The ALSWH website has general information about the project; the investigators and staff; publications and presentations; information for participants; surveys; and information for potential data users. If you have any queries, please contact us at:

Australian Longitudinal Study on Women's Health
www.alswh.org.au

The University of Newcastle
Research Centre for Gender, Health & Ageing
University Drive
Callaghan NSW 2308
Phone: 02 4042 0686
Fax: 02 4042 0044
Email: info@alswh.org.au

The University of Queensland
School of Public Health
Herston Road
Herston QLD 4006
Phone: 07 3346 4723
Fax: 07 3365 5540
Email: sph-wha@sph.uq.edu.au

ALSWH Data book for second survey of 1989-95 cohort

<i>Item Description</i>	<i>Variable Name</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
In general, would you say your health is:	SF36001	Excellent	1	795	7.0
		Very good	2	4152	36.6
		Good	3	4561	40.2
		Fair	4	1531	13.5
		Poor	5	304	2.7
		N Missing		1	
		Where do you get information about your health? School, University, TAFE	HSRV201	No	0
Yes	1			4478	39.5
Where do you get information about your health? Friends	HSRV202	No	0	6246	55.1
		Yes	1	5098	44.9
Where do you get information about your health? Internet	HSRV203	No	0	2582	22.8
		Yes	1	8762	77.2
Where do you get information about your health? Journal articles, textbooks, books	HSRV213	No	0	7559	66.6
		Yes	1	3785	33.4
Where do you get information about your health? Family member	HSRV204	No	0	4572	40.3
		Yes	1	6772	59.7
Where do you get information about your health? Nurse	HSRV205	No	0	9289	81.9
		Yes	1	2055	18.1
Where do you get information about your health? Doctor	HSRV206	No	0	1978	17.4
		Yes	1	9366	82.6
Where do you get information about your health? Family planning, sexual health clinic	HSRV207	No	0	10562	93.1
		Yes	1	782	6.9
Where do you get information about your health? Youth, community services	HSRV208	No	0	11098	97.8
		Yes	1	246	2.2
Where do you get information about your health? Other health professionals	HSRV214	No	0	9280	81.8
		Yes	1	2064	18.2

ALSWH Data book for second survey of 1989-95 cohort

<i>Item Description</i>	<i>Variable Name</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Where do you get information about your health? TV,radio,magazines,poster,leaflet	HSRV209	No	0	8120	71.6
		Yes	1	3224	28.4
Where do you get information about your health? None of these	HSRV211	No	0	11295	99.6
		Yes	1	49	0.4
In general do you prefer to see a female doctor?	HSRV015	Yes, always	1	1441	12.7
		Yes, but only for certain things, such as	2	6548	57.7
		No	3	588	5.2
		Don't care	4	2766	24.4
		N Missing		1	
In the last 12 months have you had any of the following: Allergies, hayfever, sinusitis	CPRB001	Never	1	3926	34.6
		Rarely	2	2389	21.1
		Sometimes	3	3044	26.9
		Often	4	1978	17.4
		N Missing		7	
In the last 12 months, have you had any of the following: Breathing difficulty	CPRB002	Never	1	5769	50.9
		Rarely	2	3123	27.5
		Sometimes	3	2017	17.8
		Often	4	429	3.8
		N Missing		6	
In the last 12 months, have you had any of the following: Skin problems	CPRB022	Never	1	2670	23.5
		Rarely	2	3377	29.8
		Sometimes	3	3181	28.1
		Often	4	2110	18.6
		N Missing		6	
In the last 12 months, have you had any of the following: Headaches/migraines	CPRB005	Never	1	821	7.2
		Rarely	2	3603	31.8
		Sometimes	3	4639	40.9
		Often	4	2269	20.0
		N Missing		12	

ALSWH Data book for second survey of 1989-95 cohort

<i>Item Description</i>	<i>Variable Name</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
In the last twelve months have you had any of the following? Severe tiredness	CPRB084	Never	1	1054	9.3
		Rarely	2	2808	24.8
		Sometimes	3	4497	39.7
		Often	4	2973	26.2
		N Missing		12	
In the last 12 months, have you had any of the following: Stiff or painful joints	CPRB007	Never	1	3286	29.0
		Rarely	2	3797	33.5
		Sometimes	3	3131	27.6
		Often	4	1116	9.8
		N Missing		14	
In the last 12 months, have you had any of the following: Back pain	CPRB008	Never	1	1866	16.5
		Rarely	2	3418	30.2
		Sometimes	3	3887	34.3
		Often	4	2161	19.1
		N Missing		12	
Problems with one or both feet in the last 12 months	CPRB230	Never	1	6114	54.0
		Rarely	2	2860	25.2
		Sometimes	3	1598	14.1
		Often	4	760	6.7
		N Missing		12	
In the last 12 months, have you had any of the following: Difficulty sleeping	CPRB025	Never	1	1371	12.1
		Rarely	2	3297	29.1
		Sometimes	3	4205	37.1
		Often	4	2454	21.7
		N Missing		17	
In the last 12 months have you had any of the following? Depression	CPRB085	Never	1	3643	32.2
		Rarely	2	2902	25.6
		Sometimes	3	3090	27.3
		Often	4	1692	14.9
		N Missing		17	

ALSWH Data book for second survey of 1989-95 cohort

<i>Item Description</i>	<i>Variable Name</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
In the last 12 months, have you had any of the following: Episodes of intense anxiety (eg panic attacks)	CPRB238	Never	1	4181	36.9
		Rarely	2	3123	27.6
		Sometimes	3	2756	24.3
		Often	4	1267	11.2
		N Missing		17	
In the last 12 months, have you had any of the following: Other mental health problems	CPRB276	Never	1	6887	60.8
		Rarely	2	2365	20.9
		Sometimes	3	1323	11.7
		Often	4	752	6.6
		N Missing		17	
In the last 12 months, have you had any of the following: Palpitations (feeling that your heart is racing or fluttering in your chest)	CPRB239	Never	1	4750	41.9
		Rarely	2	3432	30.3
		Sometimes	3	2453	21.7
		Often	4	692	6.1
		N Missing		17	
In the last 12 months, have you had any of the following: Vaginal discharge or irritation	CPRB015	Never	1	3062	27.1
		Rarely	2	3850	34.0
		Sometimes	3	3319	29.3
		Often	4	1085	9.6
		N Missing		28	
In the last 12 months, have you had any of the following: Premenstrual tension	CPRB016	Never	1	2811	24.8
		Rarely	2	2809	24.8
		Sometimes	3	3805	33.6
		Often	4	1889	16.7
		N Missing		30	
Irregular periods in the last 12 months	CPRB181	Never	1	4589	40.5
		Rarely	2	2481	21.9
		Sometimes	3	2128	18.8
		Often	4	2119	18.7
		N Missing		27	

ALSWH Data book for second survey of 1989-95 cohort

<i>Item Description</i>	<i>Variable Name</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
In the last 12 months, have you had any of the following: Heavy periods	CPRB018	Never	1	4016	35.5
		Rarely	2	2987	26.4
		Sometimes	3	2724	24.1
		Often	4	1589	14.0
		N Missing		28	
In the last 12 months, have you had any of the following: Severe period pain	CPRB019	Never	1	3048	26.9
		Rarely	2	3155	27.9
		Sometimes	3	2913	25.7
		Often	4	2201	19.4
		N Missing		27	
In the last 12 months, have you had any of the following: Urine that burns or stings	CPRB010	Never	1	7396	65.4
		Rarely	2	2729	24.1
		Sometimes	3	1029	9.1
		Often	4	159	1.4
		N Missing		31	
In the last 12 months, have you had any of the following: Leaking urine	CPRB011	Never	1	7996	70.7
		Rarely	2	2097	18.5
		Sometimes	3	977	8.6
		Often	4	243	2.1
		N Missing		31	
In the last 12 months, have you had any of the following: Constipation	CPRB012	Never	1	4200	37.1
		Rarely	2	4078	36.1
		Sometimes	3	2374	21.0
		Often	4	659	5.8
		N Missing		33	
In the last 12 months, have you had any of the following: Haemorrhoids (piles)	CPRB013	Never	1	9757	86.3
		Rarely	2	837	7.4
		Sometimes	3	507	4.5
		Often	4	209	1.8
		N Missing		34	

ALSWH Data book for second survey of 1989-95 cohort

<i>Item Description</i>	<i>Variable Name</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
In the last 12 months, have you had any of the following: Other bowel problems	CPRB014	Never	1	7233	63.9
		Rarely	2	2077	18.4
		Sometimes	3	1355	12.0
		Often	4	646	5.7
		N Missing		33	
Have you ever been diagnosed or treated for: depression	MEDH396	No	0	7144	63.2
		Yes	1	4168	36.8
		N Missing		32	
Have you ever been diagnosed or treated for: anxiety disorder	MEDH397	No	0	7910	69.9
		Yes	1	3402	30.1
		N Missing		32	
Have you ever been diagnosed or treated for: post-traumatic stress disorder (PTSD)	MEDH413	No	0	10707	94.7
		Yes	1	605	5.3
		N Missing		32	
Have you ever been diagnosed or treated for: anorexia	MEDH414	No	0	10873	96.1
		Yes	1	439	3.9
		N Missing		32	
Have you ever been diagnosed or treated for: bulimia	MEDH415	No	0	10977	97.0
		Yes	1	335	3.0
		N Missing		32	
Have you ever been diagnosed or treated for: other eating disorder	MEDH454	No	0	10925	96.6
		Yes	1	387	3.4
		N Missing		32	
Have you ever been diagnosed or treated for: bipolar disorder	MEDH416	No	0	11037	97.6
		Yes	1	275	2.4
		N Missing		32	
Have you ever been diagnosed or treated for: obsessive compulsive disorder	MEDH455	No	0	10945	96.8
		Yes	1	367	3.2
		N Missing		32	

ALSWH Data book for second survey of 1989-95 cohort

<i>Item Description</i>	<i>Variable Name</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Have you ever been diagnosed or treated for: borderline personality disorder	MEDH456	No	0	10997	97.2
		Yes	1	315	2.8
		N Missing		32	
Have you ever been diagnosed or treated for: other major mental illness	MEDH398	No	0	11086	98.0
		Yes	1	226	2.0
		N Missing		32	
Have you ever been diagnosed or treated for: none of these mental conditions	MEDH388	No	0	5175	45.7
		Yes	1	6137	54.3
		N Missing		32	
Have you ever been diagnosed or treated for: insulin dependent (Type 1) diabetes	MEDH419	No	0	11234	99.3
		Yes	1	77	0.7
		N Missing		33	
Have you ever been diagnosed or treated for: Non-insulin dependent (Type 2) diabetes	MEDH375	No	0	11271	99.6
		Yes	1	40	0.4
		N Missing		33	
Have you ever been diagnosed or treated for: Heart disease	MEDH376	No	0	11259	99.5
		Yes	1	52	0.5
		N Missing		33	
Have you ever been diagnosed or treated for: Hypertension (high blood pressure)	MEDH377	No	0	11180	98.8
		Yes	1	131	1.2
		N Missing		33	
Have you ever been diagnosed or treated for: Low iron (iron deficiency or anaemia)	MEDH378	No	0	7736	68.4
		Yes	1	3575	31.6
		N Missing		33	
Have you ever been diagnosed or treated for: Asthma	MEDH379	No	0	8373	74.0
		Yes	1	2938	26.0
		N Missing		33	

ALSWH Data book for second survey of 1989-95 cohort

<i>Item Description</i>	<i>Variable Name</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Have you ever been diagnosed or treated for: bronchitis	MEDH380	No	0	10017	88.6
		Yes	1	1294	11.4
		N Missing		33	
Have you ever been diagnosed or treated for: endometriosis	MEDH381	No	0	10902	96.4
		Yes	1	409	3.6
		N Missing		33	
Have you ever been diagnosed or treated for: thrombosis	MEDH382	No	0	11290	99.8
		Yes	1	21	0.2
		N Missing		33	
Have you ever been diagnosed or treated for: Polycystic Ovary Syndrome	MEDH383	No	0	10582	93.6
		Yes	1	729	6.4
		N Missing		33	
Have you ever been diagnosed or treated for: skin cancer	MEDH384	No	0	11248	99.4
		Yes	1	63	0.6
		N Missing		33	
Have you ever been diagnosed or treated for: major physical illness	MEDH386	No	0	10339	91.4
		Yes	1	972	8.6
		N Missing		33	
Have you ever been diagnosed or treated for: None of these major physical illnesses	MEDH466	No	0	6738	59.6
		Yes	1	4573	40.4
		N Missing		33	
Have you ever been diagnosed or treated for: Urinary tract infection	MEDH389	No	0	6060	53.6
		Yes	1	5251	46.4
		N Missing		33	
Have you ever been diagnosed or treated for: Thrush or yeast infection	MEDH417	No	0	6571	58.1
		Yes	1	4740	41.9
		N Missing		33	

ALSWH Data book for second survey of 1989-95 cohort

<i>Item Description</i>	<i>Variable Name</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Have you ever been diagnosed or treated for: Chlamydia	MEDH390	No	0	10319	91.2
		Yes	1	992	8.8
		N Missing		33	
Have you ever been diagnosed or treated for: Gonorrhoea	MEDH418	No	0	11277	99.7
		Yes	1	34	0.3
		N Missing		33	
Have you ever been diagnosed or treated for: Genital herpes	MEDH391	No	0	11064	97.8
		Yes	1	247	2.2
		N Missing		33	
Have you ever been diagnosed or treated for: Genital warts (HPV)	MEDH392	No	0	11156	98.6
		Yes	1	155	1.4
		N Missing		33	
Have you ever been diagnosed or treated for: Hepatitis B or C	MEDH394	No	0	11287	99.8
		Yes	1	24	0.2
		N Missing		33	
Have you ever been diagnosed or treated for: None of these STI conditions	MEDH452	No	0	7239	64.0
		Yes	1	4072	36.0
		N Missing		33	
Have you consulted the following people for your own health in the last 12 months? A Chiropractor	HSRV141	Yes	1	1595	14.1
		No	2	9705	85.9
		N Missing		44	
Have you consulted the following people for your own health in the last 12 months? Osteopath	HSRV142	Yes	1	470	4.2
		No	2	10830	95.8
		N Missing		44	
Have you consulted the following services for your own health in the last 12 months? Massage therapist	HSRV143	Yes	1	3612	32.0
		No	2	7690	68.0
		N Missing		42	

ALSWH Data book for second survey of 1989-95 cohort

<i>Item Description</i>	<i>Variable Name</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Have you consulted the following services for your own health in the last 12 months? Acupuncturist	HSRV144	Yes	1	717	6.3
		No	2	10577	93.7
		N Missing		50	
Have you consulted the following services for your own health in the last 12 months? Naturopath/ Herbalist	HSRV145	Yes	1	972	8.6
		No	2	10328	91.4
		N Missing		44	
Have you consulted the following services for your own health in the last 12 months? Other alternative health practitioner (eg aromatherapist, homeopath, reflexologist, iridologist)	HSRV146	Yes	1	527	4.7
		No	2	10771	95.3
		N Missing		46	
Have you consulted the following services for your own health in the last 12 months? A midwife	HSRV139	Yes	1	397	3.5
		No	2	10902	96.5
		N Missing		45	
Have you consulted the following services for your own health in the last 12 months? A counsellor or other mental health worker	HSRV140	Yes	1	3340	29.6
		No	2	7958	70.4
		N Missing		46	
Have you consulted the following services for your own health in the last 12 months? A community nurse, practice nurse or nurse practitioner	HSRV147	Yes	1	1791	15.9
		No	2	9507	84.1
		N Missing		46	
Have you consulted the following services for your own health in the last 12 months? A physiotherapist	HSRV148	Yes	1	2708	24.0
		No	2	8592	76.0
		N Missing		44	
How often have you used the following therapies for your own health in the last 12 months? Vitamins / Minerals	HSRV149	Never	1	2239	19.8
		Rarely	2	2770	24.5
		Sometimes	3	3457	30.6
		Often	4	2833	25.1
		N Missing		45	

ALSWH Data book for second survey of 1989-95 cohort

<i>Item Description</i>	<i>Variable Name</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
How often have you used the following therapies for your own health in the last 12 months? Yoga or Meditation	HSRV150	Never	1	5317	47.1
		Rarely	2	2708	24.0
		Sometimes	3	2235	19.8
		Often	4	1039	9.2
		N Missing		45	
How often have you used the following therapies for your own health in the last 12 months? Herbal medicines	HSRV151	Never	1	7688	68.0
		Rarely	2	1869	16.5
		Sometimes	3	1230	10.9
		Often	4	511	4.5
		N Missing		46	
How often have you used the following therapies for your own health in the last 12 months? Aromatherapy oils	HSRV152	Never	1	8756	77.5
		Rarely	2	1420	12.6
		Sometimes	3	839	7.4
		Often	4	284	2.5
		N Missing		45	
How often have you used the following therapies for your own health in the last 12 months? Chinese medicines	HSRV153	Never	1	10215	90.4
		Rarely	2	674	6.0
		Sometimes	3	307	2.7
		Often	4	102	0.9
		N Missing		46	
How often have you used the following therapies for your own health in the last 12 months? Other alternative therapies	HSRV155	Never	1	9322	82.5
		Rarely	2	1139	10.1
		Sometimes	3	621	5.5
		Often	4	216	1.9
		N Missing		46	
Have you ever been diagnosed or treated for: vaginal sex?	REPH272	Yes	1	9733	86.2
		No	2	1470	13.0
		I prefer not to answer	3	93	0.8
		N Missing		48	

ALSWH Data book for second survey of 1989-95 cohort

<i>Item Description</i>	<i>Variable Name</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Last Time had vaginal sex, used The Pill	REPH273	No	0	4476	45.6
		Yes	1	5347	54.4
		N Missing		1521	
Last Time had vaginal sex,used Condoms	REPH274	No	0	5786	58.9
		Yes	1	4037	41.1
		N Missing		1521	
Last Time had vaginal sex, Implanon	REPH275	No	0	8769	89.3
		Yes	1	1054	10.7
		N Missing		1521	
Last Time had vaginal sex, Mirena	REPH276	No	0	9519	96.9
		Yes	1	304	3.1
		N Missing		1521	
Last Time had vaginal sex,Other contraceptive	REPH277	No	0	9487	96.6
		Yes	1	336	3.4
		N Missing		1521	
Last Time had vaginal sex, No contraception	REPH278	No	0	8606	87.6
		Yes	1	1217	12.4
		N Missing		1521	
Have you ever become pregnant by accident?	REPH240	Yes	1	1225	10.9
		No	2	9991	88.5
		I prefer not to answer	3	70	0.6
		N Missing		58	
In the last two years have you had a Pap test?	REPH028	Yes	1	6223	55.2
		No	2	5060	44.8
		N Missing		61	
In the last two years have your blood pressure checked?	REPH271	Yes	1	9959	88.3
		No	2	1324	11.7
		N Missing		61	

ALSWH Data book for second survey of 1989-95 cohort

<i>Item Description</i>	<i>Variable Name</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
In the last two years have your skin checked?	HSRV217	Yes	1	3407	30.2
		No	2	7876	69.8
		N Missing		61	
Within the last two years, have you had: Your weight checked by a health professional	WTSH092	Yes	1	4966	44.0
		No	2	6317	56.0
		N Missing		61	
Do you have a Health Care Card ? This is a card that entitles you to discounts and assistance with medical expenses. This is not the same as a Medicare card.	HSRV079	Yes	1	3659	32.4
		No	2	7624	67.6
		N Missing		61	
How often do you currently smoke cigarettes or any tobacco products?	SMOK007	Daily	1	945	8.4
		At least weekly(but not daily)	2	354	3.1
		Less often than weekly	3	803	7.1
		Not at all	4	9180	81.4
		N Missing		62	
In your lifetime, would you have smoked at least 100 cigarettes (or equivalent)?	SMOK029	Yes	1	2110	19.3
		No	2	8817	80.7
		N Missing		417	
Smoking Status	smokst	Never smoked	1	8417	74.6
		Ex-smoker	2	762	6.8
		Smoker <10 c/d	3	1673	14.8
		Smoker 10-19 c/d	4	373	3.3
		Smoker > = 20 c/d	5	56	0.5
		N Missing		63	

ALSWH Data book for second survey of 1989-95 cohort

<i>Item Description</i>	<i>Variable Name</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
How often do you usually drink alcohol?	ALCS009	I never drink alcohol	1	828	7.3
		Less than once a month	2	3729	33.1
		Less than once a week	3	3711	32.9
		On 1 or 2 days a week	4	2331	20.7
		On 3 or 4 days a week	5	520	4.6
		On 5 or 6 days a week	6	121	1.1
		Every day	7	34	0.3
		N Missing		70	
On a day when you drink alcohol, how many standard drinks do you usually have?	ALCS010	Never drink	0	828	7.3
		1 or 2 drinks per day	1	4023	35.7
		3 or four drinks per day	2	3613	32.1
		5 to 8 drinks per day	3	2281	20.2
		9 or more drinks per day	4	526	4.7
		N Missing		73	
How often do you have five or more standard drinks of alcohol on one occasion?	ALCS011	Never	1	1948	18.1
		Less than once a month	2	5173	48.1
		About once a month	3	2496	23.2
		About once a week	4	1007	9.4
		More than once a week	5	133	1.2
		N Missing		587	
NHMRC alcohol classification	alcnhmrc	Low risk drinker	1	6388	56.7
		Non-drinker	2	828	7.3
		Rarely drinks	3	3729	33.1
		Risky drinker	4	280	2.5
		High risk drinker	5	47	0.4
		N Missing		72	

ALSWH Data book for second survey of 1989-95 cohort

<i>Item Description</i>	<i>Variable Name</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Average number of cigarettes you smoke EACH DAY?	SMOK016	Mean		8.88	
		Std Error		0.18	
		N		945	
		N Missing		10399	
If you smoke, but not daily, on average how many cigarettes do you smoke PER WEEK?	SMOK017	Mean		10.67	
		Std Error		0.41	
		N		354	
		N Missing		10990	
At what age did you start smoking tobacco?	SMOK037	Mean		16.08	
		Std Error		0.05	
		N		2464	
		N Missing		8880	
Have you ever smoked daily?	SMOK011	Yes	1	1983	18.2
		No	2	8897	81.8
		N Missing		464	
At what age did you start smoking DAILY?	SMOK024	Mean		17.35	
		Std Error		0.05	
		N		1982	
		N Missing		9362	
At what age did you finally stop smoking DAILY?	SMOK012	Mean		20.05	
		Std Error		0.06	
		N		1037	
		N Missing		10307	
Alcohol drinking pattern	alcpatt	Low long-term risk, drinks at short-term risk less than weekly	1	9119	80.9
		Non-drinker	2	828	7.3
		Low long-term risk, drinks at short-term risk weekly or more	3	997	8.8
		Risky/high risk drinker	4	327	2.9
		N Missing		73	

ALSWH Data book for second survey of 1989-95 cohort

<i>Item Description</i>	<i>Variable Name</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>		
Have you tried Marijuana/Cannabis?	MARIJTRY	Never	1	5096	45.2		
		Last 12 months only	2	2849	25.3		
		More than 12 months ago	3	2930	26.0		
		Last 12 months and more than 12 months ago	4	392	3.5		
		N Missing		77			
		Have you tried any other illicit drugs?	ILLICITTRY	Never	1	7907	70.2
		Last 12 months only	2	1662	14.8		
		More than 12 months ago	3	1503	13.3		
		Last 12 months and more than 12 months ago	4	195	1.7		
		N Missing		77			
		At what age did you first have a standard drink of alcohol?	ALCS032_AGE	Mean		15.83	
		Std Error		0.02			
		N		10943			
		N Missing		401			
		Thinking about the last 6 months, how frequently do you read the following information on food labels? Nutrition information/panel	HSRV215	Always	1	2233	19.9
				Often	2	3678	32.7
Occasionally	3			2951	26.3		
Rarely	4			1480	13.2		
Never	5			893	7.9		
N Missing				109			
Thinking about the last 6 months, how frequently do you read the following information on food labels? Information on ingredients (eg ingredient lists, quantity of ingredients)	HSRV216	Always	1	2278	20.2		
		Often	2	3610	32.1		
		Occasionally	3	3008	26.7		
		Rarely	4	1593	14.2		
		Never	5	767	6.8		
		N Missing		88			

ALSWH Data book for second survey of 1989-95 cohort

<i>Item Description</i>	<i>Variable Name</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
How many MEALS (including breakfast, lunch and dinner) do you usually eat in a typical day, including evenings?	EATS060	None	1	17	0.2
		One	2	332	2.9
		Two	3	2667	23.7
		Three	4	7364	65.4
		Four	5	702	6.2
		Five	6	184	1.6
		N Missing		78	
		How many SNACKS do you usually eat in a typical day, including evenings?	EATS061	None	1
One	2			2184	19.4
Two	3			4641	41.2
Three	4			3103	27.5
Four	5			679	6.0
Five	6			224	2.0
N Missing				79	
How many pieces of fresh fruit do you usually eat per day? (Count 1/2 cup of diced fruit, berries or grapes as one piece)	FFQV001			I dont eat fruit	1
		Less than 1 piece of fruit per day	2	3559	31.6
		1 piece of fruit per day	3	3551	31.5
		2 pieces of fruit per day	4	2596	23.1
		3 pieces of fruit per day	5	836	7.4
		4 or more pieces of fruit per day	6	243	2.2
		N Missing		86	
		How many serves of vegetables do you usually eat each day?	EATS063	None	1
Less than one serve	2			898	8.0
1 serve	3			2046	18.2
2 serves	4			3283	29.2
3 serves	5			2836	25.2
4 serves	6			1285	11.4
5 serves or more	7			801	7.1
N Missing				85	

ALSWH Data book for second survey of 1989-95 cohort

<i>Item Description</i>	<i>Variable Name</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
At what age did you first use Marijuana?	MARIJAGE	Mean		17.49	
		Std Error		0.03	
		N		6170	
		N Missing		5174	
At what age did you first use any other illicit drug	ILLICITAGE	Mean		18.33	
		Std Error		0.04	
		N		3359	
		N Missing		7985	
Do you EXCLUDE red meat from your diet?	EATS032	No	0	9683	86.0
		Yes	1	1574	14.0
		N Missing		87	
Do you EXCLUDE fish from your diet?	EATS033	No	0	9397	83.5
		Yes	1	1860	16.5
		N Missing		87	
Do you EXCLUDE poultry from your diet?	EATS034	No	0	10228	90.9
		Yes	1	1029	9.1
		N Missing		87	
Do you EXCLUDE eggs from your diet?	EATS064	No	0	10649	94.6
		Yes	1	608	5.4
		N Missing		87	
Do you EXCLUDE Milk and milk products from your diet?	EATS065	No	0	9891	87.9
		Yes	1	1366	12.1
		N Missing		87	
Do you EXCLUDE none of these food groups from your diet?	EATS040	No	0	3560	31.6
		Yes	1	7697	68.4
		N Missing		87	

ALSWH Data book for second survey of 1989-95 cohort

<i>Item Description</i>	<i>Variable Name</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Over the last 12 months, on average, how often did you drink the following? Cola drinks/not diet (eg Coke)	EATS041	Never	1	3461	30.8
		Less than once per month	2	2950	26.2
		1 - 3 times per month	3	2058	18.3
		1 time per week	4	904	8.0
		2 times per week	5	633	5.6
		3 - 4 times per week	6	564	5.0
		5 - 6 times per week	7	217	1.9
		1 time per day	8	227	2.0
		2 times per day	9	122	1.1
		3 times or more per day	10	109	1.0
		N Missing			99
How many days per week do you usually have something to eat for breakfast? (That is, not long after you get up in the morning)	EATS062	Mean		5.03	
		Std Error		0.02	
		N		11258	
		N Missing		86	
Over the last 12 months, on average, how often did you drink the following? Diet cola drinks (eg Diet coke)	EATS042	Never	1	6084	54.1
		Less than once per month	2	1959	17.4
		1 - 3 times per month	3	1226	10.9
		1 time per week	4	542	4.8
		2 times per week	5	384	3.4
		3 - 4 times per week	6	395	3.5
		5 - 6 times per week	7	210	1.9
		1 time per day	8	216	1.9
		2 times per day	9	119	1.1
		3 times or more per day	10	109	1.0
		N Missing			100

ALSWH Data book for second survey of 1989-95 cohort

<i>Item Description</i>	<i>Variable Name</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Over the last 12 months, on average, how often did you drink the following? Other carbonated drinks - not diet (eg fizzy / soft drinks)	EATS066	Never	1	2514	22.4
		Less than once per month	2	3413	30.4
		1 - 3 times per month	3	2653	23.6
		1 time per week	4	1064	9.5
		2 times per week	5	679	6.0
		3 - 4 times per week	6	508	4.5
		5 - 6 times per week	7	148	1.3
		1 time per day	8	152	1.4
		2 times per day	9	72	0.6
		3 times or more per day	10	40	0.4
		N Missing			101
Over the last 12 months, on average, how often did you drink the following? Other diet carbonated drinks (eg diet lemonade)	EATS056	Never	1	7045	62.7
		Less than once per month	2	2269	20.2
		1 - 3 times per month	3	1042	9.3
		1 time per week	4	377	3.4
		2 times per week	5	186	1.7
		3 - 4 times per week	6	158	1.4
		5 - 6 times per week	7	66	0.6
		1 time per day	8	54	0.5
		2 times per day	9	27	0.2
		3 times or more per day	10	20	0.2
		N Missing			100

ALSWH Data book for second survey of 1989-95 cohort

<i>Item Description</i>	<i>Variable Name</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Over the last 12 months, on average, how often did you drink the following? Non-carbonated cordials, fruit or sport drinks - not diet	EATS067	Never	1	3791	33.7
		Less than once per month	2	2927	26.0
		1 - 3 times per month	3	2013	17.9
		1 time per week	4	834	7.4
		2 times per week	5	630	5.6
		3 - 4 times per week	6	518	4.6
		5 - 6 times per week	7	197	1.8
		1 time per day	8	180	1.6
		2 times per day	9	83	0.7
		3 times or more per day	10	71	0.6
		N Missing			100
Over the last 12 months, on average, how often did you drink the following? Non-carbonated diet cordials, fruit or sport drinks	EATS057	Never	1	7674	68.3
		Less than once per month	2	1890	16.8
		1 - 3 times per month	3	803	7.1
		1 time per week	4	304	2.7
		2 times per week	5	214	1.9
		3 - 4 times per week	6	161	1.4
		5 - 6 times per week	7	58	0.5
		1 time per day	8	59	0.5
		2 times per day	9	40	0.4
		3 times or more per day	10	37	0.3
		N Missing			104

ALSWH Data book for second survey of 1989-95 cohort

<i>Item Description</i>	<i>Variable Name</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Over the last 12 months, on average, how often did you drink the following? Milk or Soya Milk (including flavoured varieties)	EATS045	Never	1	958	8.5
		Less than once per month	2	853	7.6
		1 - 3 times per month	3	1026	9.1
		1 time per week	4	866	7.7
		2 times per week	5	953	8.5
		3 - 4 times per week	6	1585	14.1
		5 - 6 times per week	7	1060	9.4
		1 time per day	8	2195	19.5
		2 times per day	9	1296	11.5
		3 times or more per day	10	450	4.0
		N Missing			102
Over the last 12 months, on average, how often did you drink the following? Fruit or vegetable juices	EATS046	Never	1	1243	11.1
		Less than once per month	2	1713	15.2
		1 - 3 times per month	3	2405	21.4
		1 time per week	4	1460	13.0
		2 times per week	5	1383	12.3
		3 - 4 times per week	6	1448	12.9
		5 - 6 times per week	7	618	5.5
		1 time per day	8	682	6.1
		2 times per day	9	196	1.7
		3 times or more per day	10	95	0.8
		N Missing			101

ALSWH Data book for second survey of 1989-95 cohort

<i>Item Description</i>	<i>Variable Name</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Over the last 12 months, on average, how often did you drink the following? Tea	EATS047	Never	1	2277	20.3
		Less than once per month	2	865	7.7
		1 - 3 times per month	3	1024	9.1
		1 time per week	4	710	6.3
		2 times per week	5	829	7.4
		3 - 4 times per week	6	1223	10.9
		5 - 6 times per week	7	760	6.8
		1 time per day	8	1364	12.1
		2 times per day	9	1223	10.9
		3 times or more per day	10	967	8.6
		N Missing			102
Over the last 12 months, on average, how often did you drink the following? Herbal tea	EATS048	Never	1	4065	36.2
		Less than once per month	2	1205	10.7
		1 - 3 times per month	3	1201	10.7
		1 time per week	4	686	6.1
		2 times per week	5	764	6.8
		3 - 4 times per week	6	968	8.6
		5 - 6 times per week	7	502	4.5
		1 time per day	8	829	7.4
		2 times per day	9	614	5.5
		3 times or more per day	10	408	3.6
		N Missing			102

ALSWH Data book for second survey of 1989-95 cohort

<i>Item Description</i>	<i>Variable Name</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>	
Over the last 12 months, on average, how often did you drink the following? Coffee	EATS049	Never	1	3479	30.9	
		Less than once per month	2	760	6.8	
		1 - 3 times per month	3	862	7.7	
		1 time per week	4	548	4.9	
		2 times per week	5	675	6.0	
		3 - 4 times per week	6	1053	9.4	
		5 - 6 times per week	7	679	6.0	
		1 time per day	8	1657	14.7	
		2 times per day	9	1091	9.7	
		3 times or more per day	10	441	3.9	
			N Missing		99	
Over the last 12 months, on average, how often did you drink the following? Water (including soda or plain mineral water)	EATS050	Never	1	66	0.6	
		Less than once per month	2	41	0.4	
		1 - 3 times per month	3	67	0.6	
		1 time per week	4	58	0.5	
		2 times per week	5	115	1.0	
		3 - 4 times per week	6	246	2.2	
		5 - 6 times per week	7	281	2.5	
		1 time per day	8	697	6.2	
		2 times per day	9	1452	12.9	
		3 times or more per day	10	8222	73.1	
			N Missing		99	
AHS exercise groups	exgrp	Inactive	1	725	6.5	
		Low	2	2760	24.7	
		Moderate	3	2369	21.2	
		High	4	5299	47.5	
		N Missing		191		
		MetMinGrp	Mean		3.10	
			Std Error		0.01	
			N		11153	
			N Missing		191	

ALSWH Data book for second survey of 1989-95 cohort

<i>Item Description</i>	<i>Variable Name</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Have you ever had a partner or spouse?	FAMF209	Yes	1	7973	71.3
		No	2	3206	28.7
		N Missing		165	
My partner told me that I was ugly, stupid or crazy	CASC136	Never	1	5502	69.2
		Last 12 months only	2	758	9.5
		More than 12 months ago	3	1586	19.9
		Last 12 months and more than 12 months ago	4	105	1.3
		N Missing		3393	
My partner followed me or harassed me	CASC139	Never	1	6902	86.8
		Last 12 months only	2	176	2.2
		More than 12 months ago	3	841	10.6
		Last 12 months and more than 12 months ago	4	30	0.4
		N Missing		3395	
This question asks about situations that you may have experienced with people other than your current or past partners, including family members, friends, fellow students, work colleagues or strangers. Tried to turn my family, friends or children against me or tried to convince them I was crazy	CASC128	Never	1	6976	87.8
		Last 12 months only	2	178	2.2
		More than 12 months ago	3	757	9.5
		Last 12 months and more than 12 months ago	4	33	0.4
		N Missing		3400	
This question asks about situations that you may have experienced with people other than your current or past partners, including family members, friends, fellow students, work colleagues or strangers. Kicked, bit, slapped or hit me with a fist or tried to hit me with something	CASC129	Never	1	6811	85.7
		Last 12 months only	2	266	3.3
		More than 12 months ago	3	837	10.5
		Last 12 months and more than 12 months ago	4	31	0.4
		N Missing		3399	

ALSWH Data book for second survey of 1989-95 cohort

<i>Item Description</i>	<i>Variable Name</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
My partner forced me to take part in unwanted sexual activity	CASC138	Never	1	6557	82.5
		Last 12 months only	2	267	3.4
		More than 12 months ago	3	1078	13.6
		Last 12 months and more than 12 months ago	4	44	0.6
		N Missing		3398	
This question asks about situations you may have experienced with current or past partners. My partner: Tried to keep me from seeing or talking to my family, friends or children, or didn't want me to socialise	CASC121	Never	1	6429	80.9
		Last 12 months only	2	357	4.5
		More than 12 months ago	3	1102	13.9
		Last 12 months and more than 12 months ago	4	61	0.8
		N Missing		3395	
This question asks about situations you may have experienced with current or past partners. My partner: Pushed, grabbed, shoved, shook or threw me	CASC122	Never	1	6336	79.7
		Last 12 months only	2	450	5.7
		More than 12 months ago	3	1108	13.9
		Last 12 months and more than 12 months ago	4	54	0.7
		N Missing		3396	
How many times you did this activity last week. Walking briskly	EXER004	Mean		5.61	
		Std Error		0.06	
		N		11215	
		N Missing		129	
How many times you did this activity last week. Moderate leisure activity	EXER005	Mean		1.35	
		Std Error		0.02	
		N		11215	
		N Missing		129	

ALSWH Data book for second survey of 1989-95 cohort

<i>Item Description</i>	<i>Variable Name</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
How many times you did this activity last week. Vigorous leisure activity	EXER006	Mean		1.74	
		Std Error		0.03	
		N		11215	
		N Missing		129	
How many times you did this activity last week. Vigorous household or garden chores	EXER011	Mean		1.71	
		Std Error		0.03	
		N		11215	
		N Missing		129	
Total minutes spent last week, moderate leisure activity	MODLEISTOTMIN	Mean		75.75	
		Std Error		2.05	
		N		11092	
		N Missing		252	
Total minutes spent last week, walking briskly	WALKBRISKTOTMIN	Mean		209.66	
		Std Error		3.94	
		N		11067	
		N Missing		277	
Total minutes spent last week, vigorous leisure	VIGLEISTOTMIN	Mean		97.26	
		Std Error		2.16	
		N		11072	
		N Missing		272	
Total minutes spent last week, vigorous household/garden	VIGCHORETOTMIN	Mean		94.14	
		Std Error		2.48	
		N		11099	
		N Missing		245	
Metabolic minutes	metmin	Mean		1492.84	
		Std Error		16.40	
		N		11153	
		N Missing		191	

ALSWH Data book for second survey of 1989-95 cohort

<i>Item Description</i>	<i>Variable Name</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
This question asks about situations that you may have experienced with people other than your current or past partners, including family members, friends, fellow students, work colleagues or strangers. Blamed me for causing their violent behaviour	CASC132	Never	1	6477	81.6
		Last 12 months only	2	416	5.2
		More than 12 months ago	3	976	12.3
		Last 12 months and more than 12 months ago	4	68	0.9
		N Missing		3407	
This question asks about situations that you may have experienced with people other than your current or past partners, including family members, friends, fellow students, work colleagues or strangers. Harassed me over the telephone, email, Facebook or internet	CASC133	Never	1	6091	76.7
		Last 12 months only	2	452	5.7
		More than 12 months ago	3	1314	16.5
		Last 12 months and more than 12 months ago	4	88	1.1
		N Missing		3399	
This question asks about situations that you may have experienced with people other than your current or past partners, including family members, friends, fellow students, work colleagues or strangers. Used a knife or gun or other weapon or beat me	CASC134	Never	1	7778	98.0
		Last 12 months only	2	21	0.3
		More than 12 months ago	3	136	1.7
		Last 12 months and more than 12 months ago	4	5	0.1
		N Missing		3404	
My partner became upset if dinner / housework wasn't done	CASC137	Never	1	6686	84.1
		Last 12 months only	2	623	7.8
		More than 12 months ago	3	577	7.3
		Last 12 months and more than 12 months ago	4	63	0.8
		N Missing		3395	

ALSWH Data book for second survey of 1989-95 cohort

<i>Item Description</i>	<i>Variable Name</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
This question asks about situations that you may have experienced with people other than your current or past partners, including family members, friends, fellow students, work colleagues or strangers. Refused to let me work outside the home or took my wallet and left me stranded	CASC135	Never	1	7646	96.2
		Last 12 months only	2	65	0.8
		More than 12 months ago	3	226	2.8
		Last 12 months and more than 12 months ago	4	9	0.1
		N Missing		3398	
These questions are about getting on with other people: Have you ever been in a violent relationship with a partner/spouse?	FAMF023	Yes	1	1219	15.3
		No	2	6723	84.7
		N Missing		3402	
This question asks about situations that you may have experienced with people other than your current or past partners, including family members, friends, fellow students, work colleagues or strangers. Told me that I was ugly, stupid or crazy, or that I wasn't good enough or that no one would ever want me	CASC126	Never	1	5389	48.5
		Last 12 months only	2	1949	17.5
		More than 12 months ago	3	3387	30.5
		Last 12 months and more than 12 months ago	4	383	3.4
		N Missing		236	
This question asks about situations that you may have experienced with people other than your current or past partners, including family members, friends, fellow students, work colleagues or strangers. Followed me or harassed me around my neighbourhood / work	CASC127	Never	1	8498	76.7
		Last 12 months only	2	767	6.9
		More than 12 months ago	3	1721	15.5
		Last 12 months and more than 12 months ago	4	100	0.9
		N Missing		258	
This question asks about situations that you may have experienced with people other than your current or past partners, including family members, friends, fellow students, work colleagues or strangers. Forced me to take part in unwanted sexual activity	CASC130	Never	1	8892	80.2
		Last 12 months only	2	286	2.6
		More than 12 months ago	3	1870	16.9
		Last 12 months and more than 12 months ago	4	46	0.4
		N Missing		250	

ALSWH Data book for second survey of 1989-95 cohort

<i>Item Description</i>	<i>Variable Name</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
This question asks about situations that you may have experienced with people other than your current or past partners, including family members, friends, fellow students, work colleagues or strangers. Pushed, grabbed, shoved, shook or threw me	CASC131	Never	1	8049	72.6
		Last 12 months only	2	581	5.2
		More than 12 months ago	3	2347	21.2
		Last 12 months and more than 12 months ago	4	112	1.0
		N Missing		255	
		Have you been feeling that life isn't worth living?	PWEL005	Never	1
Last 12 months only	2			2911	26.1
More than 12 months ago	3			3249	29.1
Last 12 months and more than 12 months ago	4			594	5.3
N Missing				196	
Have you deliberately hurt yourself or done anything that you knew might have harmed or even killed you?	PWEL006			Never	1
		Last 12 months only	2	1202	10.8
		More than 12 months ago	3	3342	30.0
		Last 12 months and more than 12 months ago	4	324	2.9
		N Missing		199	
		In the past 4 weeks about how often did you feel tired out for no good reason?	KTEN001	None of the time	1
A little of the time	2			3203	28.7
Some of the time	3			3598	32.3
Most of the time	4			2343	21.0
All of the time	5			746	6.7
N Missing				194	
In the past 4 weeks about how often did you feel nervous?	KTEN002	None of the time	1	1220	11.0
		A little of the time	2	4077	36.6
		Some of the time	3	3930	35.3
		Most of the time	4	1613	14.5
		All of the time	5	300	2.7
		N Missing		204	

ALSWH Data book for second survey of 1989-95 cohort

<i>Item Description</i>	<i>Variable Name</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
In the past 4 weeks about how often did you feel so nervous that nothing could calm you down?	KTEN003	None of the time	1	5748	51.6
		A little of the time	2	3088	27.7
		Some of the time	3	1798	16.1
		Most of the time	4	443	4.0
		All of the time	5	70	0.6
		N Missing		197	
		In the past 4 weeks about how often did you feel hopeless?	KTEN004	None of the time	1
A little of the time	2			3514	31.5
Some of the time	3			2344	21.0
Most of the time	4			993	8.9
All of the time	5			318	2.9
N Missing				203	
In the past 4 weeks about how often did you feel restless or fidgety?	KTEN005			None of the time	1
		A little of the time	2	3874	34.8
		Some of the time	3	3507	31.5
		Most of the time	4	1469	13.2
		All of the time	5	390	3.5
		N Missing		211	
		In the past 4 weeks about how often did you feel so restless you could not sit still?	KTEN006	None of the time	1
A little of the time	2			3353	30.1
Some of the time	3			1856	16.7
Most of the time	4			573	5.1
All of the time	5			149	1.3
N Missing				204	
In the past 4 weeks about how often did you feel depressed?	KTEN007			None of the time	1
		A little of the time	2	3411	30.6
		Some of the time	3	2474	22.2
		Most of the time	4	1149	10.3
		All of the time	5	436	3.9
		N Missing		202	

ALSWH Data book for second survey of 1989-95 cohort

<i>Item Description</i>	<i>Variable Name</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
In the past 4 weeks about how often did you feel that everything is an effort?	KTEN008	None of the time	1	2353	21.2
		A little of the time	2	3687	33.1
		Some of the time	3	2666	24.0
		Most of the time	4	1658	14.9
		All of the time	5	760	6.8
		N Missing		220	
		In the past 4 weeks about how often did you feel so sad that nothing could cheer you up?	KTEN009	None of the time	1
A little of the time	2			3228	29.0
Some of the time	3			2064	18.5
Most of the time	4			676	6.1
All of the time	5			171	1.5
N Missing				199	
In the past 4 weeks about how often did you feel worthless?	KTEN010			None of the time	1
		A little of the time	2	2790	25.0
		Some of the time	3	1746	15.7
		Most of the time	4	948	8.5
		All of the time	5	470	4.2
		N Missing		206	
		Over the last 12 months, how stressed have you felt about the following areas of your life: Own health	STRS001	Not applicable	1
Not at all stressed	2			2431	21.8
Somewhat stressed	3			4290	38.5
Moderately stressed	4			2518	22.6
Very stressed	5			1291	11.6
Extremely stressed	6			537	4.8
N Missing				198	
Over the last 12 months, how stressed have you felt about the following areas of your life: Health of other family members	STRS002	Not applicable	1	201	1.8
		Not at all stressed	2	2756	24.7
		Somewhat stressed	3	3830	34.4
		Moderately stressed	4	2431	21.8
		Very stressed	5	1297	11.6
		Extremely stressed	6	632	5.7
		N Missing		197	

ALSWH Data book for second survey of 1989-95 cohort

<i>Item Description</i>	<i>Variable Name</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Over the last 12 months, how stressed have you felt about the following areas of your life: Work/Employment	STRS003	Not applicable	1	496	4.5
		Not at all stressed	2	1218	10.9
		Somewhat stressed	3	2925	26.2
		Moderately stressed	4	2887	25.9
		Very stressed	5	2225	20.0
		Extremely stressed	6	1395	12.5
		N Missing		198	
		Over the last 12 months, how stressed have you felt about the following areas of your life: Living arrangements	STRS004	Not applicable	1
Not at all stressed	2			3861	34.6
Somewhat stressed	3			2859	25.7
Moderately stressed	4			2013	18.1
Very stressed	5			1339	12.0
Extremely stressed	6			845	7.6
N Missing				199	
Over the last 12 months, how stressed have you felt about the following areas of your life: Study	STRS005			Not applicable	1
		Not at all stressed	2	943	8.5
		Somewhat stressed	3	1712	15.4
		Moderately stressed	4	2262	20.3
		Very stressed	5	2260	20.3
		Extremely stressed	6	1735	15.6
		N Missing		198	
		Over the last 12 months, how stressed have you felt about the following areas of your life: Money	STRS006	Not applicable	1
Not at all stressed	2			1132	10.2
Somewhat stressed	3			2750	24.7
Moderately stressed	4			2753	24.7
Very stressed	5			2323	20.8
Extremely stressed	6			2147	19.3
N Missing				199	

ALSWH Data book for second survey of 1989-95 cohort

<i>Item Description</i>	<i>Variable Name</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Over the last 12 months, how stressed have you felt about the following areas of your life: Relationship with parents	STRS007	Not applicable	1	215	1.9
		Not at all stressed	2	5717	51.3
		Somewhat stressed	3	2519	22.6
		Moderately stressed	4	1383	12.4
		Very stressed	5	777	7.0
		Extremely stressed	6	534	4.8
		N Missing		199	
Over the last 12 months, how stressed have you felt about the following areas of your life: Relationship with partner/spouse	STRS008	Not applicable	1	2798	25.1
		Not at all stressed	2	3242	29.1
		Somewhat stressed	3	2478	22.2
		Moderately stressed	4	1202	10.8
		Very stressed	5	811	7.3
		Extremely stressed	6	614	5.5
		N Missing		199	
Over the last 12 months, how stressed have you felt about the following areas of your life: Relationship with other family members	STRS010	Not applicable	1	390	3.5
		Not at all stressed	2	6366	57.1
		Somewhat stressed	3	2721	24.4
		Moderately stressed	4	977	8.8
		Very stressed	5	442	4.0
		Extremely stressed	6	250	2.2
		N Missing		198	
Over the last 12 months, how stressed have you felt about the following areas of your life: Relationship with friends	STRS030	Not applicable	1	233	2.1
		Not at all stressed	2	4572	41.0
		Somewhat stressed	3	3923	35.2
		Moderately stressed	4	1524	13.7
		Very stressed	5	616	5.5
		Extremely stressed	6	277	2.5
		N Missing		199	
Kessler Psychological Distress Scale (K10) Score	k10	Mean		22.30	
		Std Error		0.08	
		N		11151	
		N Missing		193	

ALSWH Data book for second survey of 1989-95 cohort

<i>Item Description</i>	<i>Variable Name</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Over the last 12 months, how stressed have you felt about the following areas of your life: Motherhood/children	STRS031	Not applicable	1	8953	80.3
		Not at all stressed	2	1153	10.3
		Somewhat stressed	3	465	4.2
		Moderately stressed	4	280	2.5
		Very stressed	5	147	1.3
		Extremely stressed	6	147	1.3
		N Missing		199	
Are you currently pregnant?	REPH132	No	1	10825	97.0
		Less than 3 months	2	52	0.5
		3 to 6 months	3	56	0.5
		More than 6 months	4	74	0.7
		Dont know	5	156	1.4
		N Missing		181	
		Number of miscarriages	REPH160	0	0
1	1			341	11.6
2	2			54	1.8
3	3			18	0.6
4	4			5	0.2
5	5			5	0.2
6	6			1	0.0
N Missing				8392	
1st live birth received breast milk	LIVEMILK1			No	0
		Yes	1	581	92.8
		N Missing		10718	
2nd live birth received breast milk	LIVEMILK2	No	0	9	5.4
		Yes	1	158	94.6
		N Missing		11177	
3rd live birth received breast milk	LIVEMILK3	No	0	1	3.6
		Yes	1	27	96.4
		N Missing		11316	

ALSWH Data book for second survey of 1989-95 cohort

<i>Item Description</i>	<i>Variable Name</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
4th live birth received breast milk	LIVEMILK4	No	0	1	25.0
		Yes	1	3	75.0
		N Missing		11340	
Currently breastfeeding 1st livebirth	MILKCURRENT1	No	0	500	85.0
		Yes	1	88	15.0
		N Missing		10756	
Currently breastfeeding 2nd livebirth	MILKCURRENT2	No	0	114	72.2
		Yes	1	44	27.8
		N Missing		11186	
Currently breastfeeding 3rd livebirth	MILKCURRENT3	No	0	21	77.8
		Yes	1	6	22.2
		N Missing		11317	
Currently breastfeeding 4th livebirth	MILKCURRENT4	No	0	3	100.0
		N Missing		11341	
WHO BMI classification	BMIGROUP	Underweight, BMI < 18.5	1	721	6.7
		Healthy weight, 18.5 <= BMI < 25	2	6348	59.2
		Overweight, 25 <= BMI < 30	3	2141	20.0
		Obese, 30 <= BMI	4	1508	14.1
		N Missing		626	
Not Aboriginal or Torres Strait Islander origin	DEMO062	No	0	239	2.1
		Yes	1	11082	97.9
		N Missing		23	
Aboriginal origin	DEMO063	No	0	11109	98.1
		Yes	1	212	1.9
		N Missing		23	

ALSWH Data book for second survey of 1989-95 cohort

<i>Item Description</i>	<i>Variable Name</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Torres Strait Islander origin	DEMO064	No	0	11289	99.7
		Yes	1	32	0.3
		N Missing		23	
In which country were you born?	DEMO167	Australia	1	10215	91.7
		English Speaking	2	573	5.1
		Other	3	354	3.2
		N Missing		202	
Highest level of education you have completed?	DEMO154	Year 10 or below	1	254	2.3
		Year 11 or equivalent	2	264	2.4
		Year 12 or equivalent	3	4228	37.9
		Certificate I / II	4	414	3.7
		Certificate III / IV	5	1856	16.7
		Advanced Diploma / Diploma	6	799	7.2
		Bachelor degree	7	2891	25.9
		Graduate diploma / Graduate certificate	8	186	1.7
		Postgraduate degree	9	254	2.3
		N Missing		198	
Are you currently unemployed and actively seeking work?	EMPL033	No	1	9193	82.5
		Yes, unemployed for less than 6 months	2	841	7.5
		Yes, unemployed for 6 months or more	3	1112	10.0
		N Missing		198	
In a usual week, how many hours do you spend doing paid work?	EMPL093	0	1	2307	20.7
		1 - 15	2	3045	27.3
		16 - 29	3	2071	18.6
		30 - 34	4	688	6.2
		35 - 40	5	2232	20.0
		41 - 49	6	611	5.5
		50 or more	7	186	1.7
		N Missing		204	

ALSWH Data book for second survey of 1989-95 cohort

<i>Item Description</i>	<i>Variable Name</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Have you ever given birth that resulted in a live baby?	REPH233	Yes	1	625	5.6
		No	2	10538	94.4
		N Missing		181	
Weeks pregnant of 1st live birth	LIVEWEEKS1	Mean		39.19	
		Std Error		0.11	
		N		560	
		N Missing		10784	
Weeks pregnant of 2nd live birth	LIVEWEEKS2	Mean		38.77	
		Std Error		0.21	
		N		146	
		N Missing		11198	
Weeks pregnant of 3rd live birth	LIVEWEEKS3	Mean		38.26	
		Std Error		0.57	
		N		27	
		N Missing		11317	
Weeks pregnant of 4th live birth	LIVEWEEKS4	Mean		36.25	
		Std Error		1.70	
		N		4	
		N Missing		11340	
In a usual week, how many hours do you spend studying?	EMPL094	0	1	3919	35.2
		1 - 15	2	3291	29.5
		16 - 29	3	1928	17.3
		30 - 34	4	851	7.6
		35 - 40	5	650	5.8
		41 - 49	6	258	2.3
		50 or more	7	241	2.2
		N Missing		206	

ALSWH Data book for second survey of 1989-95 cohort

<i>Item Description</i>	<i>Variable Name</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
In a usual week, how many hours do you spend doing work without pay?	EMPL092	0	1	6606	59.3
		1 - 15	2	3897	35.0
		16 - 29	3	341	3.1
		30 - 34	4	101	0.9
		35 - 40	5	95	0.9
		41 - 49	6	28	0.3
		50 or more	7	71	0.6
		N Missing			205
Number of complete months 1st live birth was breastfed	MILKMONTHS1	Mean		5.70	
		Std Error		0.29	
		N		544	
		N Missing		10800	
Number of complete months 2nd live birth was breastfed	MILKMONTHS2	Mean		5.61	
		Std Error		0.46	
		N		142	
		N Missing		11202	
Number of complete months 3rd live birth was breastfed	MILKMONTHS3	Mean		6.04	
		Std Error		1.27	
		N		25	
		N Missing		11319	
Number of complete months 4th live birth was breastfed	MILKMONTHS4	Mean		2.33	
		Std Error		1.33	
		N		3	
		N Missing		11341	
How do you manage on the income you have available?	DEMO013	It is impossible	1	375	3.4
		It is difficult all the time	2	2092	18.8
		It is difficult some of the time	3	4031	36.2
		It is not too bad	4	3495	31.4
		It is easy	5	1147	10.3
		N Missing		204	

ALSWH Data book for second survey of 1989-95 cohort

<i>Item Description</i>	<i>Variable Name</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Height in cms	htcm	Mean		166.53	
		Std Error		0.07	
		N		10920	
		N Missing		424	
Weight in kgs	wtkg	Mean		67.96	
		Std Error		0.16	
		N		11138	
		N Missing		206	
BMI	BMI	Mean		24.46	
		Std Error		0.05	
		N		10718	
		N Missing		626	
Which of these most closely describes your sexual orientation?	REPH048	I am exclusively heterosexual	1	6881	61.8
		I am mainly heterosexual	2	2936	26.4
		I am bisexual	3	879	7.9
		I am mainly homosexual (lesbian)	4	124	1.1
		I am exclusively homosexual (lesbian)	5	91	0.8
		I don't know	6	175	1.6
		I don't want to answer	7	55	0.5
		N Missing		203	
What is your current relationship status?	DEMO155	I am single	1	4143	37.2
		I am in a relationship (not living together)	2	3527	31.7
		I am living with a partner	3	2348	21.1
		I am engaged	4	605	5.4
		I am married	5	485	4.4
		I am divorced	6	2	0.0
		I am separated	7	29	0.3
		Other (please specify)	8	1	0.0
		N Missing		204	

ALSWH Data book for second survey of 1989-95 cohort

<i>Item Description</i>	<i>Variable Name</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
I live alone	DEMO156	No	0	10590	95.0
		Yes	1	553	5.0
		N Missing		201	
I live with one or both parents	DEMO157	No	0	6121	54.9
		Yes	1	5022	45.1
		N Missing		201	
I live with other adults	DEMO158	No	0	7980	71.6
		Yes	1	3163	28.4
		N Missing		201	
I live with my male partner	DEMO159	No	0	8061	72.3
		Yes	1	3082	27.7
		N Missing		201	
I live with my female partner	DEMO160	No	0	11083	99.5
		Yes	1	60	0.5
		N Missing		201	
I live with children	DEMO161	No	0	10549	94.7
		Yes	1	594	5.3
		N Missing		201	
When you are 40, would you like to be in:	ASPI010	Full-time paid employment	1	7435	66.8
		Part-time paid employment	2	1518	13.6
		Full-time unpaid work in the home	3	187	1.7
		Self-employment/own business	4	1995	17.9
		N Missing		209	

ALSWH Data book for second survey of 1989-95 cohort

<i>Item Description</i>	<i>Variable Name</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
When you are 40, would you like to be:	ASPI011	Married	1	9664	86.8
		In a stable relationship but not married	2	1392	12.5
		Single (not in a stable relationship)	3	80	0.7
		N Missing		208	
When you are 40, would you like to have:	ASPI012	No children	0	996	8.9
		1 child	1	688	6.2
		2 children	2	5743	51.6
		3 or more children	3	3706	33.3
		N Missing		211	
When you are 40, would you like to have more educational qualifications than you have now?	ASPI013	Yes	1	9360	84.0
		No	2	323	2.9
		Not sure	3	1454	13.1
		N Missing		207	
Did someone help you fill in this survey?	FAMF206	No	1	11089	99.9
		Yes, but I told them the answers I wanted	2	8	0.1
		Yes, but the helper answered for me using his / her own judgement	3	5	0.0
		N Missing		242	
ARIA+ Grouped	ariappg	Major cities	1	8538	75.4
		Inner regional	2	1856	16.4
		Outer regional	3	695	6.1
		Remote	4	78	0.7
		Very remote	5	44	0.4
		Overseas	6	112	1.0
		N Missing		21	

ALSWH Data book for second survey of 1989-95 cohort

<i>Item Description</i>	<i>Variable Name</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
State participant resides in at the completion of each survey	state	NSW	1	3407	30.1
		Vic	2	2760	24.3
		Qld	3	2489	22.0
		SA	4	874	7.7
		WA	5	1229	10.8
		Tas	6	333	2.9
		NT	7	89	0.8
		ACT	8	131	1.2
		Overseas	9	24	0.2
		N Missing		8	
Marital status (marital)	marital	Married	1	485	4.4
		De Facto	2	2348	21.1
		Separated	3	29	0.3
		Divorced	4	2	0.0
		Widowed	5	1	0.0
		Never married	6	8275	74.3
		N Missing		204	
		Other than partner, Tried to turn my family, friends or children against me or tried to convince them I was crazy	CASC140	Never	1
Last 12 months only	2			701	6.3
More than 12 months ago	3			1690	15.2
Last 12 months and more than 12 months ago	4			141	1.3
N Missing				249	
Other than partner, Kicked, bit, slapped or hit me with a fist or tried to hit me with something	CASC141			Never	1
		Last 12 months only	2	512	4.6
		More than 12 months ago	3	2123	19.1
		Last 12 months and more than 12 months ago	4	100	0.9
		N Missing		257	

ALSWH Data book for second survey of 1989-95 cohort

<i>Item Description</i>	<i>Variable Name</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Other than partner, Blamed me for causing their violent behaviour	CASC142	Never	1	8980	81.0
		Last 12 months only	2	561	5.1
		More than 12 months ago	3	1424	12.8
		Last 12 months and more than 12 months ago	4	119	1.1
		N Missing		260	
		Other than partner, Harassed me over the telephone, email, Facebook or internet	CASC143	Never	1
Last 12 months only	2	1205		10.9	
More than 12 months ago	3	2893		26.1	
Last 12 months and more than 12 months ago	4	282		2.5	
N Missing		259			
Other than partner, Used a knife or gun or other weapon or beat me	CASC144	Never		1	10712
		Last 12 months only	2	38	0.3
		More than 12 months ago	3	334	3.0
		Last 12 months and more than 12 months ago	4	7	0.1
		N Missing		253	
		In your regular work week, how many days are spent at work?	TIME047	Mean	
Std Error				0.02	
N				11128	
N Missing				216	
On average, on days when you are AT WORK, how many hours per day do you work?	TIME048			Mean	
Std Error			0.03		
N			11123		
N Missing			221		

ALSWH Data book for second survey of 1989-95 cohort

<i>Item Description</i>	<i>Variable Name</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Average amount of time spent sitting, for transport on work day	SITWDTOTMIN1	Mean		78.99	
		Std Error		0.97	
		N		7454	
		N Missing		3890	
Average amount of time spent sitting, doing work on work day	SITWDTOTMIN2	Mean		227.36	
		Std Error		2.13	
		N		8652	
		N Missing		2692	
Average amount of time spent sitting, watching tv on work day	SITWDTOTMIN3	Mean		83.16	
		Std Error		1.01	
		N		8535	
		N Missing		2809	
Average amount of time spent sitting, using the computer on work day	SITWDTOTMIN4	Mean		143.73	
		Std Error		1.58	
		N		8686	
		N Missing		2658	
Average amount of time spent sitting, for leisure on work day	SITWDTOTMIN5	Mean		79.21	
		Std Error		1.13	
		N		8056	
		N Missing		3288	
Average amount of time spent sitting, for transport on NON-work day	SITNWDTOTMIN1	Mean		82.04	
		Std Error		1.25	
		N		7306	
		N Missing		4038	
Average amount of time spent sitting, doing work on NON-work day	SITNWDTOTMIN2	Mean		164.64	
		Std Error		2.15	
		N		8069	
		N Missing		3275	

ALSWH Data book for second survey of 1989-95 cohort

<i>Item Description</i>	<i>Variable Name</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Average amount of time spent sitting, watching tv on NON-work day	SITNWDTOTMIN3	Mean		157.23	
		Std Error		1.44	
		N		9548	
		N Missing		1796	
Average amount of time spent sitting, using the computer on NON-work day	SITNWDTOTMIN4	Mean		219.73	
		Std Error		1.84	
		N		9667	
		N Missing		1677	
Average amount of time spent sitting, for leisure on NON-work day	SITNWDTOTMIN5	Mean		176.28	
		Std Error		1.56	
		N		9442	
		N Missing		1902	
Waist measurement	WTSH076	Mean		69.20	
		Std Error		0.30	
		N		10309	
		N Missing		1035	
Other than partner, Refused to let me work outside the home or took my wallet and left me stranded	CASC145	Never	1	10747	96.9
		Last 12 months only	2	49	0.4
		More than 12 months ago	3	280	2.5
		Last 12 months and more than 12 months ago	4	14	0.1
		N Missing		254	
Have you ever drunk alcohol?	ALCS033	I have never drunk alcohol	1	313	2.8
		I have drunk alcohol	2	10963	97.2
		N Missing		68	
At what age did you stop smoking daily?	SMOK043	Mean		20.16	
		Std Error		0.09	
		N		759	
		N Missing		10585	

ALSWH Data book for second survey of 1989-95 cohort

<i>Item Description</i>	<i>Variable Name</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Age of participant at completion	AGE	Mean		21.39	
		Std Error		0.02	
		N		11344	
		N Missing		0	
Height, cm, raw	cmRAW	Mean		166.19	
		Std Error		0.11	
		N		11146	
		N Missing		198	
Weight, kg, raw	kgRAW	Mean		68.15	
		Std Error		0.17	
		N		11144	
		N Missing		200	
Age (years) when you first had vaginal sex?	REPH041	Mean		16.68	
		Std Error		0.02	
		N		9776	
		N Missing		1568	